STATENS BEREDNING FÖR MEDICINSK OCH SOCIAL UTVÄRDERING

Bilaga till rapport

Icke-medicinska åtgärder för att minska smittspridning vid pandemier / Non-pharmaceutical interventions to prevent transmission of infectious diseases in pandemics, rapport 384 (2024)

Bilaga 4 Tabell över översikter med låg till måttlig risk för bias / Appendix 4 Table of included reviews with low or moderate risk of bias

Table of included reviews with low or moderate risk of bias

Review ID with link	Year of latest literature search*	Risk of bias level	Type of infections**	Type of interventions**	Main setting	Study designs of primary studies	No. of primary studies in total	Transmission outcomes
Aggarwal 2020 [1]	2020 Q2	Moderate	Influenza	Face masks	Community	RCT	9	Cases of infection
Ahmed 2018 [2]	2017 Q2	Moderate	Influenza	Physical distance at individual level; Remote work	Workplace	Observational; Modelling	15 (12 modelling)	Cases of infection; R number
Bloch 2023 [3]	2022 Q4	Moderate	COVID-19; Influenza	Visitor restrictions in elderly care	Elderly care	RCT; Observational	74	Cases of infection; Mortality
Boulos 2023 [4]	2023 Q1	Moderate	COVID-19	Face masks	Community	RCT; Observational	75	Cases of infection
Brainard 2020 [5]	2020 Q2	Moderate	COVID-19; SARS; MERS; Influenza	Face masks	Community, School	RCT; Observational; Any study type with comparison group	33	Cases of infection;
Braithwaite 2020. [6]	2020 Q2	Moderate	COVID-19; SARS; MERS; Influenza; Ebola	Large-scale contact tracing	Community	Interventional, Observational, Modelling, and Case studies	15 (all modelling or case studies)	Cases of infection; R number

Burns 2021 [7]	2020 Q4	Moderate	COVID-19; SARS; MERS	Travel restrictions	Travel	RCT; Observational; Quasi-experimental; Modelling	62 (49 modelling studies)	Cases of infection; R number; Other transmission measures
Burns 2020 [8]	2020 Q2	Moderate	COVID-19; SARS; MERS; Influenza	Travel restrictions	Travel	RCT; Observational; Quasi-experimental; Modelling	40 (17 modelling)	Cases of infection; R number; Other transmission measures
Chou 2023 [9]	2023 Q1	Moderate	COVID-19	Face masks	Community; Healthcare	RCT; Observational	24	Cases of infection
Chu 2020 [10]	2020 Q2	Low	COVID-19; SARS; MERS	Face masks; Physical distance at individual level	Community	RCT; Observational	44	Cases of infection; Mortality; Hospitalization
Coclite 2020 [11]	2020 Q2	Moderate	COVID-19; SARS; MERS; Influenza	Face masks	Community	RCT; Observational	35	Cases of infection; R number; Hospitalization; Mortality
Constantin 2024 [12]	2023 Q2	Moderate	COVID-19	Face masks; Hand washing/disinfection; Indoor ventilation; Remote work; Physical distance at individual level	Workplace	RCT	1	Mortality; Cases of infection; Hospitalization
DeAngelis 2021 [13]	2020 Q2	Moderate	Influenza	Face masks; Hand washing/disinfection	Travel	RCT; Observational; Modelling	4 (3 modelling)	Cases of infection

European Centre for Disease Prevention and Control 2021 [14]	2021	Moderate	COVID-19; SARS; MERS; Influenza	Face masks	Community; Healthcare	RCT; Experimental; Observational; Modelling	118	Reduction of transmission
Frazer 2021 [15]	2020 Q3	Moderate	COVID-19; SARS; MERS	Visitor restrictions in elderly care	Elderly care	RCT; Observational; Any study design	38	Cases of infection; Mortality; Hospitalization; Morbidity
Fricke 2021 [16]	2020 Q3	Moderate	Influenza	Closure of business, institutions, and/or activities in public settings; Closure of schools and/or remote education; Remote work; Restrictions of gatherings and other physical distance measures in public settings; Mass testing; Large-scale contact tracing; Travel restrictions; Face masks; Physical distance at individual level	Community; School	Observational (Ecological studies)	23	Cases of infection; R number; Severe complications due to influenza
Gozdzielewska 2022 [17]	2022 Q1	Moderate	COVID-19; SARS; MERS; Influenza	Hand washing/disinfection	Community	RCT; Observational	22	Cases of infection

