

Vård för personer som utsatts för sexuellt våld –
psykologiska insatser för personer med komplex
PTSD/ Psychological interventions for persons
with complex PTSD rapport 381 (2024)

Bilaga 2 Tabell över exkluderade studier/Appendix 2 Table of excluded studies

Study	Reason for exclusion
Amari N, Mahoney A. Compassion and complex interpersonal trauma in adolescence: An early systematic review. <i>Clinical psychology & psychotherapy</i> , 2022; 29 (3): 799-814. Available from: https://doi.org/10.1002/cpp.2689 .	Wrong population
Banz L, Stefanovic M, von Boeselager M, Schafer I, Lotzin A, Kleim B, Ehring T. Effects of current treatments for trauma survivors with posttraumatic stress disorder on reducing a negative self-concept: a systematic review and meta-analysis. <i>European journal of psychotraumatology</i> , 2022; 13 (2): 2122528. Available from: https://doi.org/10.1080/20008066.2022.2122528 .	Wrong population
Beck BD, Meyer SL, Simonsen E, Sogaard U, Petersen I, Arnfred SMH, et al. Music therapy was noninferior to verbal standard treatment of traumatized refugees in mental health care: Results from a randomized clinical trial. <i>European journal of psychotraumatology</i> , 2021; 12 (1): 1930960. Available from: https://doi.org/10.1080/20008198.2021.1930960 .	Wrong outcome
Bisson JI, Berliner L, Cloitre M, Forbes D, Jensen TK, Lewis C, et al. The International Society for Traumatic Stress Studies new guidelines for the prevention and treatment of posttraumatic stress disorder: methodology and development process. <i>Journal of Traumatic Stress</i> , 2019. Available from: https://doi.org/10.1002/jts.22421 .	Wrong population

Study	Reason for exclusion
Blackman T. Meta-analysis on efficacious treatment for complex posttraumatic stress disorder. Vol. 80, ProQuest Information & Learning, 2019.	Wrong study design
Bohus M, Kleindienst N, Hahn C, Muller-Engelmann M, Ludascher P, Steil R, et al. Dialectical Behavior Therapy for Posttraumatic Stress Disorder (DBT-PTSD) Compared With Cognitive Processing Therapy (CPT) in Complex Presentations of PTSD in Women Survivors of Childhood Abuse: A Randomized Clinical Trial. JAMA psychiatry, 2020; 77 (12): 1235-45. Available from: https://doi.org/10.1001/jamapsychiatry.2020.2148 .	Wrong population
Brady F, Chisholm A, Walsh E, Ottisova L, Bevilacqua L, Mason C, et al. Narrative exposure therapy for survivors of human trafficking: Feasibility randomised controlled trial. BJPsych Open, 2021; 7 (6). Available from: https://doi.org/10.1192/bjo.2021.1029 .	Wrong outcomes
Chen R, Gillespie A, Zhao Y, Xi Y, Ren Y, McLean L. The Efficacy of Eye Movement Desensitization and Reprocessing in Children and Adults Who Have Experienced Complex Childhood Trauma: A Systematic Review of Randomized Controlled Trials. Frontiers in psychology, 2018; 9: 9534. Available from: https://doi.org/10.3389/fpsyg.2018.00534 .	Wrong outcomes
Classen CC, Hughes L, Clark C, Hill Mohammed B, Woods P, Beckett B. A Pilot RCT of A Body-Oriented Group Therapy For Complex Trauma Survivors: An Adaptation of Sensorimotor Psychotherapy. Journal of trauma & dissociation : the official journal of the International Society for the Study of Dissociation (ISSD), 2021; 22 (1): 52-68. Available from: https://doi.org/10.1080/15299732.2020.1760173 .	Wrong outcomes
Cloitre M, Karatzias T, Ford JD, Forbes D, Bisson JI, Monson CM, Berliner L. Treatment of complex PTSD. The Guilford Press, New York, NY, 2020, pp. 365-82.	Wrong study design

