



Bilaga till rapport

1 (10)

Dialektisk beteendeterapi och Mentaliseringsbaserad terapi

- Effekter hos personer utan diagnosen Emotionellt instabilt personlighetsyndrom

- Effekter hos personer med bulimi eller hetsättningsstörning

- Effekter av behandling som enbart innehåller färdighetsträning i grupp

Dialectical Behavior Therapy (DBT) and Mentalization-Based Therapy (MBT)

- Effects in patients with self-harming behaviour with and without a diagnosis of

Borderline Personality Disorder, and in patients with Bulimia Nervosa or Binge Eating Disorder

- Effects of DBT and MBT that only include group therapy

Rapport 385 (2024)

Bilaga 2 Sammanställning av exkluderade studier vid relevansgranskning och studier med hög risk för bias

Innehåll

Studier exkluderade efter relevansbedömningen.....	2
Studie med hög risk för bias.....	9

Studier exkluderade vid relevansgranskning

Reference	Main reason for exclusion
Adler S. Orlistat/alli as compared to orlistat/alli plus dialectical behavior therapy in overweight binge eaters: A randomized control trial: ProQuest Information & Learning; 2011. Available from: https://search.ebscohost.com/login.aspx?direct=true&db=psych&AN=2011-99140-301&site=ehost-live .	Wrong publication type
Adrian M, McCauley E, Berk MS, Asarnow JR, Korslund K, Avina C, et al. Predictors and moderators of recurring self-harm in adolescents participating in a comparative treatment trial of psychological interventions. Journal of child psychology and psychiatry, and allied disciplines. 2019;60(10):1123-32. Available from: https://doi.org/10.1111/jcpp.13099 .	Wrong patient population
Andión O, Ferrer M, Matali J, Gancedo B, Calvo N, Barral C, et al. Effectiveness of combined individual and group dialectical behavior therapy compared to only individual dialectical behavior therapy: A preliminary study. Psychotherapy. 2012;49(2):241-50. Available from: https://doi.org/10.1037/a0027401 .	Wrong study design
Andreasson K, Krogh J, Wenneberg C, Jessen HKL, Krakauer K, Gluud C, et al. EFFECTIVENESS OF DIALECTICAL BEHAVIOR THERAPY VERSUS COLLABORATIVE ASSESSMENT AND MANAGEMENT OF SUICIDALITY TREATMENT FOR REDUCTION OF SELF-HARM IN ADULTS WITH BORDERLINE PERSONALITY TRAITS AND DISORDER-A RANDOMIZED OBSERVER-BLINDED CLINICAL TRIAL. Depression and anxiety. 2016;33(6):520-30. Available from: https://doi.org/10.1002/da.22472 .	Wrong patient population
Apsche JA, Bass CI, M H. A One Year Study Of Adolescent Males With Aggression and Problems Of Conduct and Personality: A comparison of MDT and DBT. International Journal of Behavioral Consultation and Therapy. 2006;2(4).	Wrong patient population
Asarnow JR, Berk MS, Bedics J, Adrian M, Gallop R, Cohen J, et al. Dialectical Behavior Therapy for Suicidal Self-Harming Youth: Emotion Regulation, Mechanisms, and Mediators. Journal of the American Academy of Child and Adolescent Psychiatry. 2021;60(9):1105-15.e4. Available from: https://doi.org/10.1016/j.jaac.2021.01.016 .	Wrong patient population
Balestrieri M, Zuanon S, Pellizzari J, Zappoli-Thyrion E, Ciano R. Mentalization in eating disorders: a preliminary trial comparing mentalization-based treatment (MBT) with a psychodynamic-oriented treatment. Eating and Weight Disorders. 2015;20(4):525-8. Available from: https://doi.org/10.1007/s40519-015-0204-1 .	Wrong study design
Barnicot K, Savill M, Bhatti N, Priebe S. A pragmatic randomised controlled trial of dialectical behaviour therapy: effects on hospitalisation and post-treatment follow-up. Psychotherapy and psychosomatics. 2014;83(3):192-3. Available from: https://doi.org/10.1159/000357365 .	Wrong publication type
Bateman A, Fonagy P. A randomized controlled trial of a mentalization-based intervention (MBT-FACTS) for families of people with borderline personality disorder. Personality disorders. 2019;10(1):70-9. Available from: https://doi.org/10.1037/per0000298 .	Wrong patient population
Bateman A, O'Connell J, Lorenzini N, Gardner T, Fonagy P. A randomised controlled trial of mentalization-based treatment versus structured clinical management for patients with comorbid borderline personality disorder and antisocial personality disorder. BMC psychiatry. 2016;16:304. Available from: https://doi.org/https://doi.org/10.1186/s12888-016-1000-9 .	Wrong study design