Grekousis 2021 [18]	2021 Q3	Moderate	COVID-19	Large-scale contact tracing	Community	Any/not specified	19 (all modelling)	Cases of infection, R number
Henriques 2023 [19]	2023 Q2	Moderate	COVID-19	Visitor restrictions in elderly care	Elderly care	RCT; Observational	13	Cases of infection; Mortality; Hospitalization
Hoffmann 2021 [20]	2020 Q1	Moderate	Influenza	Hand washing/disinfection	Community	RCT	18	Cases of infection; Mortality; Hospitalization measure
Hohlfeld 2022 [21]	2022 Q2	Moderate	COVID-19	Travel restrictions	Community; Travel	RCT; Observational; Modelling	22 (9 modelling)	Cases of infection; R number
Hossain 2022 [22]	2021 Q4	Moderate	COVID-19; SARS; MERS; Influenza; Ebola	Large-scale contact tracing	Community	RCT; Observational	47	Cases of infection, R number, Secondary attack rate
Iezadi 2021 [23]	2021 Q2	Moderate	COVID-19	Closure of business, institutions, and/or activities in public settings; Closure of schools and/or remote education; Remote work; Restrictions of gatherings and other physical distance measures in public settings; Travel restrictions; Stay-at-home restrictions; Mass testing; Contact tracing; Face	Community	Observational	69	Cases of infection; R number; Mortality; Hospitalization

				masks; Physical distance at individual level				
Ishola 2011 [24]	2011	Moderate	Influenza	Restrictions of gatherings and other physical distance measures in public settings	Community	RCT; Observational	24	Cases of infection;
Jefferson 2023 [25]	2022 Q3	Low	COVID-19; SARS; MERS; Influenza	Physical distance at individual level; Stay-at-home restrictions; Travel restrictions; Face masks; Hand washing/disinfection; Indoor disinfection; School closures	Community; Healthcare; School	RCT	11	Cases of infection; Mortality; Hospitalization; Severity and complications
Jenniskens 2021 [26]	2020 Q4	Moderate	COVID-19	Large-scale contact tracing	Community	RCT; Observational; Modelling	17 (2 modelling)	Cases of infection; R number; Hospitalization; Mortality
Juneau 2023 [27]	2020 Q3	Moderate	COVID-19	Large-scale contact tracing	Community	RCT; Observational; Modelling	32 (18 modelling)	Cases of infection; Mortality; Hospitalization; R number
Kim 2022 [28]	2021 Q1	Moderate	COVID-19; SARS; MERS; Influenza	Face masks	Community; Healthcare	RCT; Observational	35	Cases of infection
Littlecott 2024 [29]	2022 Q2	Low	COVID-19	Mass testing; Stay-at-home restrictions; Face masks; Hand washing/disinfection;	School	RCT; Observational	33	Cases of infection; Mortality; Hospitalization

				Physical distance at individual level; Indoor ventilation; Indoor disinfection				
Moncion 2019 [30]	2017	Moderate	Influenza	Hand washing/disinfection	Community	RCT; Observational	16	Cases of infection
Nanda 2021 [31]	2020 Q3	Moderate	COVID-19	Face masks	Community	RCT; Observational	14	Cases of infection
Nussbaumer-Streit 2020 [32]	2020 Q2	Moderate	COVID-19; SARS; MERS	Stay-at-home restrictions;	Community; Healthcare	Observational; Modelling	51 (43 modelling)	Cases of infection; Mortality
Pozo-Martin 2023 [33]	2021 Q3	Moderate	COVID-19	Large-scale contact tracing	Community	RCT; Observational; Modelling	78 (66 modelling)	Cases of infection; Mortality; Hospitalization; R number
Saunders-Hastings 2017 [34]	2016	Moderate	Influenza	Face masks; Hand washing/disinfection	Community; Healthcare; School	RCT; Observational	16	Cases of infection
Smith 2015 [35]	2014	Moderate	Influenza	Face masks; Hand washing/disinfection, Stay-at-home restrictions; Large-scale contact tracing, Closures of schools, Remote work, Travel restrictions; Restrictions of gatherings and other physical	Community	RCT	7	Cases of infection; Mortality; Hospitalization