Study	Reason for exclusion
<p>Cloitre M, Koenen KC, Cohen LR, Han H. Skills training in affective and interpersonal regulation followed by exposure: a phase-based treatment for PTSD related to childhood abuse. <i>Journal of consulting and clinical psychology</i>, 2002; 70 (5): 1067-74.</p>	<p>Wrong population</p>
<p>Cloitre M, Stovall-McClough KC, Nooner K, Zorbas P, Cherry S, Jackson CL, et al. Treatment for PTSD related to childhood abuse: a randomized controlled trial. <i>The American journal of psychiatry</i>, 2010; 167 (8): 915-24. Available from: https://doi.org/10.1176/appi.ajp.2010.09081247.</p>	<p>Wrong outcomes</p>
<p>Corrigan J-P, Fitzpatrick M, Hanna D, Dyer KFW. Evaluating the effectiveness of phase-oriented treatment models for PTSD—A meta-analysis. <i>Traumatology</i>, 2020; 26 (4): 447-54. Available from: https://doi.org/10.1037/trm0000261.</p>	<p>Wrong population</p>
<p>Coventry PA, Meader N, Melton H, Temple M, Dale H, Wright K, et al. Psychological and pharmacological interventions for posttraumatic stress disorder and comorbid mental health problems following complex traumatic events: Systematic review and component network meta-analysis. <i>PLoS medicine</i>, 2020; 17 (8): e1003262. Available from: https://doi.org/10.1371/journal.pmed.1003262.</p>	<p>Wrong population</p>
<p>De Jongh A, Resick PA, Zoellner LA, Van Minnen A, Lee CW, Monson CM, et al. CRITICAL ANALYSIS of the CURRENT TREATMENT GUIDELINES for COMPLEX PTSD in ADULTS. <i>Depression and Anxiety</i>, 2016; 33 (5): 359-69. Available from: https://doi.org/10.1002/da.22469.</p>	<p>Wrong study design</p>

Study	Reason for exclusion
<p>Dorrepaal E, Thomaes K, Hoogendoorn AW, Veltman DJ, Draijer N, van Balkom AJLM. Evidence-based treatment for adult women with child abuse-related Complex PTSD: a quantitative review. <i>European journal of psychotraumatology</i>, 2014; 523613. Available from: https://doi.org/10.3402/ejpt.v5.23613.</p>	<p>Published before 2017</p>
<p>Dutton MA, Dahlgren S, Martinez M, Mete M. The holistic healing arts retreat: An intensive, experiential intervention for survivors of interpersonal trauma. <i>Psychological trauma : theory, research, practice and policy</i>, 2021. Available from: https://doi.org/10.1037/tra0001178.</p>	<p>Wrong population</p>
<p>Eilers R, Rimane E, Vogel A, Renneberg B, Steil R, Rosner R. Response of young patients with probable ICD-11 complex PTSD to treatment with developmentally adapted cognitive processing therapy. <i>European journal of psychotraumatology</i>, 2021; 12 (1): 1929024. Available from: https://doi.org/10.1080/20008198.2021.1929024.</p>	<p>Wrong study design</p>
<p>Fernández Fillol C, Serrano-Ibáñez ER, Ruiz-Párraga GT, Ramírez Maestre C, Esteve Zarazaga R, López Martínez AE. Effective therapies for the treatment of complex posttraumatic stress disorder: A qualitative systematic review. <i>Salud Mental</i>, 2018; 41 (2): 81-90. Available from: https://doi.org/10.17711/SM.0185-3325.2018.013.</p>	<p>Wrong population</p>
<p>Feske U. Treating low-income and minority women with posttraumatic stress disorder: a pilot study comparing prolonged exposure and treatment as usual conducted by community therapists. <i>Journal of interpersonal violence</i>, 2008; 23 (8): 1027-40. Available from: https://doi.org/10.1177/0886260507313967.</p>	<p>Published before 2017</p>