Berk MS, Gallop R, Asarnow JR, Adrian M, Avina C, Hughes JL, et al. Trajectories of Treatment Response and Nonresponse in Youth at High Risk for Suicide. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> . 2022;61(9):1119-30. Available from: https://doi.org/https://10.1016/j.jaac.2022.01.010 .	Wrong study design
Blankers M, Koppers D, Laurensen EMP, Peen J, Smits ML, Luyten P, et al. Mentalization-Based Treatment Versus Specialist Treatment as Usual for Borderline Personality Disorder: Economic Evaluation Alongside a Randomized Controlled Trial With 36-Month Follow-Up. <i>Journal of personality disorders</i> . 2021;35(3):373-92. Available from: https://doi.org/https://10.1521/pedi_2019_33_454 .	Wrong outcomes
Blankers M, Smits ML, Feenstra DJ, Horn EK, Kamphuis JH, Bales DL, et al. Economic evaluation of day hospital versus intensive outpatient mentalization-based treatment alongside a randomized controlled trial with 36-month follow-up. <i>Personality disorders</i> . 2023;14(2):207-15. Available from: https://doi.org/10.1037/per0000577 .	Wrong outcomes
Bohus M, Dyer AS, Priebe K, Kruger A, Kleindienst N, Schmahl C, et al. Dialectical behaviour therapy for post-traumatic stress disorder after childhood sexual abuse in patients with and without borderline personality disorder: a randomised controlled trial. <i>Psychotherapy and psychosomatics</i> . 2013;82(4):221–33. Available from: https://doi.org/https://10.1159/000348451 .	Wrong patient population
Bohus M, Haaf B, Simms T, Limberger MF, Schmahl C, Unckel C, et al. Effectiveness of inpatient dialectical behavioral therapy for borderline personality disorder: a controlled trial. <i>Behaviour research and therapy</i> . 2004;42(5):487-99.	Wrong study design
Bohus M, Kleindienst N, Hahn C, Muller-Engelmann M, Ludascher P, Steil R, et al. Dialectical Behavior Therapy for Posttraumatic Stress Disorder (DBT-PTSD) Compared With Cognitive Processing Therapy (CPT) in Complex Presentations of PTSD in Women Survivors of Childhood Abuse: A Randomized Clinical Trial. <i>JAMA psychiatry</i> . 2020;77(12):1235-45. Available from: https://doi.org/10.1001/jamapsychiatry.2020.2148 .	Wrong patient population
Boritz T, Barnhart R, McMain SF. The Influence of Posttraumatic Stress Disorder on Treatment Outcomes of Patients With Borderline Personality Disorder. <i>Journal of personality disorders</i> . 2016;30(3):395-407. Available from: https://doi.org/https://dx.doi.org/10.1521/pedi_2015_29_207 .	Wrong outcomes
Burckhardt R, Manicavasagar V, Shaw F, Fogarty A, Batterham P, Dobinson K, al e. Preventing mental health symptoms in adolescents using dialectical behaviour therapy skills group: a feasibility study. <i>International Journal of Adolescence and Youth</i> . 2017;23(1):1-16. Available from: https://doi.org/10.1080/02673843.2017.1292927 .	Wrong patient population
Cain AS. Two brief treatments based on dialectical behavior therapy for binge eating across diagnoses and diagnostic thresholds: Results from a preliminary randomized dismantling study: ProQuest Information & Learning; 2012. Available from: https://search.ebscohost.com/login.aspx?direct=true&db=psyh&AN=2012-99040-374&site=ehost-live .	Wrong publication type
Cancian ACM, de Souza LAS, Liboni RPA, Machado WdL, Oliveira MdS. Effects of a dialectical behavior therapy-based skills group intervention for obese individuals: a Brazilian pilot study. <i>Eating and weight disorders : EWD</i> . 2019;24(6):1099-111. Available from: https://doi.org/10.1007/s40519-017-0461-2 .	Wrong patient population
Carmona I Farres C, Elices M, Soler J, Dominguez-Clave E, Martin-Blanco A, Pomarol-Clotet E, et al. Effects of mindfulness training on the default mode network in borderline personality disorder. <i>Clinical psychology & psychotherapy</i> . 2019;26(5):562-71. Available from: https://doi.org/10.1002/cpp.2382 .	Wrong intervention
Carmona i Farrés C, Elices M, Soler J, Domínguez-Clavé E, Pomarol-Clotet E, Salvador R, Pascual JC. Effects of mindfulness training on borderline personality	Wrong comparator