				distance measures in public setting				
Stratil 2021 [36]	2021 Q1	Low	COVID-19	Visitor restrictions in elderly care	Elderly care	RCT; Observational; Modelling	22 (11 modelling)	Cases of infection; Mortality; Hospitalization
Talic 2021 [37]	2020 Q2	Moderate	COVID-19	Face masks; Hand washing/disinfection; Indoor disinfection; Large-scale contact tracing; Closure of schools and/or remote education; Physical distance at individual level; Travel restrictions; Remote work	Community	RCT; Observational	72	Cases of infection; Mortality; R number
Tran 2021 [38]	2020 Q2	Moderate	COVID-19; SARS; MERS; Influenza	Face masks	Community; School	RCT	16	Cases of infection
Veys 2021 [39]	2021 Q3	Moderate	COVID-19; SARS; MERS; Influenza	Hand washing/disinfection	Community; School	RCT	12	Cases of infection; Hospitalization
Walsh 2021 [40]	2021 Q1	Low	COVID-19	Closure of schools and/or remote education	Community; School	Observational	40	Cases of infection; Mortality; Hospitalization
Walsh 2022 [41]	2021 Q3	Moderate	COVID-19	Mass testing	Community	RCT; Observational	16	Cases of infection; Mortality; Hospitalization

Walsh 2022 [42]	2021 Q2	Moderate	COVID-19	Restrictions of gatherings and other physical distance measures in public settings	Community	RCT; Observational	11	Cases of infection; Mortality; Hospitalization
Warren-Gash 2013 [43]	2012	Moderate	Influenza	Hand washing/disinfection	Community; School	RCT; Observational	16	Cases of infection
Willmott 2016 [44]	2014	Moderate	Influenza	Hand washing/disinfection	School	RCT	18	Cases of infection; Hospitalization
Viswanathan 2020 [45]	2020 Q2	Moderate	COVID-19	Mass testing	Community	RCT; Observational; Modelling	22 (5 modelling)	Cases of infection; Mortality
Wong 2014 [46]	2013	Moderate	Influenza	Hand washing/disinfection	Community	RCT	10	Cases of infection
Xiao 2020 [47]	2018	Moderate	Influenza	Hand washing/disinfection; Face masks; Indoor disinfection	Community; School	RCT; Observational	24	Cases of infection
Xun 2021 [48]	2020 Q2	Moderate	SARS; Influenza	Hand washing/disinfection	Community; Healthcare; School	RCT; Observational	8	Cases of infection

*For the years 2020 to 2024, the quarter is indicated in addition to the year. This means that the literature search was conducted at some time during the year, or during the quarter of the year.
**Only data relevant to the inclusion criteria of the evidence map are listed.