Study	Reason for exclusion
<p>Fischer A, Rosner R, Renneberg B, Steil R. Suicidal ideation, self-injury, aggressive behavior and substance use during intensive trauma-focused treatment with exposure-based components in adolescent and young adult PTSD patients. <i>Borderline personality disorder and emotion dysregulation</i>, 2022; 9 (1): 1. Available from: https://doi.org/10.1186/s40479-021-00172-8.</p>	<p>Wrong population</p>
<p>Fitzpatrick S, Saraiya T, Lopez-Castro T, Ruglass LM, Hien D. The impact of trauma characteristics on post-traumatic stress disorder and substance use disorder outcomes across integrated and substance use treatments. <i>Journal of substance abuse treatment</i>, 2020; 113107976. Available from: https://doi.org/10.1016/j.jsat.2020.01.012.</p>	<p>Wrong population</p>
<p>Ford J. An Affective Cognitive Neuroscience-Based Approach to PTSD Psychotherapy: The TARGET Model. <i>Journal of cognitive psychotherapy</i>, 2015; 29 (1): 68-91. Available from: https://doi.org/10.1891/0889-8391.29.1.68.</p>	<p>Wrong study design</p>
<p>Ford JD, Chang R, Levine J, Zhang W. Randomized clinical trial comparing affect regulation and supportive group therapies for victimization-related PTSD with incarcerated women. <i>Behavior therapy</i>, 2013; 44 (2): 262-76. Available from: https://doi.org/10.1016/j.beth.2012.10.003.</p>	<p>Published before 2017</p>
<p>Ford JD, Grasso DJ, Greene CA, Slivinsky M, DeViva JC. Randomized clinical trial pilot study of prolonged exposure versus present centred affect regulation therapy for PTSD and anger problems with male military combat veterans. <i>Clinical psychology & psychotherapy</i>, 2018; 25 (5): 641-49. Available from: https://doi.org/10.1002/cpp.2194.</p>	<p>Wrong population</p>

Study	Reason for exclusion
<p>Ford JD, Steinberg KL, Hawke J, Levine J, Zhang W. Randomized trial comparison of emotion regulation and relational psychotherapies for PTSD with girls involved in delinquency. <i>Journal of clinical child and adolescent psychology : the official journal for the Society of Clinical Child and Adolescent Psychology, American Psychological Association, Division 53</i>, 2012; 41 (1): 27-37. Available from: https://doi.org/10.1080/15374416.2012.632343.</p>	Wrong population
<p>Ford JD, Tennen H, Grasso DJ, Chan G. An in-Vivo Daily Self-Report Approach to the Assessment of Outcomes of Two Psychotherapies for Women With Posttraumatic Stress Disorder. <i>Behavior therapy</i>, 2022; 53 (1): 11-22. Available from: https://doi.org/10.1016/j.beth.2021.05.005.</p>	Wrong outcomes
<p>Grech P, Grech R. A Comparison of Narrative Exposure Therapy and Non-Trauma-Focused Treatment in Post-Traumatic Stress Disorder: A Systematic Review and Meta-Analysis. <i>Issues in mental health nursing</i>, 2020; 41 (2): 91-101. Available from: https://doi.org/10.1080/01612840.2019.1650853.</p>	Wrong population
<p>Hendriks L, Kleine RAd, Broekman TG, Hendriks G-J, Minnen Av. Intensive prolonged exposure therapy for chronic PTSD patients following multiple trauma and multiple treatment attempts. <i>European Journal of Psychotraumatology</i>, 2018; 9 (1). Available from: https://doi.org/10.1080/20008198.2018.1425574.</p>	Wrong study design
<p>Hien DA, Lopez-Castro T, Papini S, Gorman B, Ruglass LM. Emotion dysregulation moderates the effect of cognitive behavior therapy with prolonged exposure for co-occurring PTSD and substance use disorders. <i>Journal of anxiety disorders</i>, 2017; 5253-61. Available from: https://doi.org/10.1016/j.janxdis.2017.10.003.</p>	Wrong population