disorder: Impulsivity versus emotional dysregulation. <i>Mindfulness</i> . 2019;10(7):1243-54. Available from: https://doi.org/10.1007/s12671-018-1071-4 .	
Carter JC, Kenny TE, Singleton C, Van Wijk M, Heath O. Dialectical behavior therapy self-help for binge-eating disorder: A randomized controlled study. <i>The International journal of eating disorders</i> . 2020;53(3):451-60. Available from: https://doi.org/10.1002/eat.23208 .	Wrong intervention
Cooney E, New Zealand Ministry of H, Wise G, Nui TPotW. Feasibility of Evaluating DBT for self-harming adolescents : a small randomised controlled trial. 2010.	Wrong publication type
Cowperthwait CM. Outpatient dialectical behavior therapy for adolescents: Treatment outcomes and comparison of treatment effects in two skills training group formats: ProQuest Information & Learning; 2017. Available from: https://search.ebscohost.com/login.aspx?direct=true&db=psyh&AN=2017-05714-048&site=ehost-live .	Wrong publication type
Delparte CA, Power HA, Gelinan BL, Oliver AM, Hart RD, Wright KD. Examination of the Effectiveness of a Brief, Adapted Dialectical Behavior Therapy-Skills Training Group for Bariatric Surgical Candidates. <i>Obesity surgery</i> . 2019;29(1):252-61. Available from: https://doi.org/https://dx.doi.org/10.1007/s11695-018-3515-2 .	Wrong study design
Edel MA, Raaff V, Dimaggio G, Buchheim A, Brüne M. Exploring the effectiveness of combined mentalization-based group therapy and dialectical behaviour therapy for inpatients with borderline personality disorder - A pilot study. <i>British Journal of Clinical Psychology</i> . 2017;56(1):1-15. Available from: https://doi.org/10.1111/bjc.12123 .	Wrong study design
Einy S, Narimani M, Atadokht A, Basharpour S, Movahhed FS. Effectiveness of Mentalization based Therapy and Cognitive-Analytical Therapy on Improved Object Relationship of People with Borderline Personality Disorder: A comparison. <i>Payesh Health Monitor</i> . 2018;17(3):98-110.	Wrong language
Esmail M, Abdelhamied M. Impact of Dialectical Behavior Therapy Prolonged Exposure protocol on trauma-related symptoms in Egyptian women with Borderline Personality Disorder. <i>European psychiatry</i> . 2022;65:S746. Available from: https://doi.org/10.1192/j.eurpsy.2022.1926 .	Wrong publication type
Euler S, Stalujanis E, Allenbach G, Kolly S, de Roten Y, Despland J-N, Kramer U. Dialectical behavior therapy skills training affects defense mechanisms in borderline personality disorder: An integrative approach of mechanisms in psychotherapy. <i>Psychotherapy research : journal of the Society for Psychotherapy Research</i> . 2019;29(8):1074-85. Available from: https://doi.org/10.1080/10503307.2018.1497214 .	Wrong outcomes
Feliu-Soler A, Pascual JC, Borràs X, Portella MJ, Martín-Blanco A, Armario A, et al. Effects of dialectical behaviour therapy-mindfulness training on emotional reactivity in borderline personality disorder: preliminary results. <i>Clinical psychology & psychotherapy</i> . 2014;21(4):363-70. Available from: https://doi.org/10.1002/cpp.1837 .	Wrong study design
Flynn D, Kells M, Joyce M, Corcoran P, Gillespie C, Suarez C, et al. Standard 12 month dialectical behaviour therapy for adults with borderline personality disorder in a public community mental health setting. <i>Borderline personality disorder and emotion dysregulation</i> . 2017;4:19. Available from: https://doi.org/10.1186/s40479-017-0070-8 .	Wrong comparator
Gibson J, Booth R, Davenport J, Keogh K, Owens T. Dialectical behaviour therapy-informed skills training for deliberate self-harm: a controlled trial with 3-month follow-up data. <i>Behaviour research and therapy</i> . 2014;60:8-14. Available from: https://doi.org/https://10.1016/j.brat.2014.06.007 .	Wrong study design

