

Bilaga till rapport

Vård för personer som utsatts för sexuellt våld –
psykologiska insatser för personer med komplex
PTSD/ Psychological interventions for persons
with complex PTSD rapport 381 (2024)

Bilaga 1 Sökdokumentation/Appendix 1 Search strategies

If all or a substantive part of the search strategies below are reused in another publication, please cite this report!

CINAHL via EBSCO 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. TI (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE) OR AB (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE)	147
2. TI complex OR AB complex	162,257
3. MH "Psychological Trauma" OR MH "Stress Disorders, Post-Traumatic"	28,321
4. TI ("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati?ed W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*") OR AB ("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati?ed W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*")	39,839
5. S3 OR S4	49,035
6. TI ("affect regulation" OR "affect dysregulation" OR (disturb* N3 self*) OR "negative self-concept" OR (disturb* N3 relationship*)) OR AB ("affect regulation" OR "affect dysregulation" OR (disturb* N3 self*) OR "negative self-concept" OR (disturb* N3 relationship*))	1,734
7. S1 OR (S2 AND S5) OR (S5 AND S6)	2,205
Intervention: Psychological treatments	
8. MH "Art Therapy" OR MH "Coping" OR MH "Color Therapy" OR MH "Combined Modality Therapy" OR MH "Community Support" OR MH "Computer Assisted Instruction" OR MH "Counseling" OR MH "Couples Counseling" OR MH "Internet-Based Intervention" OR MH "Meditation" OR MH "Motivational Interviewing" OR MH "Peer Counseling" OR MH "Psychological First Aid" OR MH "Psychotherapy+" OR MH "Rehabilitation, Psychosocial" OR MH "Relaxation Techniques" OR MH "Remote Consultation" OR MH "Self Care" OR MH "Self-Management" OR MH "Sexual Counseling" OR MH "Telehealth" OR MH "Telemedicine" OR (MH "Telepsychiatry") OR MH "Therapy, Computer Assisted" OR MH "Therapeutic Alliance" OR MH "Yoga"	393,930
9. TI (((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) N3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR colo#r OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) N3 (program* OR intervention* OR therap* OR treatment*)) OR (attention N3 modification) OR "attention training" OR ((behavio* OR cognitive) N3 (activat* OR approach* OR component# OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) N3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) N3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR person-centered OR present-centred OR present-centered) N3 (intervention* OR therap* OR treatment*)) OR ((non-direct* OR nondirect* OR "solution focus*") N3 (intervention*	513,049

OR therap* OR treatment*) OR "cognitive behavio*" OR "combined modality therapy" OR ((coping OR resilience) N3 (intervention* OR therap* OR treatment*)) OR coun?eling OR coun?elling OR ((couple* OR family OR group OR systemic*) N3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis W1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensiti#ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psycho-social) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*)) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational N3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) N3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)) OR ((self-administered OR selfadministered) N3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)) OR self-management OR (short-term W1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing" OR "structured approach therapy" OR (support N3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR (("trauma focused" OR "trauma informed") N3 (care OR intervention* OR therap* OR treatment*)) OR "trauma processing" OR "validation therapy" OR (written N2 (disclosure OR exposure)) OR yoga) OR AB (((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) N3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR colo#r OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) N3 (program* OR intervention* OR therap* OR treatment*)) OR (attention N3 modification) OR "attention training" OR ((behavio* OR cognitive) N3 (activat* OR approach* OR component# OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) N3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) N3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR person-centered OR present-centred OR present-centered) N3 (intervention* OR therap* OR treatment*)) OR ((non-direct* OR nondirect* OR "solution focus*") N3 (intervention* OR therap* OR treatment*)) OR "cognitive behavio*" OR "combined modality therapy" OR ((coping OR resilience) N3 (intervention* OR therap* OR treatment*)) OR coun?eling OR coun?elling OR ((couple* OR family OR group OR systemic*) N3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis W1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensiti#ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR

	"mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psychosocial) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*)) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational N3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) N3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)) OR ((self-administered OR selfadministered) N3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)) OR self-management OR (short-term W1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing" OR "structured approach therapy" OR (support N3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR (("trauma focused" OR "trauma informed") N3 (care OR intervention* OR therap* OR treatment*)) OR "trauma processing" OR "validation therapy" OR (written N2 (disclosure OR exposure)) OR yoga)	
10.	TI (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*) OR AB (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*)	12,541
11.	<i>S8 OR S9 OR S10</i>	753,393
Study types: randomised controlled trials¹		
12.	MH "Randomized Controlled Trials+" OR MH "Double-Blind Studies" OR MH "Single-Blind Studies" OR MH "Random Assignment" OR MH "Pretest-Posttest Design+" OR MH "Cluster Sample" OR MH "Sample Size" OR MH "Crossover Design" OR MH "Comparative Studies" OR MH "Placebos" OR PT (Randomized Controlled Trial) OR TI (randomised OR randomized) OR AB (random*) OR TI (trial) OR AB (assigned OR allocated OR control) OR AB (control W5 group) OR AB (cluster W3 rct)	1,325,950
Study types: systematic reviews and meta-analyses		
13.	((MH "Systematic Review" OR ZT "systematic review" OR MH "Meta Analysis" OR ZT "meta analysis" OR (JN "Cochrane Database of Systematic Reviews")) OR (TI (systematic* N3 review*)) OR (AB (systematic* N3 review*)) OR (TI (systematic* N3 bibliographic*)) OR (AB (systematic* N3 bibliographic*)) OR (TI (systematic* N3 literature)) OR (AB (systematic* N3 literature)) OR (TI (comprehensive* N3 literature)) OR (AB (comprehensive* N3 literature)) OR (TI (comprehensive* N3 bibliographic*)) OR (AB (comprehensive* N3 bibliographic*)) OR (TI (integrative N3 review)) OR (AB (integrative N3 review)) OR (TI (meta-analy* OR metaanaly*)) OR (AB (meta-analy* OR metaanaly*)) OR (TI (information N2 synthesis)) OR	281,752

¹ The Cochrane CINAHL Plus filter: Glanville J, Dooley G, Wisniewski S, Foxlee R, Noel-Storr A. Development of a search filter to identify reports of controlled clinical trials within CINAHL Plus. Health Info Libr J. 2019;36(1):73-90. Available from: <https://doi.org/10.1111/hir.12251>.

(TI (data N2 synthesis)) OR (AB (information N2 synthesis)) OR (AB (data N2 synthesis)) OR (TI (data N2 extract*)) OR (AB (data N2 extract*)) OR (TI (medline OR pubmed OR psyclit OR cinahl OR (psycinfo not "psycinfo database") OR "web of science" OR scopus OR embase)) OR (AB (medline OR pubmed OR psyclit OR cinahl OR (psycinfo not "psycinfo database") OR "web of science" OR scopus OR embase)) OR TI ("Systematic overview*" OR "systemic review*" OR "scoping review" OR "scoping literature review" OR "mapping review" OR "Umbrella review*" OR ("review of reviews" OR "overview of reviews") OR meta-review OR ("integrative overview" OR meta-synthesis OR metasynthesis OR "quantitative review" OR "quantitative synthesis" OR meta-ethnography OR "research synthesis") OR "Systematic literature search" OR "Systematic literature research" OR "evidence-based review" OR "evidence synthesis") OR TI ("research overview*" OR "collaborative review*" OR "collaborative overview*" OR "technology assessment*" OR "technology overview*" OR "technology appraisal*" OR hta OR htas OR "methodological overview*" OR "methodologic overview*" OR "methodological review*" OR "methodologic review*" OR "quantitative overview*" OR AB ("research overview*" OR "collaborative review*" OR "collaborative overview*" OR "technology assessment*" OR "technology overview*" OR "technology appraisal*" OR hta OR htas OR "methodological overview*" OR "methodologic overview*" OR "methodological review*" OR "methodologic review*" OR "quantitative overview*")) NOT (MH "Case Studies" OR ZT "Commentary" OR ZT "Editorial" OR ZT "Letter"))

Combined sets

14.	<i>S7 AND S11 AND (S12 OR S13)</i>	250
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Final result

15.	S7 AND S11 AND (S12 OR S13)	250
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Limiters - Language: Danish, English, Norwegian, Swedish

The final search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract; **AU** = Author; **DE** = Term from the thesaurus; **KW** (Available in Academic Search Premiere / SocINDEX / PsycInfo) = Author keyword; **MH** = Exact Subject Heading from CINAHL Subject Headings; **MM** = Major Concept; **SU** = Searches for a part of or an entire subject heading; **TI** = Title; **TX** = All Text. Performs a keyword search of all the database's searchable fields; **ZC** = Methodology Index; * = Truncation; " " = Citation Marks; searches for an exact phrase; # = replaces one or no letters; ? = replaces one letter; **N** = Near Operator (N) finds the words if they are a maximum of x words apart from one another, regardless of the order in which they appear.; **W** = Within Operator (W) finds the words if they are within x words of one another, in the order in which you entered them

Cochrane Library via Wiley 24 April 2023 (CDSR, Cochrane Protocols & CENTRAL)

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. (cptsd or c-ptsd or DESNOS or "disorders of extreme stress" or "enduring personality change after catastrophic experience" or EPCACE):ab,ti	43
2. complex:ab,ti	30631
3. MeSH descriptor: [Combat Disorders] this term only	142
4. MeSH descriptor: [Psychological Trauma] this term only	132
5. MeSH descriptor: [Stress Disorders, Post-Traumatic] this term only	3597
6. MeSH descriptor: [Stress Disorders, Traumatic] this term only	877
7. MeSH descriptor: [Stress Disorders, Traumatic, Acute] this term only	58
8. MeSH descriptor: [Trauma and Stressor Related Disorders] this term only	17
9. ("acute stress*" or "combat disorder*" or posttrauma* or post-trauma* or "psych* trauma" or PTSD or (trauma* NEAR/3 (avoidance or emotion* or event* or grief or horror or memor* or flashback* or nightmare* or "night mare*")) or "traumatic neuros*" or "traumatic stress*" or (traumatized NEXT/1 (victim* or survivor*)) or "stress disorder*" or "war neuros*"):ab,ti	10673
10. {OR #3-#9}	11026
11. ("affect regulation" or "affect dysregulation" or (disturb* NEAR/3 self*) or "negative self-concept" or (disturb* NEAR/3 relationship*)):ab,ti	468
12. #1 or (#2 and #10) or (#10 and #11)	497
Intervention: Psychological treatments	
13. MeSH descriptor: [Adaptation, Psychological] this term only	4942
14. MeSH descriptor: [Combined Modality Therapy] this term only	17904
15. MeSH descriptor: [Computer-Assisted Instruction] this term only	1369
16. MeSH descriptor: [Counseling] explode all trees	7496
17. MeSH descriptor: [Internet-Based Intervention] this term only	539
18. MeSH descriptor: [Psychiatric Rehabilitation] this term only	68
19. MeSH descriptor: [Psychological First Aid] this term only	7
20. MeSH descriptor: [Psychosocial Support Systems] this term only	90
21. MeSH descriptor: [Psychotherapy] explode all trees	33078
22. MeSH descriptor: [Relaxation Therapy] explode all trees	2531
23. MeSH descriptor: [Remote Consultation] explode all trees	440
24. MeSH descriptor: [Self Care] this term only	5409
25. MeSH descriptor: [Self-Help Groups] this term only	816
26. MeSH descriptor: [Self-Management] this term only	979
27. MeSH descriptor: [Social Support] explode all trees	4299
28. MeSH descriptor: [Telemedicine] this term only	3502
29. MeSH descriptor: [Therapy, Computer-Assisted] this term only	1476
30. MeSH descriptor: [Yoga] this term only	1187
31. (((abreaction or "brain training" or desensitization or exposure or implosive or narrative) NEAR/3 therap*) or "acceptance and commitment therapy" or ((animal* or art or color* or creative* or dance or dancing or drama or equine or experiential or music or narrative or play* or sensory or singing) NEAR/3 (program* or intervention* or therap* or treatment*)) or (attention NEAR/3 modification) or "attention training" or ((behavio* or cognitive) NEAR/3 (activat* or approach* or component* or contracting or defusion or guidance or intervention* or management or modif* or program* or rehab* or restructur* or technique* or therap* or train* or treatment*)) or ((biofeedback or imagery) NEAR/3 (intervention* or therap* or train* or treatment*)) or ((brief or combination or "compass* focus*" or integrated or integrative or time-limited) NEAR/3 (intervention* or therap* or treatment*)) or CBT or ((client-centred or client-centered or client-focus* or individual or individualised or individualized or person-centred or person-centered or present-centred or present-centered) NEAR/3 (intervention* or therap* or treatment*)) or ((non-direct* or nondirect* or "solution	376731