Study	Reason for exclusion
<p>Hodgdon HB, Anderson FG, Southwell E, Hrubec W, Schwartz R. Internal Family Systems (IFS) Therapy for Posttraumatic Stress Disorder (PTSD) among Survivors of Multiple Childhood Trauma: A Pilot Effectiveness Study. <i>Journal of Aggression, Maltreatment & Trauma</i>, 2022; 31 (1): 22-43. Available from: https://doi.org/10.1080/10926771.2021.2013375.</p>	Wrong study design
<p>Hoeboer CM, de Kleine RA, Oprel DAC, Schoorl M, van der Does W, van Minnen A. Does complex PTSD predict or moderate treatment outcomes of three variants of exposure therapy? <i>Journal of anxiety disorders</i>, 2021; 80102388. Available from: https://doi.org/10.1016/j.janxdis.2021.102388.</p>	Wrong study design
<p>Kaiser EM, Gillette CS, Spinazzola J. A controlled pilot-outcome study of sensory integration (SI) in the treatment of complex adaptation to traumatic stress. <i>Journal of Aggression, Maltreatment and Trauma</i>, 2010; 19 (7): 699-720. Available from: https://doi.org/10.1080/10926771.2010.515162.</p>	Wrong intervention
<p>Karatzias T, Cloitre M. Treating Adults With Complex Posttraumatic Stress Disorder Using a Modular Approach to Treatment: Rationale, Evidence, and Directions for Future Research. <i>Journal of traumatic stress</i>, 2019; 32 (6): 870-76. Available from: https://doi.org/10.1002/jts.22457.</p>	Wrong study design
<p>Kim HJ, Yu SH. Effects of complex manual therapy on PTSD, pain, function, and balance of male torture survivors with chronic low back pain. <i>Journal of physical therapy science</i>, 2015; 27 (9): 2763-6. Available from: https://doi.org/10.1589/jpts.27.2763.</p>	Wrong intervention

Study	Reason for exclusion
<p>Kip A, Iseke L, Papola D, Gastaldon C, Barbui C, Morina N. Efficacy of psychological interventions for PTSD in distinct populations - an evidence map of meta-analyses using the umbrella review methodology. <i>Clinical Psychology Review</i>, 2023; 100. Available from: https://doi.org/10.1016/j.cpr.2022.102239.</p>	<p>Wrong study design</p>
<p>Knefel M, Kantor V, Weindl D, Schiess-Jokanovic J, Nicholson AA, Verginer L, et al. A brief transdiagnostic psychological intervention for Afghan asylum seekers and refugees in Austria: a randomized controlled trial. <i>European journal of psychotraumatology</i>, 2022; 13 (1): 2068911. Available from: https://doi.org/10.1080/20008198.2022.2068911.</p>	<p>Wrong population</p>
<p>Korn DL. EMDR and the treatment of complex PTSD: A review. <i>Journal of EMDR Practice and Research</i>, 2009; 3 (4): 264-78. Available from: https://doi.org/10.1891/1933-3196.3.4.264.</p>	<p>Wrong study design</p>
<p>Lee J, Kim C, Nam JK. Online guided imagery in traumatic memory processing for at-risk complex PTSD adults. <i>Journal of Loss and Trauma</i>, 2021; 26 (1): 16-34. Available from: https://doi.org/10.1080/15325024.2020.1738062.</p>	<p>Wrong outcomes</p>
<p>Lonergan M. Cognitive Behavioral Therapy for PTSD: The Role of Complex PTSD on Treatment Outcome. <i>Journal of Aggression, Maltreatment & Trauma</i>, 2014; 23 (5): 494-512. Available from: https://doi.org/10.1080/10926771.2014.904467.</p>	<p>Wrong study design</p>
<p>Mahoney A, Karatzias T, Halliday K, Dougal N. How important are Phase 1 interventions for complex interpersonal trauma? A pilot randomized control trial of a group psychoeducational intervention. <i>Clinical psychology & psychotherapy</i>, 2020; 27 (4): 597-610. Available from: https://doi.org/10.1002/cpp.2447.</p>	<p>Wrong population</p>