Goodman M, Banthin D, Blair NJ, Mascitelli KA, Wilsnack J, Chen J, et al. A Randomized Trial of Dialectical Behavior Therapy in High-Risk Suicidal Veterans. <i>The Journal of clinical psychiatry</i> . 2016;77(12):e1591-e600. Available from: https://doi.org/https://10.4088/JCP.15m10235 .	Wrong patient population
Griffiths H, Duffy F, Duffy L, Brown S, Hockaday H, Eliasson E, et al. Efficacy of Mentalization-based group therapy for adolescents: the results of a pilot randomised controlled trial. <i>BMC psychiatry</i> . 2019;19(1):167. Available from: https://doi.org/10.1186/s12888-019-2158-8 .	Wrong patient population
Griffiths H, Duffy F, Duffy L, Brown S, Hockaday H, Eliasson E, et al. 'Efficacy of Mentalization-based group therapy for adolescents: The results of a pilot randomised controlled trial': Correction. <i>BMC Psychiatry</i> . 2021;21. Available from: https://doi.org/10.1186/s12888-021-03102-8 .	Wrong publication type
Harned MS, Chapman AL, Dexter-Mazza ET, Murray A, Comtois KA, Linehan MM. Treating co-occurring Axis I disorders in recurrently suicidal women with borderline personality disorder: a 2-year randomized trial of dialectical behavior therapy versus community treatment by experts. <i>Journal of consulting and clinical psychology</i> . 2008;76(6):1068-75. Available from: https://doi.org/10.1037/a0014044 .	Wrong outcomes
Harned MS, Chapman AL, Dexter-Mazza ET, Murray A, Comtois KA, Linehan MM. Treating co-occurring Axis I disorders in recurrently suicidal women with borderline personality disorder: A 2-year randomized trial of dialectical behavior therapy versus community treatment by experts. <i>Personality Disorders: Theory, Research, and Treatment</i> . 2009; S(1):35-45. Available from: https://doi.org/10.1037/1949-2715.S.1.35 .	Wrong publication type
Harned MS, Fitzpatrick S, Schmidt SC. Identifying Change Targets for Posttraumatic Stress Disorder Among Suicidal and Self-Injuring Women With Borderline Personality Disorder. <i>Journal of traumatic stress</i> . 2020;33(4):610-6. Available from: https://doi.org/10.1002/jts.22504 .	Wrong outcomes
Harned MS, Korslund KE, Linehan MM. A pilot randomized controlled trial of Dialectical Behavior Therapy with and without the Dialectical Behavior Therapy Prolonged Exposure protocol for suicidal and self-injuring women with borderline personality disorder and PTSD. <i>Behaviour research and therapy</i> . 2014;55:7-17. Available from: https://doi.org/10.1016/j.brat.2014.01.008 .	Wrong comparator
Harned MS, Wilks CR, Schmidt SC, Coyle TN. Improving functional outcomes in women with borderline personality disorder and PTSD by changing PTSD severity and post-traumatic cognitions. <i>Behaviour research and therapy</i> . 2018;103:53-61. Available from: https://doi.org/10.1016/j.brat.2018.02.002 .	Wrong outcomes
Joyce E. Does rapid response to group dialectical behavior therapy for Binge eating disorder predict outcome at posttreatment and 12-month follow-up? : ProQuest Information & Learning; 2012. Available from: https://search.ebscohost.com/login.aspx?direct=true&db=psyh&AN=2012-99160-371&site=ehost-live .	Wrong study design
Katz LY, Cox BJ, Gunasekara S, Miller AL. Feasibility of dialectical behavior therapy for suicidal adolescent inpatients. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> . 2004;43(3):276-82.	Wrong study design
Keefe JR, Levy KN, Sowislo JF, Diamond D, Doering S, Horz-Sagstetter S, et al. Reflective functioning and its potential to moderate the efficacy of manualized psychodynamic therapies versus other treatments for borderline personality disorder. <i>Journal of consulting and clinical psychology</i> . 2023;91(1):50-6. Available from: https://doi.org/10.1037/ccp0000760 .	Wrong study design
Kleindienst N, Steil R, Priebe K, Muller-Engelmann M, Biermann M, Fydrich T, et al. Treating adults with a dual diagnosis of borderline personality disorder and posttraumatic stress disorder related to childhood abuse: Results from a randomized	Wrong study design