focus*") NEAR/3 (intervention* or therap* or treatment*) or "cognitive behavio*" or "combined modality therapy" or ((coping or resilience) NEAR/3 (intervention* or therap* or treatment*)) or coun?eling or coun?elling or ((couple* or family or group or systemic*) NEAR/3 (program* or intervention* or therap* or treatment*)) or (crisis NEXT/1 (care or intervention* or therap* or treatment)) or DBT or debriefing or "deep brain reorientation" or "dialectical behavio*" or "early intervention*" or "emotional freedom technique*" or ((existential or gestalt or humanistic or interpersonal or milieu or residential or socioenvironmental or socio-environmental) NEXT/1 therap*) or "eye movement desensiti?ation" or EMDR or "expressive writing" or hypnosis or hypnotherapy or (imagery NEAR/2 (modification or rehearsal or trauma)) or "life span integration" or mandalas or meditation or "memory specificity training" or "mental training" or "metacognitive therapy" or mindfulness or "mind training" or "minimal therapist support" or ((modular or multicomponent or multi-component or multimodal* or multi-modal* or multimodular or multi-modular or phase-based) NEAR/3 (approach* or program* or intervention* or therap* or treatment*)) or "motivational interviewing" or ((multisystemic or multi-systemic) NEAR/3 (intervention* or therap* or treatment*)) or (network NEXT/1 (intervention or therap* or treatment*)) or neurofeedback or neuro-feedback or ("problem oriented" NEXT/1 (approach* or intervention* or therap* or treatment*)) or "prolonged exposure" or psychoanaly* or psycho-analy* or psychoeducat* or psycho-educat* or ((psychodrama or psycho-drama* or psychodynamic or psycho-dynamic or psychological or psychosocial or psycho-social) NEAR/3 (intervention* or program* or rehab* or technique* or therap* or train* or treatment*)) or psychotherap* or psycho-therap* or "reconsolidation of traumatic memories" or (relational NEAR/3 (intervention* or psychoanaly* or psycho-analy* or psychotherap* or psycho-therap* or therap* or treatment*)) or relaxation or "role play" or ((self-care or selfcare or self-change or self-help or selfhelp) NEAR/3 (administered or guided or instruct* or intervention* or program* or strateg* or supervised or therap* or tool* or treatment*)) or ((self-administered or selfadministered) NEAR/3 (guided or instruct* or intervention* or program* or strateg* or supervised or therap* or treatment*)) or self-management or (short-term NEXT/1 (intervention* or therap* or treatment*)) or "skill* training" or "social acknowledgement" or "somatic experiencing" or "structured approach therapy" or (support NEAR/3 (community or family or group* or psychosocial or psycho-social or social)) or (supportive NEXT/1 (intervention* or service* or talk*)) or "therapeutic allianc*" or "therapeutic communit*" or "therapeutic relationship*" or "third wave" or "thought field therapy" or (("trauma focused" or "trauma informed") NEAR/3 (care or intervention* or therap* or treatment*)) or "trauma processing" or "validation therapy" or (written NEAR/2 (disclosure or exposure)) or yoga):ab,ti

32.	(cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or ecounseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or telepsychiatry or tele-psychiatry or Deprexis or Interapy or WeChat*):ab,ti	6968
33.	{OR #13-#32}	402306
Final result		
34.	#12 AND #33	CDSR/7 Cochrane Protocols/0 CENTRAL/30 4

The final search result, usually found at the end of the documentation, forms the list of abstracts.

:**au** = Author; **MeSH** = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy; **this term only** = Does not include terms found below this term in the MeSH hierarchy; **ti** = Title; **ab** = Abstract; **kw** = Keyword; * = Truncation; " " = Citation Marks; searches for an exact phrase; **CDSR** = Cochrane Database of Systematic Review; **Cochrane Protocols** = Protocols of systematic reviews registered in Cochrane Library; **CENTRAL** = Cochrane Central Register of Controlled Trials, "trials"; ? = replaces one letter; **NEAR/n** = Requests terms that are within 'n' words of each other in either direction; **NEXT/n** = Requests terms that are within 'n' words of each other in the order specified

Criminal Justice Abstracts with Full Text via EBSCO 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. TI (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE) OR AB (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE) OR KW (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE)	50
2. TI complex OR AB complex OR KW complex	14,724
3. TI ("acute stress*" OR "combat disorder*" OR "combat stress" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati?ed W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*") OR AB ("acute stress*" OR "combat disorder*" OR "combat stress" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati?ed W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*") OR KW ("acute stress*" OR "combat disorder*" OR "combat stress" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati?ed W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*") OR SU ("acute stress*" OR "combat disorder*" OR "combat stress" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati?ed W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*")	7,297
4. TI ("affect regulation" OR "affect dysregulation" OR (disturb* N3 self*) OR "negative self-concept" OR (disturb* N3 relationship*)) OR AB ("affect regulation" OR "affect dysregulation" OR (disturb* N3 self*) OR "negative self-concept" OR (disturb* N3 relationship*)) OR KW ("affect regulation" OR "affect dysregulation" OR (disturb* N3 self*) OR "negative self-concept" OR (disturb* N3 relationship*))	337
5. S1 OR (S2 AND S3) OR (S3 AND S4)	425
Intervention: Psychological treatments	
6. TI (((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) N3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR colo#r OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) N3 (program* OR intervention* OR therap* OR treatment*)) OR (attention N3 modification) OR "attention training" OR ((behavio* OR cognitive) N3 (activat* OR approach* OR component# OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) N3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) N3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR person-centered OR present-centred OR present-centered) N3 (intervention* OR therap* OR treatment*)) OR ((non-direct* OR nondirect* OR "solution focus*") N3 (intervention* OR therap* OR treatment*)) OR "cognitive behavio*" OR "combined modality therapy" OR ((coping OR resilience) N3 (intervention* OR therap* OR treatment*)) OR coun?eling OR coun?elling OR ((couple* OR family OR group OR systemic*) N3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis W1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensiti#ation" OR EMDR OR	52,436

"expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psychosocial) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*)) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational N3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) N3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)) OR ((self-administered OR selfadministered) N3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)) OR self-management OR (short-term W1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing" OR "structured approach therapy" OR (support N3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR (("trauma focused" OR "trauma informed") N3 (care OR intervention* OR therap* OR treatment*)) OR "trauma processing" OR "validation therapy" OR (written N2 (disclosure OR exposure)) OR yoga) OR AB (((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) N3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR colo#r OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) N3 (program* OR intervention* OR therap* OR treatment*)) OR (attention N3 modification) OR "attention training" OR ((behavio* OR cognitive) N3 (activat* OR approach* OR component# OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) N3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) N3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR person-centered OR present-centred OR present-centered) N3 (intervention* OR therap* OR treatment*)) OR ((non-direct* OR nondirect* OR "solution focus*") N3 (intervention* OR therap* OR treatment*)) OR "cognitive behavio*" OR "combined modality therapy" OR ((coping OR resilience) N3 (intervention* OR therap* OR treatment*)) OR coun?eling OR coun?elling OR ((couple* OR family OR group OR systemic*) N3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis W1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensiti#ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama*

OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psycho-social) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational N3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) N3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)) OR ((self-administered OR selfadministered) N3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)) OR self-management OR (short-term W1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing" OR "structured approach therapy" OR (support N3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR (("trauma focused" OR "trauma informed") N3 (care OR intervention* OR therap* OR treatment*)) OR "trauma processing" OR "validation therapy" OR (written N2 (disclosure OR exposure)) OR yoga) OR KW (((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) N3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR colo#r OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) N3 (program* OR intervention* OR therap* OR treatment*)) OR (attention N3 modification) OR "attention training" OR ((behavio* OR cognitive) N3 (activat* OR approach* OR component# OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) N3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) N3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR person-centered OR present-centred OR present-centered) N3 (intervention* OR therap* OR treatment*)) OR ((non-direct* OR nondirect* OR "solution focus*") N3 (intervention* OR therap* OR treatment*)) OR "cognitive behavio*" OR "combined modality therapy" OR ((coping OR resilience) N3 (intervention* OR therap* OR treatment*)) OR coun?eling OR coun?elling OR ((couple* OR family OR group OR systemic*) N3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis W1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensiti#ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psycho-social) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*)) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational N3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) N3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)) OR ((self-administered OR selfadministered) N3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)) OR self-management OR (short-term W1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing"

OR "structured approach therapy" OR (support N3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR (("trauma focused" OR "trauma informed") N3 (care OR intervention* OR therap* OR treatment*)) OR "trauma processing" OR "validation therapy" OR (written N2 (disclosure OR exposure)) OR yoga) OR SU ((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) N3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR color OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) N3 (program* OR intervention* OR therap* OR treatment*)) OR (attention N3 modification) OR "attention training" OR ((behavior* OR cognitive) N3 (activat* OR approach* OR component# OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) N3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) N3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR person-centered OR present-centred OR present-centered) N3 (intervention* OR therap* OR treatment*)) OR ((non-direct* OR nondirect* OR "solution focus*") N3 (intervention* OR therap* OR treatment*)) OR "cognitive behavior*" OR "combined modality therapy" OR ((coping OR resilience) N3 (intervention* OR therap* OR treatment*)) OR coun?eling OR coun?elling OR ((couple* OR family OR group OR systemic*) N3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis W1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavior*" OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensiti#ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psycho-social) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*)) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational N3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) N3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)) OR ((self-administered OR selfadministered) N3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)) OR self-management OR (short-term W1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing" OR "structured approach therapy" OR (support N3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR (("trauma focused" OR "trauma informed") N3 (care OR intervention* OR therap* OR treatment*)) OR "trauma processing" OR "validation therapy" OR (written N2 (disclosure OR exposure)) OR yoga)

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| 7. | TI (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR | 430 |
|----|---|-----|
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	eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*) OR AB (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*) OR KW (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*) OR SU (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*)	
8.	S6 OR S7	52,688
Study types: randomised controlled trials		
9.	TX((randomi?ed) N3 (study OR trial OR design OR method* OR test* OR assessment)) OR TX((random*) N3 (assign* or alloca*)) OR TX((singl* OR doubl* OR tripl* OR trebl*) N3 (blind* OR dumm* OR mask*)) OR TX(clinical W2 trial*) OR TX((singl* OR doubl* OR treb* OR tripl*) W2 (blind* OR mask*)) OR TX(placebo*) OR TX(randomly allocated) OR TX(allocated N2 random*) OR AB(randomi?ed N6 n=) OR TI(controlled W3 trial*) OR AB(controlled W3 trial*)	31,585
Study types: systematic reviews and meta-analyses		
10.	(TI ("health technology assessment" OR "meta analysis" OR "systematic review") OR AB ("health technology assessment" OR "meta analysis" OR "systematic review") OR KW ("health technology assessment" OR "meta analysis" OR "systematic review") OR SU ("health technology assessment" OR "meta analysis" OR "systematic review")) OR (TI (systematic* N3 review*)) OR (AB (systematic* N3 review*)) OR (TI (systematic* N3 bibliographic*)) OR (AB (systematic* N3 bibliographic*)) OR (TI (systematic* N3 literature)) OR (AB (systematic* N3 literature)) OR (TI (comprehensive* N3 literature)) OR (AB (comprehensive* N3 literature)) OR (TI (comprehensive* N3 bibliographic*)) OR (AB (comprehensive* N3 bibliographic*)) OR (TI (integrative N3 review)) OR (AB (integrative N3 review)) OR (TI (meta-analy* OR metaanaly*)) OR (AB (meta-analy* OR metaanaly*)) OR (TI (information N2 synthesis)) OR (TI (data N2 synthesis)) OR (AB (information N2 synthesis)) OR (AB (data N2 synthesis)) OR (TI (data N2 extract*)) OR (AB (data N2 extract*)) OR (TI (medline OR pubmed OR psyclit OR cinahl OR (psycinfo not "psycinfo database")) OR "web of science" OR scopus OR embase)) OR (AB (medline OR pubmed OR psyclit OR cinahl OR (psycinfo not "psycinfo database")) OR "web of science" OR scopus OR embase)) OR TI ("Systematic overview*" OR "systemic review*" OR "scoping review" OR "scoping literature review" OR "mapping review" OR "Umbrella review*" OR ("review of reviews" OR "overview of reviews")) OR meta-review OR ("integrative overview" OR meta-synthesis OR metasynthesis OR "quantitative review" OR "quantitative synthesis" OR meta-ethnography OR "research synthesis") OR "Systematic literature search" OR "Systematic literature research" OR "evidence-based review" OR "evidence synthesis") OR TI ("research overview*" OR "collaborative review*" OR "collaborative overview*" OR "technology assessment*" OR "technology overview*" OR "technology appraisal*" OR hta OR htas OR "methodological overview*" OR "methodologic overview*" OR "methodological review*" OR "methodologic review*" OR "methodological overview*" OR "methodologic overview*" OR AB ("research overview*" OR "collaborative review*" OR "collaborative overview*" OR "technology assessment*" OR "technology overview*" OR "technology appraisal*" OR hta OR htas OR "methodological overview*" OR "methodologic overview*" OR "methodological review*" OR "methodologic review*" OR "quantitative overview*")	7,927

Combined sets		
11.	<i>S5 AND S8 AND (S9 OR S10)</i>	48
Final result		
12.	S5 AND S8 AND (S9 OR S10)	48
Limiters - Language: Danish, English, Norwegian, Swedish		