References

1. Aggarwal N, Dwarakanathan V, Gautam N, Ray A. Facemasks for prevention of viral respiratory infections in community settings: A systematic review and meta-analysis. Indian J Public Health. 2020;64(Supplement):S192-S200. Available from: https://doi.org/10.4103/ijph.IJPH_470_20.
2. Ahmed F, Zviedrite N, Uzicanin A. Effectiveness of workplace social distancing measures in reducing influenza transmission: a systematic review. BMC Public Health. 2018;18(1):518. Available from: https://doi.org/10.1186/s12889-018-5446-1.
3. Bloch N, Manner J, Gardiol C, Kohler P, Kuhn J, Munzer T, et al. Effective infection prevention and control measures in long-term care facilities in non-outbreak and outbreak settings: a systematic literature review. Antimicrob Resist Infect Control. 2023;12(1):113. Available from: https://doi.org/10.1186/s13756-023-01318-9.
4. Boulos L, Curran JA, Gallant A, Wong H, Johnson C, Delahunty-Pike A, et al. Effectiveness of face masks for reducing transmission of SARS-CoV-2: a rapid systematic review. Philos Trans A Math Phys Eng Sci. 2023;381(2257):20230133. Available from: https://doi.org/10.1098/rsta.2023.0133.
5. Brainard J, Jones NR, Lake IR, Hooper L, Hunter PR. Community use of face masks and similar barriers to prevent respiratory illness such as COVID-19: a rapid scoping review. Euro Surveill. 2020;25(49). Available from: https://doi.org/10.2807/1560-7917.ES.2020.25.49.2000725.
6. Braithwaite I, Callender T, Bullock M, Aldridge RW. Automated and partly automated contact tracing: a systematic review to inform the control of COVID-19. Lancet Digit Health. 2020;2(11):e607-e21. Available from: https://doi.org/10.1016/S2589-7500(20)30184-9.
7. Burns J, Movsisyan A, Stratil JM, Biallas RL, Coenen M, Emmert-Fees KM, et al. International travel-related control measures to contain the COVID-19 pandemic: a rapid review. Cochrane Database Syst Rev. 2021;3(3):CD013717. Available from: https://doi.org/10.1002/14651858.CD013717.pub2.
8. Burns J, Movsisyan A, Stratil JM, Coenen M, Emmert-Fees KM, Geffert K, et al. Travel-related control measures to contain the COVID-19 pandemic: a rapid review. Cochrane Database Syst Rev. 2020;10:CD013717. Available from: https://doi.org/10.1002/14651858.CD013717.
9. Chou R, Dana T. Major Update: Masks for Prevention of SARS-CoV-2 in Health Care and Community Settings-Final Update of a Living, Rapid Review. Ann Intern Med. 2023;176(6):827-35. Available from: https://doi.org/10.7326/M23-0570.
10. Chu DK, Akl EA, Duda S, Solo K, Yaacoub S, Schunemann HJ, et al. Physical distancing, face masks, and eye protection to prevent person-to-person transmission of SARS-CoV-2 and COVID-19: a systematic review and meta-analysis. Lancet. 2020;395(10242):1973-87. Available from: https://doi.org/10.1016/S0140-6736(20)31142-9.
11. Coclite D, Napoletano A, Gianola S, Del Monaco A, D'Angelo D, Fauci A, et al. Face Mask Use in the Community for Reducing the Spread of COVID-19: A Systematic Review. Front Med (Lausanne). 2020;7:594269. Available from: https://doi.org/10.3389/fmed.2020.594269.
12. Constantin AM, Noertjojo K, Sommer I, Pizarro AB, Persad E, Durao S, et al. Workplace interventions to reduce the risk of SARS-CoV-2 infection outside of healthcare settings. Cochrane Database Syst Rev. 2024;4(4):CD015112. Available from: https://doi.org/10.1002/14651858.CD015112.pub3.
13. De Angelis G, Lohmeyer FM, Grossi A, Posteraro B, Sanguinetti M. Hand hygiene and facemask use to prevent droplet-transmitted viral diseases during air travel: a systematic