clinical trial. Journal of consulting and clinical psychology. 2021;89(11):925-36. Available from: https://doi.org/10.1037/ccp0000687 .	
Krantz LH, McMain S, Kuo JR. The unique contribution of acceptance without judgment in predicting nonsuicidal self-injury after 20-weeks of dialectical behaviour therapy group skills training. Behaviour research and therapy. 2018;104:44-50. Available from: https://doi.org/10.1016/j.brat.2018.02.006 .	Wrong outcomes
Lammers MW, Vroling MS, Crosby RD, van Strien T. Dialectical behavior therapy adapted for binge eating compared to cognitive behavior therapy in obese adults with binge eating disorder: a controlled study. Journal of eating disorders. 2020;8(1):27. Available from: https://doi.org/10.1186/s40337-020-00299-z .	Wrong study design
Lammers MW, Vroling MS, Crosby RD, van Strien T. 'Dialectical behavior therapy adapted for binge eating compared to cognitive behavior therapy in obese adults with binge eating disorder: A controlled study': Correction. Journal of Eating Disorders. 2021;9. Available from: https://doi.org/10.1186/s40337-021-00515-4 .	Wrong publication type
Lammers MW, Vroling MS, Crosby RD, van Strien T. Dialectical behavior therapy compared to cognitive behavior therapy in binge-eating disorder: An effectiveness study with 6-month follow-up. The International journal of eating disorders. 2022;55(7):902-13. Available from: https://doi.org/10.1002/eat.23750 .	Wrong study design
Leppanen V, Karki A, Saariaho T, Lindeman S, Hakko H. Changes in schemas of patients with severe borderline personality disorder: the Oulu BPD study. Scandinavian journal of psychology. 2015;56(1):78-85. Available from: https://doi.org/10.1111/sjop.12172 .	Wrong intervention
Levy KN, Meehan KB, Clouthier TL, Yeomans FE, Lenzenweger MF, Clarkin JF, Kernberg OF. Transference-focused psychotherapy for adult borderline personality disorder. In. New York, NY: Oxford University Press; 2017. p. 190-245.	Wrong publication type
Levy KN, Meehan KB, Kelly KM, Reynoso JS, Weber M, Clarkin JF, Kernberg OF. Change in attachment patterns and reflective function in a randomized control trial of transference-focused psychotherapy for borderline personality disorder. Journal of consulting and clinical psychology. 2006;74(6):1027-40. Available from: https://doi.org/https://10.1037/0022-006X.74.6.1027 .	Wrong outcomes
Linehan MM, Dimeff LA, Reynolds SK, Comtois KA, Welch SS, Heagerty P, Kivlahan DR. Dialectical behavior therapy versus comprehensive validation therapy plus 12-step for the treatment of opioid dependent women meeting criteria for borderline personality disorder. Drug and alcohol dependence. 2002;67(1):13-26.	Wrong patient population
Martin Villalba I. Self-reported measures vs. clinical scales to assess the effectiveness of dialectical behavioral therapy in adolescents at high risk of suicide. European psychiatry. 2020;63:S568. Available from: https://doi.org/10.1192/j.eurpsy.2020.6 .	Wrong publication type
McCauley E, Berk MS, Asarnow JR, Adrian M, Cohen J, Korslund K, et al. Efficacy of Dialectical Behavior Therapy for Adolescents at High Risk for Suicide: A Randomized Clinical Trial. JAMA psychiatry. 2018;75(8):777-85. Available from: https://doi.org/10.1001/jamapsychiatry.2018.1109 .	Wrong patient population
McCauley E, Berk MS, Asarnow JR, Adrian M, Cohen J, Korslund K, et al. 'Efficacy of dialectical behavior therapy for adolescents at high risk for suicide: A randomized clinical trial': Correction. JAMA Psychiatry. 2018;75(8):867-.	Wrong patient population
McMain S. Dialectic behaviour therapy reduces suicide attempts compared with non-behavioural psychotherapy in women with borderline personality disorder. Evidence-based Mental Health. 2007;10(1):18-. Available from: https://doi.org/10.1136/ebmh.10.1.18 .	Wrong publication type
McMain SF, Chapman AL, Kuo JR, Dixon-Gordon KL, Guimond TH, Labrish C, et al. The Effectiveness of 6 versus 12 Months of Dialectical Behavior Therapy for Borderline Personality Disorder: A Noninferiority Randomized Clinical Trial.	Wrong comparator