The final search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract; **AU** = Author; **DE** = Term from the thesaurus; **KW** (Available in Academic Search Premiere / SocINDEX / PsycInfo) = Author keyword; **MH** = Exact Subject Heading from CINAHL Subject Headings; **MM** = Major Concept; **SU** = Searches for a part of or an entire subject heading; **TI** = Title; **TX** = All Text. Performs a keyword search of all the database's searchable fields; **ZC** = Methodology Index; * = Truncation; " " = Citation Marks; searches for an exact phrase; # = replaces one or no letters; ? = replaces one letter; **N** = Near Operator (N) finds the words if they are a maximum of x words apart from one another, regardless of the order in which they appear.; **W** = Within Operator (W) finds the words if they are within x words of one another, in the order in which you entered them

Embase via Elsevier 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. cptsd:ti,ab,kw OR 'c ptsd':ti,ab,kw OR DESNOS:ti,ab,kw OR 'disorders of extreme stress':ti,ab,kw OR 'enduring personality change after catastrophic experience':ti,ab,kw OR EPCACE:ti,ab,kw	433
2. complex:ti,ab,kw	1,744,237
3. 'acute stress disorder'/de	1,758
4. 'combat stress'/de	170
5. 'posttraumatic stress disorder'/de	79,442
6. 'psychotrauma'/de	10,887
7. 'acute stress*':ti,ab,kw OR 'combat disorder*':ti,ab,kw OR posttrauma*':ti,ab,kw OR 'post trauma*':ti,ab,kw OR 'psych* trauma':ti,ab,kw OR ptsd:ti,ab,kw OR ((trauma* NEAR/3 (avoidance OR emotion* OR event\$ OR grief OR horror OR memor* OR flashback* OR nightmare\$ OR "night mare\$")):ti,ab,kw) OR 'traumatic neuros*':ti,ab,kw OR 'traumatic stress*':ti,ab,kw OR ((traumati?ed NEXT/1 (victim\$ OR survivor\$)):ti,ab,kw) OR 'stress disorder*':ti,ab,kw OR 'war neuros*':ti,ab,kw	140,144
8. #3 OR #4 OR #5 OR #6 OR #7	166,277
9. 'affect regulation':ti,ab,kw OR 'affect dysregulation':ti,ab,kw OR ((disturb* NEAR/3 self*):ti,ab,kw) OR 'negative self-concept':ti,ab,kw OR ((disturb* NEAR/3 relationship*):ti,ab,kw)	6,251
10. #1 OR (#2 AND #8) OR (#8 AND #9)	9,208
Intervention: Psychological treatments	
11. 'animal assisted therapy'/exp	1,479
12. 'cognitive therapy software'/de	9
13. 'color therapy'/de	155
14. 'computer assisted therapy'/de	4,824
15. 'coping behavior'/de	73,497
16. 'counseling'/de	81,291
17. 'crisis intervention'/de	7,044
18. 'directive counseling'/de	888
19. 'e-counseling'/de	433
20. 'family counseling'/de	8,610
21. 'motivational interviewing'/de	6,672
22. 'patient counseling'/de	51,309
23. 'psychological care'/exp	26,155
24. 'psychological counseling'/de	730
25. 'psychological first aid'/de	89
26. 'psychosocial rehabilitation'/de	1,963
27. 'psychotherapy'/exp	311,561
28. 'self care'/de	73,550
29. 'self-care software'/de	24
30. 'self help'/de	15,063
31. 'social support'/exp	113,830
32. 'teleconsultation'/exp	15,357
33. 'telehealth'/de	17,110
34. 'telemedicine'/de	42,81
35. 'telepsychiatry'/de	1,331
36. 'telepsychology'/de	64
37. 'teletherapy'/de	957
38. 'therapeutic alliance'/de	1,244
39. 'therapy software'/de	36

40.	'web-based intervention'/de	2,483
41.	(((abreaction OR 'brain training' OR desensitization OR exposure OR implosive OR narrative) NEAR/3 therap*):ti,ab,kw) OR 'acceptance and commitment therapy':ti,ab,kw OR (((animal* OR art OR colo\$ OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) NEAR/3 (program* OR intervention* OR therap* OR treatment*)):ti,ab,kw) OR ((attention NEAR/3 modification):ti,ab,kw) OR 'attention training':ti,ab,kw OR (((behavio* OR cognitive) NEAR/3 (activat* OR approach* OR component\$ OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)):ti,ab,kw) OR (((biofeedback OR feedback OR imagery) NEAR/3 (intervention* OR therap* OR train* OR treatment*)):ti,ab,kw) OR (((brief OR combination OR 'compass* focus*' OR integrated OR integrative OR 'time limited') NEAR/3 (intervention* OR therap* OR treatment*)):ti,ab,kw) OR cbt:ti,ab,kw OR (((('client centred' OR 'client centered' OR 'client focus*' OR individual OR individualised OR individualized OR 'person centred' OR 'person centered' OR 'present centred' OR 'present centered') NEAR/3 (intervention* OR therap* OR treatment*)):ti,ab,kw) OR (((('non direct*' OR nondirect* OR 'solution focus*') NEAR/3 (intervention* OR therap* OR treatment*)):ti,ab,kw) OR 'cognitive behavio*':ti,ab,kw OR 'combined modality therapy':ti,ab,kw OR (((coping OR resilience) NEAR/3 (intervention* OR therap* OR treatment*)):ti,ab,kw) OR coun?eling:ti,ab,kw OR coun?elling:ti,ab,kw OR (((couple* OR family OR group OR systemic*) NEAR/3 (program* OR intervention* OR therap* OR treatment*)):ti,ab,kw) OR ((crisis NEXT/1 (care OR intervention* OR therap* OR treatment)):ti,ab,kw) OR dbt:ti,ab,kw OR debriefing:ti,ab,kw OR 'deep brain reorientation':ti,ab,kw OR 'dialectical behavio*':ti,ab,kw OR 'early intervention*':ti,ab,kw OR 'emotional freedom technique*':ti,ab,kw OR (((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR 'socio environmental') NEXT/1 therap*):ti,ab,kw) OR 'eye movement desensiti?ation':ti,ab,kw OR emdr:ti,ab,kw OR 'expressive writing':ti,ab,kw OR hypnosis:ti,ab,kw OR hypnotherapy:ti,ab,kw OR ((imagery NEAR/2 (modification OR rehearsal OR trauma)):ti,ab,kw) OR 'life span integration':ti,ab,kw OR mandalas:ti,ab,kw OR meditation:ti,ab,kw OR 'memory specificity training':ti,ab,kw OR 'mental training':ti,ab,kw OR 'metacognitive therapy':ti,ab,kw OR mindfulness:ti,ab,kw OR 'mind training':ti,ab,kw OR 'minimal therapist support':ti,ab,kw OR (((modular OR multicomponent OR 'multi component' OR multimodal* OR 'multi modal*' OR multimodular OR 'multi modular' OR 'phase based') NEAR/3 (approach* OR program* OR intervention* OR therap* OR treatment*)):ti,ab,kw) OR 'motivational interviewing':ti,ab,kw OR (((multisystemic OR 'multi systemic') NEAR/3 (intervention* OR therap* OR treatment*)):ti,ab,kw) OR ((network NEXT/1 (intervention OR therap* OR treatment*)):ti,ab,kw) OR neurofeedback:ti,ab,kw OR 'neuro feedback':ti,ab,kw OR (('problem oriented' NEXT/1 (approach* OR intervention* OR therap* OR treatment*)):ti,ab,kw) OR 'prolonged exposure':ti,ab,kw OR psychoanaly*':ti,ab,kw OR 'psycho analy*':ti,ab,kw OR psychoeducat*':ti,ab,kw OR 'psycho educat*':ti,ab,kw OR (((psychodrama OR 'psycho drama*' OR psychodynamic OR 'psycho dynamic' OR psychological OR psychosocial OR 'psycho social') NEAR/3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*)):ti,ab,kw) OR psychotherap*':ti,ab,kw OR 'psycho therap*':ti,ab,kw OR 'reconsolidation of traumatic memories':ti,ab,kw OR ((relational NEAR/3 (intervention* OR psychoanaly* OR 'psycho analy*' OR psychotherap* OR 'psycho therap*' OR therap* OR treatment*)):ti,ab,kw) OR relaxation:ti,ab,kw OR 'role play':ti,ab,kw OR (((('self care' OR selfcare OR 'self change' OR 'self help' OR selfhelp) NEAR/3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)):ti,ab,kw) OR (((('self administered' OR selfadministered) NEAR/3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)):ti,ab,kw) OR 'self management':ti,ab,kw OR (('short term' NEXT/1 (intervention* OR therap* OR treatment*)):ti,ab,kw) OR 'skill* training':ti,ab,kw OR 'social acknowledgement':ti,ab,kw OR 'somatic experiencing':ti,ab,kw OR 'structured approach therapy':ti,ab,kw OR ((support NEAR/3 (community OR family OR group* OR psychosocial OR 'psycho social' OR social)):ti,ab,kw) OR ((supportive NEXT/1 (intervention* OR service* OR talk*)):ti,ab,kw) OR 'therapeutic allianc*':ti,ab,kw OR 'therapeutic communit*':ti,ab,kw OR 'therapeutic relationship*':ti,ab,kw OR 'third wave':ti,ab,kw OR 'thought field	1,677,148

	therapy':ti,ab,kw OR (((('trauma focused' OR 'trauma informed') NEAR/3 (care OR intervention* OR therap* OR treatment*)):ti,ab,kw) OR 'trauma processing':ti,ab,kw OR 'validation therapy':ti,ab,kw OR ((written NEAR/2 (disclosure OR exposure)):ti,ab,kw) OR yoga:ti,ab,kw	
42.	ccbt:ti,ab,kw OR 'c cbt':ti,ab,kw OR 'cyber counseling':ti,ab,kw OR 'cyber counselling':ti,ab,kw OR cybercounseling:ti,ab,kw OR cybercounseling:ti,ab,kw OR 'digital health':ti,ab,kw OR 'e consultation':ti,ab,kw OR ecbt:ti,ab,kw OR 'e cbt':ti,ab,kw OR econsultation:ti,ab,kw OR 'e counselling':ti,ab,kw OR ecounseling:ti,ab,kw OR ecounseling:ti,ab,kw OR 'e health':ti,ab,kw OR ehealth:ti,ab,kw OR emedicine:ti,ab,kw OR 'e medicine':ti,ab,kw OR 'emental health*':ti,ab,kw OR 'e-mental health*':ti,ab,kw OR 'e portal':ti,ab,kw OR eportal:ti,ab,kw OR epsych*':ti,ab,kw OR 'e psych*':ti,ab,kw OR 'e therapy':ti,ab,kw OR etherapy:ti,ab,kw OR 'i cbt':ti,ab,kw OR icbt:ti,ab,kw OR 'm health':ti,ab,kw OR mhealth:ti,ab,kw OR 'mobile health':ti,ab,kw OR telepsychiatry:ti,ab,kw OR tele-psychiatry:ti,ab,kw OR depresxis:ti,ab,kw OR interapy:ti,ab,kw OR wechat*:ti,ab,kw	36,221
43.	#11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22 OR #23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32 OR #33 OR #34 OR #35 OR #36 OR #37 OR #38 OR #39 OR #40 OR #41 OR #42	2,054,280
Study types: randomised controlled trials²		
44.	('randomized controlled trial'/de OR 'controlled clinical trial'/de OR random*:ti,ab,tt OR 'randomization'/de OR 'intermethod comparison'/de OR placebo:ti,ab,tt OR compare:ti,tt OR compared:ti,tt OR comparison:ti,tt OR ((evaluated:ab OR evaluate:ab OR evaluating:ab OR assessed:ab OR assess:ab) AND (compare:ab OR compared:ab OR comparing:ab OR comparison:ab)) OR ((open NEXT/1 label):ti,ab,tt) OR (((double OR single OR doubly OR singly) NEXT/1 (blind OR blinded OR blindly)):ti,ab,tt) OR 'double blind procedure'/de OR ((parallel NEXT/1 group*):ti,ab,tt) OR crossover:ti,ab,tt OR 'cross over':ti,ab,tt OR (((assign* OR match OR matched OR allocation) NEAR/6 (alternate OR group OR groups OR intervention OR interventions OR patient OR patients OR subject OR subjects OR participant OR participants)):ti,ab,tt) OR assigned:ti,ab,tt OR allocated:ti,ab,tt OR ((controlled NEAR/8 (study OR design OR trial)):ti,ab,tt) OR volunteer:ti,ab,tt OR volunteers:ti,ab,tt OR 'human experiment'/de OR trial:ti,tt) NOT (((random* NEXT/1 sampl* NEAR/8 ('cross section*' OR questionnaire* OR survey OR surveys OR database OR databases)):ti,ab,tt) NOT ('comparative study'/de OR 'controlled study'/de OR 'randomised controlled':ti,ab,tt OR 'randomized controlled':ti,ab,tt OR 'randomly assigned':ti,ab,tt) OR ('cross-sectional study' NOT ('randomized controlled trial'/de OR 'controlled clinical study'/de OR 'controlled study'/de OR 'randomised controlled':ti,ab,tt OR 'randomized controlled':ti,ab,tt OR 'control group':ti,ab,tt OR 'control groups':ti,ab,tt)) OR ('case control*':ti,ab,tt AND random*:ti,ab,tt NOT ('randomised controlled':ti,ab,tt OR 'randomized controlled':ti,ab,tt)) OR ('systematic review':ti,tt NOT (trial:ti,tt OR study:ti,tt)) OR (nonrandom*:ti,ab,tt NOT random*:ti,ab,tt) OR 'random field*':ti,ab,tt OR (('random cluster' NEAR/4 sampl*):ti,ab,tt) OR (review:ab AND review:it NOT trial:ti,tt) OR ('we searched':ab AND (review:ti,tt OR review:it)) OR 'update review':ab OR ((databases NEAR/5 searched):ab) OR ((rat:ti,tt OR rats:ti,tt OR mouse:ti,tt OR mice:ti,tt OR swine:ti,tt OR porcine:ti,tt OR murine:ti,tt OR sheep:ti,tt OR lambs:ti,tt OR pigs:ti,tt OR piglets:ti,tt OR rabbit:ti,tt OR rabbits:ti,tt OR cat:ti,tt OR cats:ti,tt OR dog:ti,tt OR dogs:ti,tt OR cattle:ti,tt OR bovine:ti,tt OR monkey:ti,tt OR monkeys:ti,tt OR trout:ti,tt OR marmoset*':ti,tt) AND 'animal experiment'/de) OR ('animal experiment'/de NOT ('human experiment'/de OR 'human'/de)))	5,477,202
Study types: systematic reviews and meta-analyses		
45.	('systematic review'/de OR 'meta analysis'/de OR [cochrane review]/lim OR 'biomedical technology assessment'/de OR ((systematic* NEAR/4 review*):ti,ab) OR ((systematic* NEAR/4 bibliographic*):ti,ab) OR ((systematic* NEAR/4 literature):ti,ab) OR ((comprehensive* NEAR/4 literature):ti,ab) OR ((comprehensive* NEAR/4 bibliographic*):ti,ab) OR ((integrative NEAR/4 review):ti,ab) OR 'meta analy*':ti,ab OR metaanaly*:ti,ab OR ((information NEAR/3 synthesis):ti,ab) OR ((data NEAR/3	840,279