Study	Reason for exclusion
<p>Mahoney A, Karatzias T, Hutton P. A systematic review and meta-analysis of group treatments for adults with symptoms associated with complex post-traumatic stress disorder. <i>Journal of affective disorders</i>, 2019; 243305-21. Available from: https://doi.org/10.1016/j.jad.2018.09.059.</p>	<p>Wrong population</p>
<p>May A, Balzan R, Williams AS, Wade TD, Paranjothy SM. Interventions for perinatal borderline personality disorder and complex trauma: a systematic review. <i>Archives of women's mental health</i>, 2023. Available from: https://doi.org/10.1007/s00737-023-01313-4.</p>	<p>Wrong population</p>
<p>Melton H, Meader N, Dale H, Wright K, Jones-Diette J, Temple M, et al. Interventions for adults with a history of complex traumatic events: the INCiTE mixed-methods systematic review. <i>Health technology assessment (Winchester, England)</i>, 2020; 24 (43): 1-312. Available from: https://doi.org/10.3310/hta24430.</p>	<p>Wrong study design</p>
<p>Meskunas HM. Development and evaluation of an integrative group therapy treatment for survivors of complex trauma. Vol. 83, ProQuest Information & Learning, 2022.</p>	<p>Wrong study design</p>
<p>Moreira A, Moreira AC, Rocha JC. Randomized Controlled Trial: Cognitive-Narrative Therapy for IPV Victims. <i>Journal of interpersonal violence</i>, 2022; 37 (5): NP2998-NP3014. Available from: https://doi.org/10.1177/0886260520943719.</p>	<p>Wrong population</p>
<p>Muller-Engelmann M, Steil R. Cognitive restructuring and imagery modification for posttraumatic stress disorder (CRIM-PTSD): A pilot study. <i>Journal of behavior therapy and experimental psychiatry</i>, 2017; 5444-50. Available from: https://doi.org/10.1016/j.jbtep.2016.06.004.</p>	<p>Wrong population</p>

Study	Reason for exclusion
<p>Niemeyer H, Lorbeer N, Mohr J, Baer E, Knaevelsrud C. Evidence-based individual psychotherapy for complex posttraumatic stress disorder and at-risk groups for complex traumatization: A meta-review. <i>Journal of affective disorders</i>, 2022; 299610-19. Available from: https://doi.org/10.1016/j.jad.2021.12.056.</p>	<p>Wrong study design</p>
<p>Paivio SC, Jarry JL, Chagigiorgis H, Hall IE, Ralston M. Efficacy of two versions of emotion-focused therapy for resolving child abuse trauma. <i>Psychotherapy Research</i>, 2010; 20 (3): 353-66. Available from: https://doi.org/10.1080/10503300903505274.</p>	<p>Wrong outcomes</p>
<p>Parkes M. Working with older people and complex posttraumatic stress disorder: a review of the field and case study using schema therapy. <i>Clinical Psychologist</i>, 2021; 25 (2): 187-97. Available from: https://doi.org/10.1080/13284207.2021.1934428.</p>	<p>Wrong population</p>
<p>Purnell LR, Graham ACJ, Bloomfield MAP, Billings J. Reintegration interventions for CPTSD: a systematic review. <i>European journal of psychotraumatology</i>, 2021; 12 (1): 1934789. Available from: https://doi.org/10.1080/20008198.2021.1934789.</p>	<p>Wrong intervention</p>
<p>Resick PA, Nishith P, Griffin MG. How well does cognitive-behavioral therapy treat symptoms of complex PTSD? An examination of child sexual abuse survivors within a clinical trial. <i>CNS spectrums</i>, 2003; 8 (5): 340-55.</p>	<p>Published before 2017</p>
<p>Rowe T. The efficacy of eye movement desensitization and reprocessing (EMDR) in individuals diagnosed with either c-PTSD or PTSD. Vol. 81, ProQuest Information & Learning, 2020.</p>	<p>Wrong study design</p>

Study	Reason for exclusion
<p>Rudstam G, Eloffsson UOE, Söndergaard HP, Bonde LO, Beck BD. Trauma-focused group music and imagery with women suffering from PTSD/Complex PTSD: A randomized controlled study. <i>European Journal of Trauma & Dissociation</i>, 2022; 6 (3). Available from: https://doi.org/10.1016/j.ejtd.2022.100277.</p>	<p>Wrong intervention</p>
<p>Sachser C, Keller F, Goldbeck L. Complex PTSD as proposed for ICD-11: validation of a new disorder in children and adolescents and their response to Trauma-Focused Cognitive Behavioral Therapy. <i>Journal of child psychology and psychiatry, and allied disciplines</i>, 2017; 58 (2): 160-68. Available from: https://doi.org/10.1111/jcpp.12640.</p>	<p>Wrong study design</p>
<p>Sachse U, Vogel C, Leichsenring F. Results of psychodynamically oriented trauma-focused inpatient treatment for women with complex posttraumatic stress disorder (PTSD) and borderline personality disorder (BPD). <i>Bulletin of the Menninger Clinic</i>, 2006; 70 (2): 125-44. Available from: https://doi.org/10.1521/bumc.2006.70.2.125.</p>	<p>Wrong study design</p>
<p>Tay AK, Mung HK, Miah MAA, Balasundaram S, Ventevogel P, Badrudduza M, et al. An Integrative Adapt Therapy for common mental health symptoms and adaptive stress amongst Rohingya, Chin, and Kachin refugees living in Malaysia: A randomized controlled trial. <i>PLoS medicine</i>, 2020; 17 (3): e1003073. Available from: https://doi.org/10.1371/journal.pmed.1003073.</p>	<p>Wrong population</p>
<p>Ter Heide FJJ, Mooren TM, Kleijn W, de Jongh A, Kleber RJ. EMDR versus stabilisation in traumatised asylum seekers and refugees: results of a pilot study. <i>European journal of psychotraumatology</i>, 2011; 2. Available from: https://doi.org/10.3402/ejpt.v2i0.5881.</p>	<p>Wrong outcomes</p>