Psychotherapy and psychosomatics. 2022;91(6):382-97. Available from: https://doi.org/10.1159/000525102 .	
Murray SB, Anderson LK, Cusack A, Nakamura T, Rockwell R, Griffiths S, Kaye WH. Integrating Family-Based Treatment and Dialectical Behavior Therapy for Adolescent Bulimia Nervosa: Preliminary Outcomes of an Open Pilot Trial. Eating disorders. 2015;23(4):336-44. Available from: https://doi.org/10.1080/10640266.2015.1044345 .	Wrong comparator
Neacsiu AD. A treatment mechanism for emotion dysregulation across mood and anxiety disorders: ProQuest Information & Learning; 2013. Available from: https://search.ebscohost.com/login.aspx?direct=true&db=psych&AN=2013-99180-434&site=ehost-live .	Wrong publication type
Neacsiu AD, Eberle JW, Kramer R, Wiesmann T, Linehan MM. Dialectical behavior therapy skills for transdiagnostic emotion dysregulation: a pilot randomized controlled trial. Behaviour research and therapy. 2014;59:40-51. Available from: https://doi.org/https://dx.doi.org/10.1016/j.brat.2014.05.005 .	Wrong patient population
Neacsiu AD, Lungu A, Harned MS, Rizvi SL, Linehan MM. Impact of dialectical behavior therapy versus community treatment by experts on emotional experience, expression, and acceptance in borderline personality disorder. Behaviour research and therapy. 2014;53:47-54. Available from: https://doi.org/10.1016/j.brat.2013.12.004 .	Wrong outcomes
Neacsiu AD, Rizvi SL, Linehan MM. Dialectical behavior therapy skills use as a mediator and outcome of treatment for borderline personality disorder. Behaviour research and therapy. 2010;48(9):832-9. Available from: https://doi.org/10.1016/j.brat.2010.05.017 .	Wrong study design
Pasieczny N, Connor J. The effectiveness of dialectical behaviour therapy in routine public mental health settings: An Australian controlled trial. Behaviour research and therapy. 2011;49(1):4-10. Available from: https://doi.org/10.1016/j.brat.2010.09.006 .	Wrong study design
Perepletchikova F, Nathanson D, Axelrod SR, Merrill C, Walker A, Grossman M, et al. Randomized Clinical Trial of Dialectical Behavior Therapy for Preadolescent Children With Disruptive Mood Dysregulation Disorder: Feasibility and Outcomes. Journal of the American Academy of Child and Adolescent Psychiatry. 2017;56(10):832-40. Available from: https://doi.org/10.1016/j.jaac.2017.07.789 .	Wrong patient population
Peros OM. Self-guided, internet-based dialectical behavior therapy skills for transdiagnostic emotion dysregulation: A randomized controlled pilot study: ProQuest Information & Learning; 2022. Available from: https://search.ebscohost.com/login.aspx?direct=true&db=psych&AN=2022-62753-261&site=ehost-live .	Wrong publication type
Ramsey WA, Berlin KS, Del Conte G, Lightsey OR, Schimmel-Bristow A, Marks LR, Strohmer DC. Targeting self-criticism in the treatment of nonsuicidal self-injury in dialectical behavior therapy for adolescents: a randomized clinical trial. Child and adolescent mental health. 2021;26(4):320-30. Available from: https://doi.org/10.1111/camh.12452 .	Wrong comparator
Reyes-Ortega MA, Miranda EM, Fresan A, Vargas AN, Barragan SC, Robles Garcia R, Arango I. Clinical efficacy of a combined acceptance and commitment therapy, dialectical behavioural therapy, and functional analytic psychotherapy intervention in patients with borderline personality disorder. Psychology and psychotherapy. 2020;93(3):474-89. Available from: https://doi.org/10.1111/papt.12240 .	Wrong study design
Robinson AH, Safer DL. Moderators of dialectical behavior therapy for binge eating disorder: results from a randomized controlled trial. The International journal of	Wrong outcomes