² Glanville J, Foxlee R, Wisniewski S, Noel-Storr A, Edwards M, Dooley G. Translating the Cochrane EMBASE RCT filter from the Ovid interface to Embase.com: a case study. Health Info Libr J. 2019 Sep;36(3):264-277. doi: 10.1111/hir.12269. Epub 2019 Jul 22. Erratum in: Health Info Libr J. 2020 Dec;37(4):351.

synthesis):ti,ab) OR ((data NEAR/3 extract*):ti,ab) OR medline:ti,ab OR pubmed:ti,ab OR psyclit:ti,ab OR cinahl:ti,ab OR (psycinfo:ti,ab NOT 'psycinfo database':ti,ab) OR 'web of science':ti,ab OR scopus:ti,ab OR embase:ti,ab OR 'systematic overview*':ti OR 'systemic review*':ti OR 'scoping review':ti OR 'scoping literature review':ti OR 'mapping review':ti OR 'umbrella review*':ti OR 'review of reviews':ti OR 'overview of reviews':ti OR 'meta review':ti OR 'integrative overview':ti OR 'meta synthesis':ti OR metasyntesis:ti OR 'quantitative review':ti OR 'quantitative synthesis':ti OR 'meta ethnography':ti OR 'research synthesis':ti OR 'systematic literature search':ti OR 'systematic literature research':ti OR 'evidence-based review':ti OR 'evidence synthesis':ti OR 'research overview*':ti,ab OR 'collaborative review*':ti,ab OR 'collaborative overview*':ti,ab OR 'technology assessment*':ti,ab OR 'technology overview*':ti,ab OR 'technology appraisal*':ti,ab OR hta:ti,ab OR htas:ti,ab OR 'methodological overview*':ti,ab OR 'methodologic overview*':ti,ab OR 'methodological review*':ti,ab OR 'methodologic review*':ti,ab OR 'quantitative overview*':ti,ab) NOT ('case report'/de OR 'editorial'/it OR 'letter'/it OR 'note'/it)

Combined sets		
46.	#10 AND #43 AND (#44 OR #45)	564
Limits		
47.	#46 AND 'conference abstract'/it	109
48.	#46 NOT #47	455
Final result		
49.	#46 NOT #47 AND ([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim)	437

The final search result, usually found at the end of the documentation, forms the list of abstracts.

/de = Term from the EMTREE controlled vocabulary; **/exp** = Includes terms found below this term in the EMTREE hierarchy; **/mj** = Major Topic; **:ab** = Abstract; **:au** = Author; **:kw** = Author keyword ; **:ti** = Article Title; **:ti,ab** = Title or abstract; ***** = Truncation; **' '** = Citation Marks; searches for an exact phrase; **NEAR/n** = Requests terms that are within 'n' words of each other in either direction; **NEXT/n** = Requests terms that are within 'n' words of each other in the order specified; **\$** = replaces one or no letters; **?** = replaces one letter

Medline via OvidSP 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. (cptsd or c-ptsd or DESNOS or "disorders of extreme stress" or "enduring personality change after catastrophic experience" or EPCACE).ti,ab,kf,bt.	429
2. complex.ti,ab,kf,bt.	1467560
3. Combat Disorders/	3213
4. Psychological Trauma/	1852
5. Stress Disorders, Post-Traumatic/	40782
6. Stress Disorders, Traumatic/	753
7. Stress Disorders, Traumatic, Acute/	536
8. "Trauma and Stressor Related Disorders"/	120
9. (acute stress* or combat disorder* or posttrauma* or post-trauma* or psych* trauma or PTSD or (trauma* adj3 (avoidance or emotion* or event? or grief or horror or memor* or flashback* or nightmare? or night mare*)) or traumatic neuros* or traumatic stress* or (traumatid#ed adj (victim? or survivor?)) or stress disorder* or war neuros*).ti,ab,bt,kf.	108397
10. or/3-9	117898
11. (affect regulation or affect dysregulation or (disturb* adj3 self*) or negative self-concept or (disturb* adj3 relationship*).ti,ab,kf,bt.	4530
12. 1 or (2 and 10) or (10 and 11)	6215
Intervention: Psychological treatments	
13. Adaptation, Psychological/	103808
14. Combined Modality Therapy/	184705
15. Computer-Assisted Instruction/	12535
16. exp Counseling/	48663
17. Internet-Based Intervention/	1101
18. Psychiatric Rehabilitation/	681
19. Psychological First Aid/	31
20. Psychosocial Support Systems/	969
21. exp Psychotherapy/	217309
22. exp Relaxation Therapy/	10133
23. exp Remote Consultation/	5763
24. Self Care/	35944
25. Self-Help Groups/	9578
26. Self-Management/	5228
27. exp Social Support/	79460
28. Telemedicine/	36746
29. Therapy, Computer-Assisted/	6969
30. Yoga/	3732
31. (((abreaction or brain training or desensitization or exposure or implosive or narrative) adj3 therap*) or "acceptance and commitment therapy" or ((animal* or art or colo?r or creative* or dance or dancing or drama or equine or experiential or music or narrative or play* or sensory or singing) adj3 (program* or intervention* or therap* or treatment*)) or (attention adj3 modification) or attention training or ((behavio* or cognitive) adj3 (activat* or approach* or component? or contracting or defusion or guidance or intervention* or management or modif* or program* or rehab* or restructur* or technique* or therap* or train* or treatment*)) or ((biofeedback or feedback or imagery) adj3 (intervention* or therap* or train* or treatment*)) or ((brief or combination or compass* focus* or integrated or integrative or time-limited) adj3 (intervention* or therap* or treatment*)) or CBT or ((client-centred or client-centered or client-focus* or individual or individualised or individualized or person-centred or person-centered or present-centred or present-centered) adj3 (intervention* or therap* or treatment*)) or ((non-direct* or nondirect* or solution focus*) adj3 (intervention* or therap* or treatment*)) or cognitive behavio* or combined modality therapy or ((coping or resilience) adj3 (intervention* or therap* or	1210634

	treatment*) or counseling or counselling or ((couple* or family or group or systemic*) adj3 (program* or intervention* or therap* or treatment*)) or (crisis adj (care or intervention* or therap* or treatment)) or DBT or debriefing or deep brain reorientation or dialectical behavio* or early intervention* or emotional freedom technique* or ((existential or gestalt or humanistic or interpersonal or milieu or residential or socioenvironmental or socio-environmental) adj therap*) or eye movement desensitization or EMDR or expressive writing or hypnosis or hypnotherapy or (imagery adj2 (modification or rehearsal or trauma)) or life span integration or mandalas or meditation or memory specificity training or mental training or metacognitive therapy or mindfulness or mind training or minimal therapist support or ((modular or multicomponent or multi-component or multimodal* or multimodal* or multimodal* or multi-modular or phase-based) adj3 (approach* or program* or intervention* or therap* or treatment*)) or motivational interviewing or ((multisystemic or multi-systemic) adj3 (intervention* or therap* or treatment*)) or (network adj (intervention or therap* or treatment*)) or neurofeedback or neuro-feedback or (problem oriented adj (approach* or intervention* or therap* or treatment*)) or prolonged exposure or psychoanaly* or psycho-analy* or psychoeducat* or psycho-educat* or ((psychodrama or psycho-drama* or psychodynamic or psycho dynamic or psychological or psychosocial or psycho-social) adj3 (intervention* or program* or rehab* or technique* or therap* or train* or treatment*)) or psychotherap* or psycho therap* or "reconsolidation of traumatic memories" or (relational adj3 (intervention* or psychoanaly* or psycho-analy* or psychotherap* or psycho therap* or therap* or treatment*)) or relaxation or role play or ((self-care or selfcare or self-change or self-help or selfhelp) adj3 (administered or guided or instruct* or intervention* or program* or strateg* or supervised or therap* or tool* or treatment*)) or ((self-administered or selfadministered) adj3 (guided or instruct* or intervention* or program* or strateg* or supervised or therap* or treatment*)) or self-management or (short-term adj (intervention* or therap* or treatment*)) or skill* training or social acknowledgement or somatic experiencing or structured approach therapy or (support adj3 (community or family or group* or psychosocial or psycho-social or social)) or (supportive adj (intervention* or service* or talk*)) or therapeutic allianc* or therapeutic communit* or therapeutic relationship* or third wave or thought field therapy or ((trauma focused or trauma informed) adj3 (care or intervention* or therap* or treatment*)) or trauma processing or validation therapy or (written adj2 (disclosure or exposure)) or yoga).ti,ab,bt,kf.	
32.	(cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or digital health or e-consultation or eCBT or e-CBT or econsultation or ecounseling or e-counselling or ecounseling or ehealth or ehealth or emedicine or e-medicine or emental health* or e-mental health* or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or mobile health or telepsychiatry or tele-psychiatry or Deprexis or Interapy or WeChat*).ti,ab,kf,bt.	32165
33.	or/13-32	1655488
Study types: randomised controlled trials³		
34.	((randomized controlled trial or controlled clinical trial or clinical trial, phase iii).pt. or (randomized or randomised).ab. or placebo.ab. or randomly.ab. or trial.ab. or groups.ab. or ("Phase 3" or "phase3" or "phase III" or P3 or "PIII").ti,ab,kw.) not (exp animals/ not humans/)	3150869
Study types: systematic reviews and meta-analyses		
35.	(Systematic Review/ or Meta-Analysis/ or Cochrane Database Syst Rev.ja. or Meta-Analysis as Topic/ or Network Meta-Analysis/ or Technology Assessment, Biomedical/ or Systematic Reviews as Topic/ or ((systematic* adj4 review*) or (systematic* adj4 bibliographic*) or (systematic* adj4 literature) or (comprehensive* adj4 literature) or (comprehensive* adj4 bibliographic*) or (integrative adj4 review) or (integrative adj4 review) or (meta-analy* or metaanaly*) or (information adj3 synthesis) or (data adj3 synthesis) or (data adj3 extract*))	622409

³ Cochrane Highly Sensitive Search Strategy for identifying randomized trials in MEDLINE: sensitivity-maximizing version (2008 revision); Ovid format. The Cochrane Collaboration; 2008. Available from: <https://training.cochrane.org/handbook/current/chapter-04-technical-supplement-searching-and-selecting-studies#section-3-6-1>. with modifications: the following terms are added: clinical trial, phase iii.pt. ; randomised.ab. ; ("Phase 3" or "phase3" or "phase III" or P3 or "PIII").ti,ab,kw., the following term was removed: drug therapy.fs.

or (medline or pubmed or psyclit or cinahl or (psycinfo not psycinfo database) or web of science or scopus or embase)).ab,bt,ti. or (systematic overview* or systemic review* or scoping review or scoping literature review or mapping review or umbrella review* or review of reviews or overview of reviews or meta-review or integrative overview or meta-synthesis or metasynthesis or quantitative review or quantitative synthesis or meta-ethnography or research synthesis or systematic literature search or systematic literature research or evidence-based review or evidence synthesis).bt,ti. or (research overview* or collaborative review* or collaborative overview* or technology assessment* or technology overview* or technology appraisal* or hta or htas or methodological overview* or methodologic overview* or methodological review* or methodologic review* or quantitative overview*).ab,bt,ti.) not (Editorial/ or Letter/ or Case Reports/)

Combined sets		
36.	<i>12 and 33 and (34 or 35)</i>	441
Final result		
37.	limit 36 to (danish or english or norwegian or swedish)	420

The final search result, usually found at the end of the documentation, forms the list of abstracts.