literature review. BMC Public Health. 2021;21(1):760. Available from: https://doi.org/10.1186/s12889-021-10814-9.
14. European Centre for Disease Prevention and Control (ECDC). Using face masks in the community: first update. Effectiveness in reducing transmission of COVID-19. Stockholm: ECDC; 15 February 2021. [Available from: https://www.ecdc.europa.eu/en/publications-data/using-face-masks-community-reducing-covid-19-transmission.
15. Frazer K, Mitchell L, Stokes D, Lacey E, Crowley E, Kelleher CC. A rapid systematic review of measures to protect older people in long-term care facilities from COVID-19. BMJ Open. 2021;11(10):e047012. Available from: https://doi.org/10.1136/bmjopen-2020-047012.
16. Fricke LM, Glockner S, Dreier M, Lange B. Impact of non-pharmaceutical interventions targeted at COVID-19 pandemic on influenza burden - a systematic review. J Infect. 2021;82(1):1-35. Available from: https://doi.org/10.1016/j.jinf.2020.11.039.
17. Gozdzielewska L, Kilpatrick C, Reilly J, Stewart S, Butcher J, Kalule A, et al. The effectiveness of hand hygiene interventions for preventing community transmission or acquisition of novel coronavirus or influenza infections: a systematic review. BMC Public Health. 2022;22(1):1283. Available from: https://doi.org/10.1186/s12889-022-13667-y.
18. Grekousis G, Liu Y. Digital contact tracing, community uptake, and proximity awareness technology to fight COVID-19: a systematic review. Sustain Cities Soc. 2021;71:102995. Available from: https://doi.org/10.1016/j.scs.2021.102995.
19. Henriques HR, Sousa D, Faria J, Pinto J, Costa A, Henriques MA, et al. Learning from the covid-19 outbreaks in long-term care facilities: a systematic review. BMC Geriatr. 2023;23(1):618. Available from: https://doi.org/10.1186/s12877-023-04319-w.
20. Hoffmann T, Bakhit M, Krzyzaniak N, Del Mar C, Scott AM, Glasziou P. Soap versus sanitiser for preventing the transmission of acute respiratory infections in the community: a systematic review with meta-analysis and dose-response analysis. BMJ Open. 2021;11(8):e046175. Available from: https://doi.org/10.1136/bmjopen-2020-046175.
21. Hohlfeld AS, Abdullahi L, Abou-Setta AM, Engel ME. International air travel-related control measures to contain the Covid-19 pandemic: A companion review to a Cochrane rapid review. New Microbes New Infect. 2022;49:101054. Available from: https://doi.org/10.1016/j.nmni.2022.101054.
22. Hossain AD, Jarolimova J, Elnaiem A, Huang CX, Richterman A, Ivers LC. Effectiveness of contact tracing in the control of infectious diseases: a systematic review. Lancet Public Health. 2022;7(3):e259-e73. Available from: https://doi.org/10.1016/S2468-2667(22)00001-9.
23. Iezadi S, Gholipour K, Azami-Aghdash S, Ghiasi A, Rezapour A, Pourasghari H, et al. Effectiveness of non-pharmaceutical public health interventions against COVID-19: A systematic review and meta-analysis. PLoS One. 2021;16(11):e0260371. Available from: https://doi.org/10.1371/journal.pone.0260371.
24. Ishola DA, Phin N. Could influenza transmission be reduced by restricting mass gatherings? Towards an evidence-based policy framework. J Epidemiol Glob Health. 2011;1(1):33-60. Available from: https://doi.org/10.1016/j.jegh.2011.06.004.
25. Jefferson T, Dooley L, Ferroni E, Al-Ansary LA, van Driel ML, Bawazeer GA, et al. Physical interventions to interrupt or reduce the spread of respiratory viruses. Cochrane Database Syst Rev. 2023;1(1):CD006207. Available from: https://doi.org/10.1002/14651858.CD006207.pub6.
26. Jenniskens K, Bootsma MCJ, Damen J, Oerbekke MS, Vernooij RWM, Spijker R, et al. Effectiveness of contact tracing apps for SARS-CoV-2: a rapid systematic review. BMJ Open. 2021;11(7):e050519. Available from: https://doi.org/10.1136/bmjopen-2021-050519.