eating disorders. 2012;45(4):597-602. Available from: https://doi.org/10.1002/eat.20932 .	
Safer DL, Joyce EE. Does rapid response to two group psychotherapies for binge eating disorder predict abstinence? Behaviour research and therapy. 2011;49(5):339-45. Available from: https://doi.org/10.1016/j.brat.2011.03.001 .	Wrong outcomes
Safer DL, Robinson AH, Jo B. Outcome from a randomized controlled trial of group therapy for binge eating disorder: comparing dialectical behavior therapy adapted for binge eating to an active comparison group therapy. Behavior therapy. 2010;41(1):106-20. Available from: https://doi.org/10.1016/j.beth.2009.01.006 .	Wrong publication type
Sahin Z, Vinnars B, Gorman BS, Wilczek A, Asberg M, Barber JP. Clinical severity as a moderator of outcome in psychodynamic and dialectical behavior therapies for borderline personality disorder. Personality disorders. 2018;9(5):437-46. Available from: https://doi.org/10.1037/per0000276 .	Wrong outcomes
Salbach-Andrae H, Bohnkamp I, Bierbaum T, Schneider N, Thurn C, Stiglmayr C, et al. Dialectical behavior therapy and cognitive behavior therapy for anorexia and bulimia nervosa among adolescents: a randomized, controlled trial with a waiting control group. Kindheit und entwicklung. 2009;18(3):180-90.	Wrong language
Santamarina Perez P, Romero Cela S, Mendez Blanco I, Font Martinez E, Picado Rossi M, Martinez Mallen E, et al. Efficacy of dialectical behavior therapy compared to supportive therapy in adolescents with suicidal behavior. European neuropsychopharmacology. 2017;27:S853-S4.	Wrong publication type
Schmeck K, Schluter-Muller S, Kaess M. Two-year follow-up of early intervention in young people with borderline personality disorder. Early intervention in psychiatry. 2023;17:37. Available from: https://doi.org/10.1111/eip.13408 .	Wrong publication type
Schmidt C, Soler J, Carmona I Farrés C, Elices M, Domínguez-Clavé E, Vega D, Pascual JC. Mindfulness in Borderline Personality Disorder: Decentering Mediates the Effectiveness. Psicothema. 2021;33(3):407-14. Available from: https://doi.org/10.7334/psicothema2020.437 .	Wrong comparator
Shelton D, Sampl S, Kesten KL, Zhang W, Ri T. Treatment of impulsive aggression in correctional settings. Behavioral Sciences & the Law. 2009;27(5):787-800. Available from: https://doi.org/10.1002/bsl.889 .	Wrong patient population
Sinnaeve R, van den Bosch LMC, Hakkaart-van Roijen L, Vansteelandt K. Effectiveness of step-down versus outpatient dialectical behaviour therapy for patients with severe levels of borderline personality disorder: a pragmatic randomized controlled trial. Borderline personality disorder and emotion dysregulation. 2018;5:12. Available from: https://doi.org/10.1186/s40479-018-0089-5 .	Wrong comparator
Smits ML, Feenstra DJ, Bales DL, Blankers M, Dekker JJM, Lucas Z, et al. Day hospital versus intensive outpatient mentalization-based treatment: 3-year follow-up of patients treated for borderline personality disorder in a multicentre randomized clinical trial. Psychological medicine. 2022;52(3):485-95. Available from: https://doi.org/10.1017/S0033291720002123 .	Wrong comparator
Smits ML, Feenstra DJ, Eeren HV, Bales DL, Laurensen EMP, Blankers M, et al. Day hospital versus intensive out-patient mentalisation-based treatment for borderline personality disorder: multicentre randomised clinical trial. The British journal of psychiatry : the journal of mental science. 2020;216(2):79-84. Available from: https://doi.org/10.1192/bjp.2019.9 .	Wrong comparator
Smits ML, Luyten P, Feenstra DJ, Bales DL, Kamphuis JH, Dekker JJM, et al. Trauma and Outcomes of Mentalization-Based Therapy for Individuals With Borderline Personality Disorder. American journal of psychotherapy. 2022;75(1):12-20. Available from: https://doi.org/10.1176/appi.psychotherapy.20210027 .	Wrong study design
Soler J, Valdeperez A, Feliu-Soler A, Pascual JC, Portella MJ, Martin-Blanco A, et al. Effects of the dialectical behavioral therapy-mindfulness module on attention in	Wrong outcomes