.ab. = Abstract; **.ab,ti.** = Abstract or title; **.af.** = All fields; **.bt.** = Book title; **exp** = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy; **.fs.** = Floating sub-heading, does not include terms found below this term in the MeSH hierarchy; **.kf.** = Author keyword; **.sh.** = Term from the Medline controlled vocabulary; **.ti.** = Title; **.xs.** = Floating sub-heading, includes terms found below this term in the MeSH hierarchy; **/** = Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy; ***** = Focus (if found in front of a MeSH-term); *** or \$** = Truncation (if found at the end of a free text term); **.mp.** = Text, heading word, subject area node, title; **" "** = Citation Marks; searches for an exact phrase; **adjn** = Positional operator that lets you retrieve records that contain your terms (in any order) within a specified number (n) of words of each other; **?** = replaces one or no letters; **#** = replaces one letter

PsycINFO via EBSCO 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. TI (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE) OR AB (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE) OR KW (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE)	563
2. DE "Complex PTSD" OR DE "DESNOS"	621
3. TI complex OR AB complex OR KW complex	233,119
4. DE "Acute Stress" OR DE "Acute Stress Disorder" OR DE "Posttraumatic Stress" OR DE "Posttraumatic Stress Disorder" OR DE "Stress and Trauma Related Disorders" OR DE "Traumatic Neurosis"	41,943
5. TI ("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati?ed W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*") OR AB ("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati?ed W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*") OR KW ("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati?ed W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*")	84,334
6. S4 OR S5	84,959
7. TI ("affect regulation" OR "affect dysregulation" OR (disturb* N3 self*) OR "negative self-concept" OR (disturb* N3 relationship*)) OR AB ("affect regulation" OR "affect dysregulation" OR (disturb* N3 self*) OR "negative self-concept" OR (disturb* N3 relationship*)) OR KW ("affect regulation" OR "affect dysregulation" OR (disturb* N3 self*) OR "negative self-concept" OR (disturb* N3 relationship*))	6,565
8. <i>(S1 OR S2) OR (S3 AND S6) OR (S6 AND S7)</i>	5,792
Intervention: Psychological treatments	
9. DE "Psychotherapy" OR DE "Active Listening" OR DE "Adlerian Psychotherapy" OR DE "Adolescent Psychotherapy" OR DE "Affirmative Therapy" OR DE "Age Regression (Hypnotic)" OR DE "Analytical Psychotherapy" OR DE "Animal Assisted Therapy" OR DE "Autogenic Training" OR DE "Brief Psychotherapy" OR DE "Brief Relational Therapy" OR DE "Centering" OR DE "Child Psychotherapy" OR DE "Client Centered Therapy" OR DE "Conjoint Therapy" OR DE "Conversion Therapy" OR DE "Cotherapy" OR DE "Couples Therapy" OR DE "Dream Analysis" OR DE "Eclectic Psychotherapy" OR DE "Emotion Focused Therapy" OR DE "Empty Chair Technique" OR DE "Encounter Group Therapy" OR DE "Ericksonian Psychotherapy" OR DE "Existential Therapy" OR DE "Experiential Psychotherapy" OR DE "Expressive Psychotherapy" OR DE "Eye Movement Desensitization Therapy" OR DE "Family Intervention" OR DE "Family Therapy" OR DE "Feminist Therapy" OR DE "Free Association" OR DE "Geriatric Psychotherapy" OR DE "Gestalt Therapy" OR DE "Group Psychotherapy" OR DE "Guided Imagery" OR DE "Humanistic Psychotherapy" OR DE "Hypnosis" OR DE "Hypnotherapy" OR DE "Individual Psychotherapy" OR DE "Insight Therapy" OR DE "Integrative Psychotherapy" OR DE "Interpersonal Psychotherapy" OR DE "Life Review" OR DE "Logotherapy" OR DE "Marathon Group Therapy" OR DE "Mirroring" OR DE "Morita Therapy" OR DE "Motivational Interviewing" OR DE "Multisystemic Therapy" OR DE "Mutual Storytelling Technique" OR DE "Narrative Therapy" OR DE "Network Therapy" OR DE "Paradoxical Techniques" OR DE "Persuasion Therapy" OR DE "Play Therapy" OR DE "Posthypnotic Suggestions" OR DE "Primal Therapy" OR DE "Psychoanalysis" OR DE "Psychodrama" OR DE "Psychodynamic Psychotherapy" OR DE "Psychotherapeutic Counseling" OR DE "Psychotherapeutic Techniques" OR DE "Rational Emotive Behavior Therapy" OR DE "Reality Therapy" OR DE "Relationship Therapy" OR DE "Schema Therapy"	248,455

	OR DE "Self-Affirmation" OR DE "Self-Analysis" OR DE "Solution Focused Therapy" OR DE "Strategic Family Therapy" OR DE "Strategic Therapy" OR DE "Structural Family Therapy" OR DE "Supportive Psychotherapy" OR DE "Therapeutic Community" OR DE "Transactional Analysis"	
10.	DE "Aversion Therapy" OR DE "Applied Behavior Analysis" OR DE "Behavior Contracting" OR DE "Behavior Modification" OR DE "Behavior Therapy" OR DE "Biofeedback Training" OR DE "Conversion Therapy" OR DE "Covert Sensitization" OR DE "Dialectical Behavior Therapy" OR DE "Exposure Therapy" OR DE "Imaginal Exposure" OR DE "Implosive Therapy" OR DE "In Vivo Exposure" OR DE "Prolonged Exposure Therapy" OR DE "Reciprocal Inhibition Therapy" OR DE "Response Cost" OR DE "Systematic Desensitization Therapy" OR DE "Virtual Reality Exposure Therapy"	47,188
11.	DE "Cognitive Behavior Therapy" OR DE "Cognitive Processing Therapy" OR DE "Cognitive Restructuring" OR DE "Cognitive Techniques" OR DE "Cognitive Therapy" OR DE "Prolonged Exposure Therapy"	45,347
12.	DE "Psychosocial Rehabilitation" OR DE "Psychosocial Readjustment" OR DE "Therapeutic Social Clubs"	6,747
13.	DE "Counseling" OR DE "Community Counseling" OR DE "Cross Cultural Counseling" OR DE "Grief Counseling" OR DE "Group Counseling" OR DE "Microcounseling" OR DE "Multicultural Counseling" OR DE "Pastoral Counseling" OR DE "Peer Counseling"	42,154
14.	DE "Art Therapy" OR DE "Creative Arts Therapy" OR DE "Cross Cultural Treatment" OR DE "Dance Therapy" OR DE "Horticulture Therapy" OR DE "Meditation" OR DE "Milieu Therapy" OR DE "Mindfulness" OR DE "Mindfulness-Based Interventions" OR DE "Music Therapy" OR DE "Progressive Relaxation Therapy" OR DE "Psychoeducation" OR DE "Recreation Therapy" OR DE "Relaxation Therapy"	45,759
15.	DE "Coping Behavior" OR DE "Coping Style"	53,929
16.	DE "Brief Interventions" OR DE "Debriefing (Psychological)" OR DE "Crisis Intervention" OR DE "Early Intervention" OR DE "Group Intervention"	22,807
17.	DE "Integrated Services" OR DE "Interdisciplinary Treatment Approach" OR DE "Multimodal Treatment Approach"	14,822
18.	DE "Psychological First Aid"	227
19.	DE "Self-Care" OR DE "Self-Help Techniques" OR DE "Self-Instructional Training" OR DE "Self-Management"	16,268
20.	DE "Social Support" OR DE "Support Groups"	69,404
21.	DE "Sociotherapy" OR DE "Strengths-Based Interventions" OR DE "Trauma-Informed Care" OR DE "Video-Based Interventions"	1,230
22.	DE "Computer Assisted Therapy" OR DE "Digital Interventions" OR DE "Online Therapy" OR DE "Teleconsultation" OR DE "Telemedicine" OR DE "Telepsychiatry" OR DE "Telepsychology"	15,016
23.	DE "Yoga"	2,533
24.	TI (((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) N3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR colo#r OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) N3 (program* OR intervention* OR therap* OR treatment*)) OR (attention N3 modification) OR "attention training" OR ((behavio* OR cognitive) N3 (activat* OR approach* OR component# OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) N3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) N3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR person-centered OR present-centred OR present-centered) N3 (intervention* OR therap* OR treatment*)) OR ((non-direct* OR nondirect* OR "solution focus*") N3 (intervention* OR therap* OR treatment*)) OR "cognitive behavio*" OR "combined modality therapy" OR ((coping OR resilience) N3 (intervention* OR therap* OR treatment*)) OR coun?eling OR coun?elling OR ((couple* OR family OR group OR systemic*) N3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis W1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical	878,933

behavio* OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensitization" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psychosocial) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*)) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational N3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) N3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)) OR ((self-administered OR selfadministered) N3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)) OR self-management OR (short-term W1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing" OR "structured approach therapy" OR (support N3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR (("trauma focused" OR "trauma informed") N3 (care OR intervention* OR therap* OR treatment*)) OR "trauma processing" OR "validation therapy" OR (written N2 (disclosure OR exposure)) OR yoga) OR AB (((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) N3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR color OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) N3 (program* OR intervention* OR therap* OR treatment*)) OR (attention N3 modification) OR "attention training" OR ((behavio* OR cognitive) N3 (activat* OR approach* OR component# OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) N3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) N3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR person-centered OR present-centred OR present-centered) N3 (intervention* OR therap* OR treatment*)) OR ((non-direct* OR nondirect* OR "solution focus*") N3 (intervention* OR therap* OR treatment*)) OR "cognitive behavio*" OR "combined modality therapy" OR ((coping OR resilience) N3 (intervention* OR therap* OR treatment*)) OR coun?elling OR coun?elling OR ((couple* OR family OR group OR systemic*) N3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis W1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensitization" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR

neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psychosocial) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*)) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational N3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) N3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)) OR ((self-administered OR selfadministered) N3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)) OR self-management OR (short-term W1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing" OR "structured approach therapy" OR (support N3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR (("trauma focused" OR "trauma informed") N3 (care OR intervention* OR therap* OR treatment*)) OR "trauma processing" OR "validation therapy" OR (written N2 (disclosure OR exposure)) OR yoga) OR KW (((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) N3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR color* OR creative* OR dance OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) N3 (program* OR intervention* OR therap* OR treatment*)) OR (attention N3 modification) OR "attention training" OR ((behavio* OR cognitive) N3 (activat* OR approach* OR component# OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) N3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) N3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR person-centered OR present-centred OR present-centered) N3 (intervention* OR therap* OR treatment*)) OR ((non-direct* OR nondirect* OR "solution focus*") N3 (intervention* OR therap* OR treatment*)) OR "cognitive behavio*" OR "combined modality therapy" OR ((coping OR resilience) N3 (intervention* OR therap* OR treatment*)) OR coun?eling OR coun?elling OR ((couple* OR family OR group OR systemic*) N3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis W1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensiti#ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psychosocial) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*)) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational N3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) N3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)) OR ((self-administered OR selfadministered) N3 (guided

	OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*) OR self-management OR (short-term W1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing" OR "structured approach therapy" OR (support N3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR ("trauma focused" OR "trauma informed") N3 (care OR intervention* OR therap* OR treatment*) OR "trauma processing" OR "validation therapy" OR (written N2 (disclosure OR exposure)) OR yoga)	
25.	TI (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*) OR AB (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*) OR KW (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*)	8,241
26.	<i>S9 OR S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25</i>	<i>1,014,860</i>
Study types: randomised controlled trials		
27.	TX((randomi?ed) N3 (study OR trial OR design OR method* OR test* OR assessment)) OR TX((random*) N3 (assign* or alloca*)) OR TX((singl* OR doubl* OR tripl* OR trebl*) N3 (blind* OR dumm* OR mask*)) OR TX(clinical W2 trial*) OR TX((singl* OR doubl* OR treb* OR tripl*) W2 (blind* OR mask*)) OR TX(placeholder*) OR TX(randomly allocated) OR TX(allocated N2 random*) OR AB(randomi?ed N6 n=) OR TI(controlled W3 trial*) OR AB(controlled W3 trial*)	212,098
Study types: systematic reviews and meta-analyses		
28.	((DE "Meta Analysis" OR DE "Systematic Review" OR KW "health technology assessment" OR KW "Meta-analysis" OR KW "Systematic review" OR MA "Meta-Analysis" OR MA "Systematic Review" OR MA "Technology Assessment, Biomedical" OR MR "Meta Analysis" OR MR "Systematic Review") OR (TI (systematic* N3 review*)) OR (AB (systematic* N3 review*)) OR (TI (systematic* N3 bibliographic*)) OR (AB (systematic* N3 bibliographic*)) OR (TI (systematic* N3 literature)) OR (AB (systematic* N3 literature)) OR (TI (comprehensive* N3 literature)) OR (AB (comprehensive* N3 literature)) OR (TI (comprehensive* N3 bibliographic*)) OR (AB (comprehensive* N3 bibliographic*)) OR (TI (integrative N3 review)) OR (AB (integrative N3 review)) OR (TI (meta-analy* OR metaanaly*)) OR (AB (meta-analy* OR metaanaly*)) OR (TI (information N2 synthesis)) OR (TI (data N2 synthesis)) OR (AB (information N2 synthesis)) OR (AB (data N2 synthesis)) OR (TI (data N2 extract*)) OR (AB (data N2 extract*)) OR (TI (medline OR pubmed OR psyclit OR cinahl OR (psycinfo not "psycinfo database")) OR "web of science" OR scopus OR embase)) OR (AB (medline OR pubmed OR psyclit OR cinahl OR (psycinfo not "psycinfo database")) OR "web of science" OR scopus OR embase)) OR TI ("Systematic overview*" OR "systemic review*" OR "scoping review" OR "scoping literature review" OR "mapping review" OR "Umbrella review*" OR ("review of reviews" OR "overview of reviews") OR meta-review OR ("integrative overview" OR meta-synthesis OR metasynthesis OR "quantitative review" OR "quantitative synthesis" OR meta-ethnography OR "research synthesis") OR "Systematic literature search" OR "Systematic literature research" OR "evidence-based review" OR "evidence synthesis") OR TI ("research overview*" OR "collaborative review*" OR	118,436

"collaborative overview*" OR "technology assessment*" OR "technology overview*" OR "technology appraisal*" OR hta OR htas OR "methodological overview*" OR "methodologic overview*" OR "methodological review*" OR "methodologic review*" OR "quantitative overview*") OR AB ("research overview*" OR "collaborative review*" OR "collaborative overview*" OR "technology assessment*" OR "technology overview*" OR "technology appraisal*" OR hta OR htas OR "methodological overview*" OR "methodologic overview*" OR "methodological review*" OR "methodologic review*" OR "quantitative overview*") NOT (DE "Case Report")

Combined sets

29.	<i>S8 AND S26 AND (S27 OR S28)</i>	314
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Final result

30.	S8 AND S26 AND (S27 OR S28)	300
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Limiters - Language: Danish, English, Norwegian, Swedish

The final search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract; **AU** = Author; **DE** = Term from the thesaurus; **KW** (Available in Academic Search Premiere / SocINDEX / PsycInfo) = Author keyword; **MH** = Exact Subject Heading from CINAHL Subject Headings; **MM** = Major Concept; **SU** = Searches for a part of or an entire subject heading; **TI** = Title; **TX** = All Text. Performs a keyword search of all the database's searchable fields; **ZC** = Methodology Index; * = Truncation; " " = Citation Marks; searches for an exact phrase; # = replaces one or no letters; ? = replaces one letter; **N** = Near Operator (N) finds the words if they are a maximum of x words apart from one another, regardless of the order in which they appear.; **W** = Within Operator (W) finds the words if they are within x words of one another, in the order in which you entered them

PTSDpubs via Proquest 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. TIABSU(cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE)	421
2. MAINSUBJECT.EXACT("Complex PTSD")	785
3. TIABSU(complex)	2,962
4. MAINSUBJECT.EXACT("PTSD") OR MAINSUBJECT.EXACT("PTSD (DSM-III-R)") OR MAINSUBJECT.EXACT("PTSD (DSM-III)") OR MAINSUBJECT.EXACT("PTSD (DSM-IV)") OR MAINSUBJECT.EXACT("PTSD (DSM-5)") OR MAINSUBJECT.EXACT("PTSD (ICD-11)") OR MAINSUBJECT.EXACT("PTSD (ICD-10)") OR MAINSUBJECT.EXACT("PTSD (ICD-9)") OR MAINSUBJECT.EXACT("Acute Stress Disorder") OR MAINSUBJECT.EXACT.EXPLODE("Traumatic Neuroses")	43,613
5. TIABSU("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N/3 (avoidance OR emotion* OR event* OR grief OR horror OR memor* OR flashback* OR nightmare* OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati*ed P/1 (victim* OR survivor*)) OR "stress disorder*" OR "war neuros*")	50,104
6. 4 OR 5	50,297
7. TIABSU("affect regulation" OR "affect dysregulation" OR (disturb* N/3 self*) OR "negative self-concept" OR (disturb* N/3 relationship*))	353
8. (1 OR 2) OR (3 AND 6) OR (6 AND 7)	2,793
Intervention: Psychological treatments	
9. TIABSU(therap* OR program* OR intervention* OR treatment* OR train* OR "attention modification" OR "attention training" OR ((behavio* OR cognitive) NEAR/3 (activat* OR approach* OR component* OR contracting OR defusion OR guidance OR management OR modif* OR rehab* OR restructur* OR technique*)) OR CBT OR "cognitive behavio*" OR "combined modality therapy" OR coun*eling OR coun*elling OR "crisis care" OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "emotional freedom technique*" OR "eye movement desensiti*ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery AND (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR mindfulness OR "minimal therapist support" OR "motivational interviewing" OR neurofeedback OR neuro-feedback OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR relaxation OR "role play" OR self-care OR selfcare OR self-change OR self-help OR selfhelp OR self-management OR "social acknowledgement" OR "somatic experiencing" OR "community support" OR "family support" OR "group support" OR "psychosocial support" OR "psycho-social support" OR "social support" OR "supportive service*" OR "supportive talk*" OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "trauma focused care" OR "trauma informed care" OR "trauma processing" OR written disclosure OR written exposure OR yoga)	38,624
10. TIABSU(cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*)	257
11. 9 OR 10	38,641
Study types: randomised controlled trials and other trials	
12. TIABSU((randomised OR randomized) N/3 (study OR trial OR design OR method* OR test* OR assessment)) OR TIABSU((random*) N/3 (assign* OR alloca*)) OR TIABSU((singl* OR doubl* OR tripl* OR trebl*) N/3 (blind* OR dumm* OR mask*)) OR TIABSU(clinical P/2 trial*) OR TIABSU((singl* OR doubl* OR treb* OR tripl*) P/2 (blind* OR mask*)) OR TIABSU(placebo*) OR	3,984

TIABSU(randomly allocated) OR TIABSU(allocated N/2 random*) OR AB((randomised OR randomized) N/6 "n=") OR TI(controlled P/3 trial*) OR AB(controlled P/3 trial*)

Study types: systematic reviews and meta-analyses		
13.	SU("Systematic review") OR SU("Meta-analysis") OR TI((systematic N/3 review) OR "meta analys*" OR metaanalys*) OR AB((systematic N/3 review) OR "meta analys*" OR metaanalys*)	1,830
Combined sets		
14.	8 AND 11 AND (12 OR 13)	214
Final result		
15.	8 AND 11 AND (12 OR 13)	210
Limits applied: English⁴		

The final search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract; **AF** = Author affiliation; **All** = Performs a keyword search in most of the database's searchable fields, except full text; **AU** = Author; **MAINSUBJECT.EXACT** = Term from the thesaurus, does not include terms found below this term in the hierarchy; **MAINSUBJECT.EXACT.EXPLODE** = Term from the thesaurus, including terms found below this term in the hierarchy; **SU** = Subjects; **TI** = Title; ; **NEAR/n or N/n** = Requests terms that are within 'n' words of each other in either direction; **PRE/n or P/n** = Requests terms that are within 'n' words of each other in the order specified; * = Truncation; " " = Citation Marks; searches for an exact phrase; ? = Wildcard, used to replace any single character either inside or at the right end of a word

⁴ No articles were available in Danish, Norwegian or Swedish

Scopus via Elsevier 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. TITLE-ABS-KEY(cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE)	591
2. TITLE-ABS-KEY(complex)	4,705,151
3. TITLE-ABS-KEY("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* W/3 (avoidance OR emotion* OR event* OR grief OR horror OR memor* OR flashback* OR nightmare* OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati*ed PRE/1 (victim* OR survivor*)) OR "stress disorder*" OR "war neuros*")	178,832
4. 2 AND 3	10,199
5. TITLE-ABS-KEY("affect regulation" OR "affect dysregulation" OR (disturb* N/3 self*) OR "negative self-concept" OR (disturb* N/3 relationship*))	4,747
6. 3 AND 5	352
7. 1 OR 4 OR 6	10,596
Intervention: Psychological treatments	
8. TITLE-ABS-KEY(((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) W/3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR color OR colour OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) W/3 (program* OR intervention* OR therap* OR treatment*)) OR (attention W/3 modification) OR "attention training" OR ((behavio* OR cognitive) W/3 (activat* OR approach* OR component* OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) W/3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) W/3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR person-centered OR present-centred OR present-centered) W/3 (intervention* OR therap* OR treatment*)) OR ((non-direct* OR nondirect* OR "solution focus*") W/3 (intervention* OR therap* OR treatment*)) OR "cognitive behavio*" OR "combined modality therapy" OR ((coping OR resilience) W/3 (intervention* OR therap* OR treatment*)) OR coun*eling OR coun*elling OR ((couple* OR family OR group OR systemic*) W/3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis PRE/1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) PRE/1 therap*) OR "eye movement desensiti*ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery W/2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) W/3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) W/3 (intervention* OR therap* OR treatment*)) OR (network PRE/1 (intervention OR therap* OR treatment*)) OR neurofeedback OR ("problem oriented" PRE/1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psychosocial) W/3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*)) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational W/3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) W/3 (administered	3,182,511

	OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*) OR ((self-administered OR selfadministered) W/3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)) OR self-management OR (short-term PRE/1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing" OR "structured approach therapy" OR (support W/3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W/1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR (("trauma focused" OR "trauma informed") W/3 (care OR intervention* OR therap* OR treatment*)) OR "trauma processing" OR "validation therapy" OR (written W/2 (disclosure OR exposure)) OR yoga)	
9.	TITLE-ABS-KEY(cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counseling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR telepsychiatry OR Deprexis OR Interapy OR WeChat*)	68,210
10.	8 OR 9	3,234,956
Study types: randomised controlled trials and other trials		
11.	INDEXTERMS ("clinical trials" OR "clinical trials as a topic" OR "randomized controlled trial" OR "Randomized Controlled Trials as Topic" OR "controlled clinical trial" OR "Controlled Clinical Trials" OR "random allocation" OR "Double-Blind Method" OR "Single-Blind Method" OR "Cross-Over Studies" OR "Placebos" OR "multicenter study" OR "double blind procedure" OR "single blind procedure" OR "crossover procedure" OR "clinical trial" OR "controlled study" OR "randomization" OR "placebo") OR TITLE-ABS-KEY ("clinical trials" OR "randomized controlled trial" OR "randomized controlled trials" OR "controlled clinical trial" OR "controlled clinical trials" OR "random allocation" OR "randomly allocated" OR "allocated randomly" OR "Double-Blind Method" OR "single-blind method" OR "cross-over studies" OR placebo* OR "cross-over trial" OR "single blind" OR "double blind" OR "factorial design" OR "factorial trial") OR TITLE (trial* OR rct OR randomised* OR randomized*)	9,099,393
Study types: systematic reviews and meta-analyses		
12.	(INDEXTERMS ("systematic review" OR "meta analysis" OR "biomedical technology assessment" OR "network meta-analysis" OR "technology assessment, biomedical" OR "systematic reviews as topic")) OR (KEY ("systematic review" OR "meta analysis" OR "health technology assessment")) OR (TITLE-ABS ((systematic* W/3 review*) OR (systematic* W/3 bibliographic*) OR (systematic* W/3 literature) OR (comprehensive* W/3 literature) OR (comprehensive* W/3 bibliographic*) OR (integrative W/3 review) OR meta-analy* OR metaanaly* OR (information W/2 synthesis) OR (data W/2 synthesis) OR (data W/2 extract*) OR medline OR pubmed OR psyclit OR cinahl OR psycinfo OR "web of science" OR scopus OR embase)) OR (TITLE ("systematic overview*" OR "systemic review*" OR "scoping review" OR "scoping literature review" OR "mapping review" OR "umbrella review*" OR ("review of reviews" OR "overview of reviews") OR meta-review OR ("integrative overview" OR meta-synthesis OR metasynthesis OR "quantitative review" OR "quantitative synthesis" OR meta-ethnography OR "research synthesis") OR "Systematic literature search" OR "Systematic literature research" OR "evidence-based review" OR "evidence synthesis")) OR (TITLE-ABS ("research overview*" OR "collaborative review*" OR "collaborative overview*" OR "technology assessment*" OR "technology overview*" OR "technology appraisal*" OR hta OR htas OR "methodological overview*" OR "methodologic overview*" OR "methodological review*" OR "methodologic review*" OR "quantitative overview*")) AND (EXCLUDE (DOCTYPE , "le") OR EXCLUDE (DOCTYPE , "ed"))	1,011,925
Combined sets		
13.	7 AND 10	2,953
14.	11 OR 12	9,642,034
15.	13 AND 14	798

Final result

16. 13 AND 14

757

LIMIT-TO (LANGUAGE , "English")⁵

The final search result, usually found at the end of the documentation, forms the list of abstracts.