Study	Reason for exclusion
<p>Thomaes K, Dorrepaal E, van Balkom AJ, Veltman DJ, Smit JH, Hoogendoorn AW, Draijer N. Complex PTSD following early-childhood trauma: emotion-regulation training as addition to the PTSD guideline. <i>Tijdschrift voor psychiatrie</i>, 2015; 57 (3): 171-82.</p>	<p>Published before 2017 Wrong language</p>
<p>Tractenberg SG, Maciel LZ, Schiavon BK, Levandowski ML, Kristensen CH. Cognitive behavior therapy interventions for complex trauma: a systematic review. <i>Temas psicol. (Online)</i>, 2016; 24 (2): 533-47.</p>	<p>Published before 2017 Wrong language</p>
<p>Trappler B, Newville H. Trauma healing via cognitive behavior therapy in chronically hospitalized patients. <i>Psychiatric Quarterly</i>, 2007; 78 (4): 317-25. Available from: https://doi.org/10.1007/s11126-007-9049-8.</p>	<p>Wrong study design</p>
<p>Turner K, DeRosa RR, Roth SH, Batson R, Davidson JRT. A multi-modal treatment for incest survivors: preliminary outcome data. <i>Clinical Psychology and Psychotherapy</i>, 1996; 3 (3): 208-19. Available from: <a href="https://doi.org/10.1002/(SICI)1099-0879(199609)3:3<208::AID-CPP103>3.0.CO;2-R">https://doi.org/10.1002/(SICI)1099-0879(199609)3:3<208::AID-CPP103>3.0.CO;2-R.</p>	<p>Wrong study design</p>
<p>van der Kolk BA, Hodgdon H, Gapen M, Musicaro R, Suvak MK, Hamlin E, Spinazzola J. A Randomized Controlled Study of Neurofeedback for Chronic PTSD. <i>PloS one</i>, 2016; 11 (12): e0166752. Available from: https://doi.org/10.1371/journal.pone.0166752.</p>	<p>Wrong population</p>
<p>Willis DN, Dowling APC, O'Reilly PG. Stabilisation and Phase-Orientated Psychological Treatment for Posttraumatic Stress Disorder: A Systematic Review and Meta-analysis. <i>European Journal of Trauma and Dissociation</i>, 2023; 7 (1). Available from: https://doi.org/10.1016/j.ejtd.2022.100311.</p>	<p>Wrong outcomes</p>

Study	Reason for exclusion
<p>Wilson KA, Power KG, Graham L, Reid L, Duncan K, Shand S. Effectiveness of a Group Psychoeducational Course for Adult Interpersonal Trauma Survivors in Scotland. <i>Journal of Aggression, Maltreatment & Trauma</i>, 2022; 31 (3): 392-409. Available from: https://doi.org/10.1080/10926771.2021.2013379.</p>	<p>Wrong study design</p>
<p>Zlotnick C, Shea MT, Rosen KH, Simpson E, Mulrenin K, Begin A, Pearlstein T. An affect-management group for women with posttraumatic stress disorder and histories of childhood sexual abuse. <i>Journal of Traumatic Stress</i>, 1997; 10 (3): 425-36. Available from: https://doi.org/10.1023/A:1024841321156.</p>	<p>Wrong outcomes</p>