patients with borderline personality disorder. Behaviour research and therapy. 2012;50(2):150-7. Available from: https://doi.org/10.1016/j.brat.2011.12.002 .	
Sonntag M, Russell J. The mind-in-mind study: A pilot randomised controlled trial that compared modified mentalisation based treatment with supportive clinical management for patients with eating disorders without borderline personality disorder. European eating disorders review : the journal of the Eating Disorders Association. 2022;30(3):206-20. Available from: https://doi.org/10.1002/erv.2888 .	Wrong patient population
Tobon JI, Zipursky RB, Streiner DL, Colvin E, Bahl N, Ouimet AJ, et al. Motivational enhancement as a pretreatment to a transdiagnostic intervention for emerging adults with emotion dysregulation: A pilot randomized controlled trial. Journal of the Canadian Academy of Child and Adolescent Psychiatry. 2020;29(3):132-48.	Wrong patient population
Uliaszek AA, Rashid T, Williams GE, Gulamani T. Group therapy for university students: A randomized control trial of dialectical behavior therapy and positive psychotherapy. Behaviour Research and Therapy. 2016;77:78-85. Available from: https://doi.org/10.1016/j.brat.2015.12.003 .	Wrong patient population
van den Bosch LMC, Verheul R, Schippers GM, van den Brink W. Dialectical Behavior Therapy of borderline patients with and without substance use problems. Implementation and long-term effects. Addictive behaviors. 2002;27(6):911-23.	Wrong outcomes
Ward-Ciesielski EF, Jones CB, Wielgus MD, Wilks CR, Linehan MM. Single-session dialectical behavior therapy skills training versus relaxation training for non-treatment-engaged suicidal adults: a randomized controlled trial. BMC psychology. 2016;4:13. Available from: https://doi.org/https://dx.doi.org/10.1186/s40359-016-0117-4 .	Wrong publicaion type
White A, Dunn N, Matsunaga E, Dimeff L. Innovations in Practice: Feasibility and provision of dialectical behavior therapy skills training for adolescents and their families. Child and adolescent mental health. 2022. Available from: https://doi.org/10.1111/camh.12605 .	Wrong study design
Wilks CR, Lungu A, Ang SY, Matsumiya B, Yin Q, Linehan MM. A randomized controlled trial of an Internet delivered dialectical behavior therapy skills training for suicidal and heavy episodic drinkers. Journal of affective disorders. 2018;232:219-28. Available from: https://doi.org/10.1016/j.jad.2018.02.053 .	Wrong patient population
Yang X, Liu D, Wang Y, Chen Y, Chen W, Yang C, et al. Effectiveness of Zhong-Yong thinking based dialectical behavior therapy group skills training versus supportive group therapy for lowering suicidal risks in Chinese young adults: A randomized controlled trial with a 6-month follow-up. Brain and behavior. 2020;10(6):e01621. Available from: https://doi.org/10.1002/brb3.1621 .	Wrong patient population
Zeifman RJ, Boritz T, Barnhart R, Labrish C, McMains SF. The independent roles of mindfulness and distress tolerance in treatment outcomes in dialectical behavior therapy skills training. Personality disorders. 2020;11(3):181-90. Available from: https://doi.org/10.1037/per0000368 .	Wrong study design

Studie med hög risk för bias

Mazzeo SE, Lydecker J, Harney M, Palmberg AA, Kelly NR, Gow RW, et al. Development and preliminary effectiveness of an innovative treatment for binge eating in racially diverse

adolescent girls. *Eating behaviors*. 2016;22:199-205. Available from:
<https://doi.org/10.1016/j.eatbeh.2016.06.014>.