TITLE-ABS-KEY = Title or abstract or keywords; **ALL** = All fields; **PRE/n** = "precedes by". The first term in the search must precede the second by a specified number of terms (n).; **W/n** = "Within". The terms in the search must be within a specified number of terms (n) in any order.; * = Truncation; " " = Citation Marks; searches for a phrase; ? = replaces one letter; **LIMIT-TO (SRCTYPE, "j"** = Limit to source type journal; **LIMIT-TO (DOCTYPE, "ar"** = Limit to document type article; **LIMIT-TO (DOCTYPE, "re"** = Limit to document type review

⁵ No articles were available in Danish, Norwegian or Swedish

Social Services Abstracts/Sociological Abstracts via Proquest 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. TIABSU(cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE)	67
2. TIABSU(complex)	155,502
3. MAINSUBJECT.EXACT("Posttraumatic Stress Disorder")	2,843
4. TIABSU("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N/3 (avoidance OR emotion* OR event* OR grief OR horror OR memor* OR flashback* OR nightmare* OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumati*ed P/1 (victim* OR survivor*)) OR "stress disorder*" OR "war neuros*")	13,061
5. 3 OR 4	13,061
6. TIABSU("affect regulation" OR "affect dysregulation" OR (disturb* N/3 self*) OR "negative self-concept" OR (disturb* N/3 relationship*))	681
7. 1 OR (2 AND 5) OR (5 AND 6)	866
Intervention: Psychological treatments	
8. TIABSU(therap* OR program* OR intervention* OR treatment* OR train* OR "attention modification" OR "attention training" OR ((behavio* OR cognitive) NEAR/3 (activat* OR approach* OR component* OR contracting OR defusion OR guidance OR management OR modif* OR rehab* OR restructur* OR technique*)) OR CBT OR "cognitive behavio*" OR "combined modality therapy" OR coun*eling OR coun*elling OR "crisis care" OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "emotional freedom technique*" OR "eye movement desensiti*ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery AND (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR mindfulness OR "minimal therapist support" OR "motivational interviewing" OR neurofeedback OR neuro-feedback OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR relaxation OR "role play" OR self-care OR selfcare OR self-change OR self-help OR selfhelp OR self-management OR "social acknowledgement" OR "somatic experiencing" OR "community support" OR "family support" OR "group support" OR "psychosocial support" OR "psycho-social support" OR "social support" OR "supportive service*" OR "supportive talk*" OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "trauma focused care" OR "trauma informed care" OR "trauma processing" OR written disclosure OR written exposure OR yoga)	494,258
9. TIABSU(cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*)	1,362
10. 8 OR 9	494,751
Study types: randomised controlled trials and other trials	
11. TIABSU((randomised OR randomized) N/3 (study OR trial OR design OR method* OR test* OR assessment)) OR TIABSU((random*) N/3 (assign* or alloca*)) OR TIABSU((singl* OR doubl* OR tripl* OR trebl*) N/3 (blind* OR dumm* OR mask*)) OR TIABSU(clinical P/2 trial*) OR TIABSU((singl* OR doubl* OR treb* OR tripl*) P/2 (blind* OR mask*)) OR TIABSU(placebo*) OR TIABSU(randomly allocated) OR TIABSU(allocated N/2 random*) OR AB((randomised OR randomized) N/6 "n=") OR TI(controlled P/3 trial*) OR AB(controlled P/3 trial*)	15,315
Study types: systematic reviews and meta-analyses	
12. SU("Systematic review") OR SU("Meta-analysis") OR SU.EXACT("Literature Reviews") OR SU.EXACT("Bibliographies") OR TI((systematic N/3 review) OR "meta analys*" OR metaanalys*) OR AB((systematic N/3 review) OR "meta analys*" OR metaanalys*)	17,392

Combined sets		
13.	<i>7 AND 10 AND (11 OR 12)</i>	44
Final result		
14.	7 AND 10 AND (11 OR 12)	44
Limits applied: English⁶		

The final search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract; **AF** = Author affiliation; **All** = Performs a keyword search in most of the database's searchable fields, except full text; **AU** = Author; **MAINSUBJECT.EXACT** = Term from the thesaurus, does not include terms found below this term in the hierarchy; **MAINSUBJECT.EXACT.EXPLODE** = Term from the thesaurus, including terms found below this term in the hierarchy; **SU** = Subjects; **TI** = Title; ; **NEAR/n or N/n** = Requests terms that are within 'n' words of each other in either direction; **PRE/n or P/n** = Requests terms that are within 'n' words of each other in the order specified; * = Truncation; " " = Citation Marks; searches for an exact phrase; ? = Wildcard, used to replace any single character either inside or at the right end of a word

⁶ No articles were available in Danish, Norwegian or Swedish

SocINDEX via EBSCO 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. TI (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE) OR AB (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE) OR KW (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE)	110
2. TI complex OR AB complex OR KW complex	55,869
3. DE "ACUTE stress disorder" OR DE "POST-traumatic stress" OR DE "POST-traumatic stress disorder"	6,848
4. TI ("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumatized W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*") OR AB ("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumatized W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*") OR KW ("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR (trauma* N3 (avoidance OR emotion* OR event# OR grief OR horror OR memor* OR flashback* OR nightmare# OR "night mare*")) OR "traumatic neuros*" OR "traumatic stress*" OR (traumatized W1 (victim# OR survivor#)) OR "stress disorder*" OR "war neuros*")	13,895
5. S3 OR S4	14,541
6. TI ("affect regulation" OR "affect dysregulation" OR (disturb* N3 self*) OR "negative self-concept" OR (disturb* N3 relationship*)) OR AB ("affect regulation" OR "affect dysregulation" OR (disturb* N3 self*) OR "negative self-concept" OR (disturb* N3 relationship*)) OR KW ("affect regulation" OR "affect dysregulation" OR (disturb* N3 self*) OR "negative self-concept" OR (disturb* N3 relationship*))	771
7. S1 OR (S2 AND S5) OR (S5 AND S6)	738
Intervention: Psychological treatments	
8. DE "PSYCHOTHERAPY" OR DE "ADOLESCENT psychotherapy" OR DE "ASSERTIVENESS training" OR DE "BEHAVIOR modification" OR DE "BEHAVIOR therapy" OR DE "CHILD psychotherapy" OR DE "COGNITIVE therapy" OR DE "CONJOINT therapy" OR DE "COUNSELING" OR DE "COUNSELING of children" OR DE "COUPLES counseling" OR DE "COUPLES therapy" OR DE "CROSS-cultural counseling" OR DE "EMOTION-focused therapy" OR DE "EXPOSURE therapy" OR DE "FAMILY counseling" OR DE "FAMILY psychotherapy" OR DE "FAMILY support" OR DE "GROUP counseling" OR DE "GROUP psychotherapy" OR DE "HEALTH self-care" OR DE "HYPNOTHERAPY" OR DE "INTERPERSONAL & social rhythm therapy" OR DE "MEDITATION" OR DE "MINDFULNESS" OR DE "MOTIVATIONAL interviewing" OR DE "NATURE therapy" OR DE "PSYCHOANALYSIS" OR DE "REALITY therapy" OR DE "RECREATIONAL therapy" OR DE "RELATIONAL-cultural therapy" OR DE "SELF-help techniques" OR DE "SELF-management (Psychology)" OR DE "SOCIAL support" OR DE "SUPPORT groups" OR DE "TELEPSYCHIATRY" OR DE "TRANSCENDENTAL Meditation"	70,945
9. TI (((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) N3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR color OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) N3 (program* OR intervention* OR therap* OR treatment*)) OR (attention N3 modification) OR "attention training" OR ((behavior* OR cognitive) N3 (activat* OR approach* OR component# OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) N3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) N3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR	178,146

person-centered OR present-centred OR present-centered) N3 (intervention* OR therap* OR treatment*) OR ((non-direct* OR nondirect* OR "solution focus*") N3 (intervention* OR therap* OR treatment*)) OR "cognitive behavio*" OR "combined modality therapy" OR ((coping OR resilience) N3 (intervention* OR therap* OR treatment*)) OR coun?eling OR coun?elling OR ((couple* OR family OR group OR systemic*) N3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis W1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensiti#ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psychosocial) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*)) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational N3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) N3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)) OR ((self-administered OR selfadministered) N3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)) OR self-management OR (short-term W1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing" OR "structured approach therapy" OR (support N3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR ("trauma focused" OR "trauma informed") N3 (care OR intervention* OR therap* OR treatment*)) OR "trauma processing" OR "validation therapy" OR (written N2 (disclosure OR exposure)) OR yoga) OR AB (((abreaction OR "brain training" OR desensitization OR exposure OR implosive OR narrative) N3 therap*) OR "acceptance and commitment therapy" OR ((animal* OR art OR colø#r OR creative* OR dance OR dancing OR drama OR equine OR experiential OR music OR narrative OR play* OR sensory OR singing) N3 (program* OR intervention* OR therap* OR treatment*)) OR (attention N3 modification) OR "attention training" OR ((behavio* OR cognitive) N3 (activat* OR approach* OR component# OR contracting OR defusion OR guidance OR intervention* OR management OR modif* OR program* OR rehab* OR restructur* OR technique* OR therap* OR train* OR treatment*)) OR ((biofeedback OR feedback OR imagery) N3 (intervention* OR therap* OR train* OR treatment*)) OR ((brief OR combination OR "compass* focus*" OR integrated OR integrative OR time-limited) N3 (intervention* OR therap* OR treatment*)) OR CBT OR ((client-centred OR client-centered OR client-focus* OR individual OR individualised OR individualized OR person-centred OR person-centered OR present-centred OR present-centered) N3 (intervention* OR therap* OR treatment*)) OR ((non-direct* OR nondirect* OR "solution focus*") N3 (intervention* OR therap* OR treatment*)) OR "cognitive behavio*" OR "combined modality therapy" OR ((coping OR resilience) N3 (intervention* OR therap* OR treatment*)) OR coun?eling OR coun?elling OR ((couple* OR family OR group OR systemic*) N3 (program* OR intervention* OR therap* OR treatment*)) OR (crisis W1 (care OR intervention* OR therap* OR treatment)) OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "early intervention*" OR "emotional freedom technique*" OR ((existential OR gestalt OR humanistic OR interpersonal OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensiti#ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR

rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psychosocial) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR 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OR milieu OR residential OR socioenvironmental OR socio-environmental) W1 therap*) OR "eye movement desensiti#ation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery N2 (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR "memory specificity training" OR "mental training" OR "metacognitive therapy" OR mindfulness OR "mind training" OR "minimal therapist support" OR ((modular OR multicomponent OR multi-component OR multimodal* OR multi-modal* OR multimodular OR multi-modular OR phase-based) N3 (approach* OR program* OR intervention* OR therap* OR treatment*)) OR "motivational interviewing" OR ((multisystemic OR multi-systemic) N3 (intervention* OR therap* OR treatment*)) OR (network W1 (intervention OR therap* OR treatment*)) OR neurofeedback OR neuro-feedback OR ("problem oriented" W1 (approach* OR intervention* OR therap* OR treatment*)) OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR ((psychodrama OR psycho-drama* OR psychodynamic OR "psycho dynamic" OR psychological OR psychosocial OR psycho-

	social) N3 (intervention* OR program* OR rehab* OR technique* OR therap* OR train* OR treatment*) OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR (relational N3 (intervention* OR psychoanaly* OR psycho-analy* OR psychotherap* OR "psycho therap*" OR therap* OR treatment*)) OR relaxation OR "role play" OR ((self-care OR selfcare OR self-change OR self-help OR selfhelp) N3 (administered OR guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR tool* OR treatment*)) OR ((self-administered OR selfadministered) N3 (guided OR instruct* OR intervention* OR program* OR strateg* OR supervised OR therap* OR treatment*)) OR self-management OR (short-term W1 (intervention* OR therap* OR treatment*)) OR "skill* training" OR "social acknowledgement" OR "somatic experiencing" OR "structured approach therapy" OR (support N3 (community OR family OR group* OR psychosocial OR psycho-social OR social)) OR (supportive W1 (intervention* OR service* OR talk*)) OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "thought field therapy" OR (("trauma focused" OR "trauma informed") N3 (care OR intervention* OR therap* OR treatment*)) OR "trauma processing" OR "validation therapy" OR (written N2 (disclosure OR exposure)) OR yoga)	
10.	TI (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*) OR AB (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*) OR KW (cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*)	797
11.	S8 OR S9 OR S10	196,151
Study types: randomised controlled trials		
12.	DE "BLIND experiment" OR DE "MEDICAL research" OR DE "CLINICAL trials" OR DE "RANDOMIZED controlled trials" OR DE "QUANTITATIVE research" OR DE "PLACEBOS" OR DE "OUTCOME assessment (Social services)"	13,661
13.	TX((randomi?ed) N3 (study or trial or design or method* or test* or assessment)) or TX((random*) N3 (assign* or alloca*)) or TX((singl* or doubl* or tripl* or trebl*) N3 (blind* or dumm* or mask*)) or TX(clinical W2 trial*) or TX((singl* or doubl* or treb* or tripl*) W2 (blind* or mask*)) or TX(placebo*) or TX(randomly allocated) or TX(allocated N2 random*) or AB(randomi?ed N6 n=) or TI(controlled W3 trial*) or AB(controlled W3 trial*)	69,241
14.	S11 OR S12	75,477
Study types: systematic reviews and meta-analyses		
15.	(DE ("Systematic review*" OR "Meta-analy*" OR "Health Technology Assessment*") OR KW ("Systematic review*" OR "Meta-analy*" OR "Health Technology Assessment*") OR (TI (systematic* N3 review*)) OR (AB (systematic* N3 review*)) OR (TI (systematic* N3 bibliographic*)) OR (AB (systematic* N3 bibliographic*)) OR (TI (systematic* N3 literature)) OR (AB (systematic* N3 literature)) OR (TI (comprehensive* N3 literature)) OR (AB (comprehensive* N3 literature)) OR (TI (comprehensive* N3 bibliographic*)) OR (AB (comprehensive* N3 bibliographic*)) OR (TI (integrative N3 review)) OR (AB (integrative N3 review)) OR (TI (meta-analy* OR metaanaly*)) OR (AB (meta-analy* OR metaanaly*)) OR (TI (information N2 synthesis)) OR (TI (data N2 synthesis)) OR (AB (information N2 synthesis)) OR (AB (data N2 synthesis)) OR (TI (data N2 extract*)) OR (AB (data N2 extract*)) OR (TI (medline OR pubmed OR psyclit OR cinahl OR (psycinfo not "psycinfo database") OR "web	16,833

of science" OR scopus OR embase)) OR (AB (medline OR pubmed OR psyclit OR cinahl OR (psycinfo not "psycinfo database") OR "web of science" OR scopus OR embase)) OR TI ("systematic overview*" OR "systemic review*" OR "scoping review" OR "scoping literature review" OR "mapping review" OR "umbrella review*" OR ("review of reviews" OR "overview of reviews") OR meta-review OR ("integrative overview" OR meta-synthesis OR metasynthesis OR "quantitative review" OR "quantitative synthesis" OR meta-ethnography OR "research synthesis") OR "systematic literature search" OR "systematic literature research" OR "evidence-based review" OR "evidence synthesis") OR TI ("research overview*" OR "collaborative review*" OR "collaborative overview*" OR "technology assessment*" OR "technology overview*" OR "technology appraisal*" OR hta OR htas OR "methodological overview*" OR "methodologic overview*" OR "methodological review*" OR "methodologic review*" OR "quantitative overview*" OR "quantitative synthesis") OR AB ("research overview*" OR "collaborative review*" OR "collaborative overview*" OR "technology assessment*" OR "technology overview*" OR "technology appraisal*" OR hta OR htas OR "methodological overview*" OR "methodologic overview*" OR "methodological review*" OR "methodologic review*" OR "quantitative overview*" OR "quantitative synthesis")) NOT (DE "CASE-control method" OR ZT "commentary" OR ZT "editorial" OR ZT "letter" OR ZT "letter to the editor")

Combined sets

16.	<i>S7 AND S11 AND (S14 OR S15)</i>	72
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Final result

17.	S7 AND S11 AND (S14 OR S15)	70
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Limiters - Language: Danish, English, Norwegian, Swedish

The final search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract; **AU** = Author; **DE** = Term from the thesaurus; **KW** (Available in Academic Search Premiere / SocINDEX / Psycinfo) = Author keyword; **MH** = Exact Subject Heading from CINAHL Subject Headings; **MM** = Major Concept; **SU** = Searches for a part of or an entire subject heading; **TI** = Title; **TX** = All Text. Performs a keyword search of all the database's searchable fields; **ZC** = Methodology Index; * = Truncation; " " = Citation Marks; searches for an exact phrase; # = replaces one or no letters; ? = replaces one letter; **N** = Near Operator (N) finds the words if they are a maximum of x words apart from one another, regardless of the order in which they appear.; **W** = Within Operator (W) finds the words if they are within x words of one another, in the order in which you entered them

Campbell Library 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. cptsd	0
2. c-ptsd	0
3. DESNOS	0
4. "disorders of extreme stress"	0
5. "enduring personality change after catastrophic experience"	0
6. EPCACE	0
7. post-traumatic stress disorder	6
<i>Limited to systematic reviews</i>	
8. posttraumatic stress disorder	1
<i>Limited to systematic reviews</i>	
9. PTSD	7
<i>Limited to systematic reviews</i>	

Results from all search rows were included in the final search result, 7 references after deduplication.

Epistemonikos 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. (title:(cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE) OR abstract:(cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE))	36
2. (title:(complex OR "affect regulation" OR "affect dysregulation" OR "disturbances in self*" OR "negative self-concept" OR "disturbances in relationship*") OR abstract:(complex OR "affect regulation" OR "affect dysregulation" OR "disturbances in self*" OR "negative self-concept" OR "disturbances in relationship*"))	65,989
3. (title:(("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psychological trauma" OR PTSD OR "traumatic neuros*" OR "traumatic stress*" OR "traumatized victim*" OR "traumatized survivor*" OR "traumatised victim*" OR "traumatised survivor*" OR "stress disorder*" OR "war neuros*") OR abstract:(("acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psychological trauma" OR PTSD OR "traumatic neuros*" OR "traumatic stress*" OR "traumatized victim*" OR "traumatized survivor*" OR "traumatised victim*" OR "traumatised survivor*" OR "stress disorder*" OR "war neuros*"))	14,034
4. 2 AND 3	495
5. 1 OR 4	500
Final result	
6. 1 OR 4	162
Limit to Publication type: Systematic Review	

The final search result, usually found at the end of the documentation, forms the list of abstracts.

International HTA Database 24 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: XX	
1. (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE)[Title] OR (cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE)[abs]	27
2. (complex OR "affect regulation" OR "affect dysregulation" OR "disturbances in self-organization" OR "disturbances in self-organisation" OR "negative self-concept" OR "disturbances in relationships")[Title] OR (complex OR "affect regulation" OR "affect dysregulation" OR "disturbances in self-organization" OR "disturbances in self-organisation" OR "negative self-concept" OR "disturbances in relationships")[abs]	403
3. "Combat Disorders"[mh] OR "Psychological Trauma"[mh] OR "Stress Disorders, Post-Traumatic"[mh] OR "Stress Disorders, Traumatic"[mh] OR "Stress Disorders, Traumatic, Acute"[mh] OR "Trauma and Stressor Related Disorders"[mh]	46
4. ("acute stress" OR "combat disorder" OR "combat disorders" OR posttrauma OR post-trauma OR posttraumatic OR post-traumatic OR "psychological trauma" OR PTSD OR "traumatic neurosis" OR "traumatic neuroses" OR "traumatic stress" OR "traumatized victim" OR "traumatized victims" OR "traumatized survivor" OR "traumatized survivors" OR "traumatised victim" OR "traumatised victims" OR "traumatised survivor" OR "traumatised survivors" OR "stress disorder" OR "stress disorders" OR "war neurosis" OR "war neuroses")[Title] OR ("acute stress" OR "combat disorder" OR "combat disorders" OR posttrauma OR post-trauma OR posttraumatic OR post-traumatic OR "psychological trauma" OR PTSD OR "traumatic neurosis" OR "traumatic neuroses" OR "traumatic stress" OR "traumatized victim" OR "traumatized victims" OR "traumatized survivor" OR "traumatized survivors" OR "traumatised victim" OR "traumatised victims" OR "traumatised survivor" OR "traumatised survivors" OR "stress disorder" OR "stress disorders" OR "war neurosis" OR "war neuroses")[abs]	61
5. #3 OR #4	72
6. #2 AND #5	3
Final result	
7. #1 OR #6	29

The final search result, usually found at the end of the documentation, forms the list of abstracts.

PROSPERO 26 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. cptsd OR c-ptsd OR DESNOS OR "disorders of extreme stress" OR "enduring personality change after catastrophic experience" OR EPCACE	55
2. Complex	8003
3. MeSH DESCRIPTOR Combat Disorders	9
4. MeSH DESCRIPTOR Psychological Trauma	47
5. MeSH DESCRIPTOR Stress Disorders, Post-Traumatic	551
6. MeSH DESCRIPTOR Stress Disorders, Traumatic	11
7. MeSH DESCRIPTOR Stress Disorders, Traumatic, Acute	9
8. MeSH DESCRIPTOR Trauma and Stressor Related Disorders	10
9. "acute stress*" OR "combat disorder*" OR posttrauma* OR post-trauma* OR "psych* trauma" OR PTSD OR "traumatic neuros*" OR "traumatic stress*" OR "traumatized victim*" OR "traumatized survivor*" OR "traumatised victim*" OR "traumatised survivor*" OR "stress disorder*" OR "war neuros*"	4064

10.	#3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9	4113
11.	"affect regulation" OR "affect dysregulation" OR "disturbances in self*" OR "negative self-concept" OR "disturbances in relationship*"	82
12.	#1 OR (#2 AND #10) OR (#10 AND #11)	328
Intervention: Psychological treatments		
13.	MeSH DESCRIPTOR Adaptation, Psychological	312
14.	MeSH DESCRIPTOR Combined Modality Therapy	199
15.	MeSH DESCRIPTOR Computer-Assisted Instruction	19
16.	MeSH DESCRIPTOR Counseling EXPLODE ALL TREES	257
17.	MeSH DESCRIPTOR Internet-Based Intervention	62
18.	MeSH DESCRIPTOR Psychiatric Rehabilitation	40
19.	MeSH DESCRIPTOR Psychological First Aid	1
20.	MeSH DESCRIPTOR Psychosocial Support Systems	51
21.	MeSH DESCRIPTOR Psychotherapy EXPLODE ALL TREES	2177
22.	MeSH DESCRIPTOR Relaxation Therapy EXPLODE ALL TREES	176
23.	MeSH DESCRIPTOR Remote Consultation EXPLODE ALL TREES	45
24.	MeSH DESCRIPTOR Self Care	346
25.	MeSH DESCRIPTOR Self-Help Groups	27
26.	MeSH DESCRIPTOR Self-Management	191
27.	MeSH DESCRIPTOR Social Support EXPLODE ALL TREES	353
28.	MeSH DESCRIPTOR Telemedicine	708
29.	MeSH DESCRIPTOR Therapy, Computer-Assisted	6
30.	MeSH DESCRIPTOR Yoga	115
31.	therap* OR program* OR intervention* OR treatment* OR train* OR "attention modification" OR "attention training" OR behavio* OR cognitive OR CBT OR "cognitive behavio*" OR "combined modality therapy" OR counseling OR counselling OR counseling OR counselling OR "crisis care" OR DBT OR debriefing OR "deep brain reorientation" OR "dialectical behavio*" OR "emotional freedom technique*" OR "eye movement desensitization" OR "eye movement desensitisation" OR EMDR OR "expressive writing" OR hypnosis OR hypnotherapy OR (imagery AND (modification OR rehearsal OR trauma)) OR "life span integration" OR mandalas OR meditation OR mindfulness OR "minimal therapist support" OR "motivational interviewing" OR neurofeedback OR neuro-feedback OR "prolonged exposure" OR psychoanaly* OR psycho-analy* OR psychoeducat* OR psycho-educat* OR psychotherap* OR "psycho therap*" OR "reconsolidation of traumatic memories" OR relaxation OR "role play" OR self-care OR selfcare OR self-change OR self-help OR selfhelp OR self-management OR "social acknowledgement" OR "somatic experiencing" OR "community support" OR "family support" OR "group support" OR "psychosocial support" OR "psycho-social support" OR "social support" OR "supportive service*" OR "supportive talk*" OR "therapeutic allianc*" OR "therapeutic communit*" OR "therapeutic relationship*" OR "third wave" OR "trauma focused care" OR "trauma informed care" OR "trauma processing" OR written disclosure OR written exposure OR yoga	177833
32.	cCBT OR c-CBT OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR eCBT OR e-CBT OR econsultation OR ecounseling OR e-counselling OR ecounseling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telepsychiatry OR tele-psychiatry OR Deprexis OR Interapy OR WeChat*	3106
33.	#13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22 OR #23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32	177990
Final result		
34.	#12 AND #33	318

The final search result, usually found at the end of the documentation, forms the list of abstracts.

ClinicalTrials.gov 26 April 2023 (Expert Search interface)

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. AREA[ConditionSearch] (complex PTSD OR cptsd OR c-ptsd OR complex posttraumatic OR complex post-traumatic)	26

The final search result, usually found at the end of the documentation, forms the list of abstracts.

International Clinical Trials Registry Platform 26 April 2023

Title: Psychological treatments of CPTSD

Search terms	Items found
Population: Complex PTSD	
1. complex PTSD OR cptsd OR c-ptsd OR complex posttraumatic OR complex post-traumatic	55

The final search result, usually found at the end of the documentation, forms the list of abstracts.