27. Juneau CE, Briand AS, Collazzo P, Siebert U, Pueyo T. Effective contact tracing for COVID-19: A systematic review. Glob Epidemiol. 2023;5:100103. Available from: https://doi.org/10.1016/j.gloepi.2023.100103.
28. Kim MS, Seong D, Li H, Chung SK, Park Y, Lee M, et al. Comparative effectiveness of N95, surgical or medical, and non-medical facemasks in protection against respiratory virus infection: A systematic review and network meta-analysis. Rev Med Virol. 2022;32(5):e2336. Available from: https://doi.org/10.1002/rmv.2336.
29. Littlecott H, Krishnaratne S, Burns J, Rehfuess E, Sell K, Klinger C, et al. Measures implemented in the school setting to contain the COVID-19 pandemic. Cochrane Database Syst Rev. 2024;5(5):CD015029. Available from: https://doi.org/10.1002/14651858.CD015029.pub2.
30. Moncion K, Young K, Tunis M, Rempel S, Stirling R, Zhao L. Effectiveness of hand hygiene practices in preventing influenza virus infection in the community setting: A systematic review. Can Commun Dis Rep. 2019;45(1):12-23. Available from: https://doi.org/10.14745/ccdr.v45i01a02.
31. Nanda A, Hung I, Kwong A, Man VCM, Roy P, Davies L, et al. Efficacy of surgical masks or cloth masks in the prevention of viral transmission: Systematic review, meta-analysis, and proposal for future trial. J Evid Based Med. 2021;14(2):97-111. Available from: https://doi.org/10.1111/jebm.12424.
32. Nussbaumer-Streit B, Mayr V, Dobrescu AI, Chapman A, Persad E, Klerings I, et al. Quarantine alone or in combination with other public health measures to control COVID-19: a rapid review. Cochrane Database Syst Rev. 2020;9(9):CD013574. Available from: https://doi.org/10.1002/14651858.CD013574.pub2.
33. Pozo-Martin F, Beltran Sanchez MA, Muller SA, Diaconu V, Weil K, El Bcheraoui C. Comparative effectiveness of contact tracing interventions in the context of the COVID-19 pandemic: a systematic review. Eur J Epidemiol. 2023;38(3):243-66. Available from: https://doi.org/10.1007/s10654-023-00963-z.
34. Saunders-Hastings P, Crispo JAG, Sikora L, Krewski D. Effectiveness of personal protective measures in reducing pandemic influenza transmission: A systematic review and meta-analysis. Epidemics. 2017;20:1-20. Available from: https://doi.org/10.1016/j.epidem.2017.04.003.
35. Smith SM, Sonego S, Wallen GR, Waterer G, Cheng AC, Thompson P. Use of non-pharmaceutical interventions to reduce the transmission of influenza in adults: A systematic review. Respirology. 2015;20(6):896-903. Available from: https://doi.org/10.1111/resp.12541.
36. Stratil JM, Biallas RL, Burns J, Arnold L, Geffert K, Kunzler AM, et al. Non-pharmacological measures implemented in the setting of long-term care facilities to prevent SARS-CoV-2 infections and their consequences: a rapid review. Cochrane Database Syst Rev. 2021;9(9):CD015085. Available from: https://doi.org/10.1002/14651858.CD015085.pub2.
37. Talic S, Shah S, Wild H, Gasevic D, Maharaj A, Ademi Z, et al. Effectiveness of public health measures in reducing the incidence of covid-19, SARS-CoV-2 transmission, and covid-19 mortality: systematic review and meta-analysis. BMJ. 2021;375:e068302. Available from: https://doi.org/10.1136/bmj-2021-068302.
38. Tran TQ, Mostafa EM, Tawfik GM, Soliman M, Mahabir S, Mahabir R, et al. Efficacy of face masks against respiratory infectious diseases: a systematic review and network analysis of randomized-controlled trials. J Breath Res. 2021;15(4). Available from: https://doi.org/10.1088/1752-7163/ac1ea5.
39. Veys K, Dockx K, Van Remoortel H, Vandekerckhove P, De Buck E. The effect of hand hygiene promotion programs during epidemics and pandemics of respiratory droplet-

transmissible infections on health outcomes: a rapid systematic review. BMC Public Health. 2021;21(1):1745. Available from: https://doi.org/10.1186/s12889-021-11815-4.
40. Walsh S, Chowdhury A, Braithwaite V, Russell S, Birch JM, Ward JL, et al. Do school closures and school reopenings affect community transmission of COVID-19? A systematic review of observational studies. BMJ Open. 2021;11(8):e053371. Available from: https://doi.org/10.1136/bmjopen-2021-053371.
41. Walsh KA, Broderick N, Ahern S, Fawsitt CG, O'Brien KM, Carrigan M, et al. Effectiveness of rapid antigen testing for screening of asymptomatic individuals to limit the transmission of SARS-CoV-2: A rapid review. Rev Med Virol. 2022;32(5):e2350. Available from: https://doi.org/10.1002/rmv.2350.
42. Walsh KA, Tyner B, Broderick N, Harrington P, O'Neill M, Fawsitt CG, et al. Effectiveness of public health measures to prevent the transmission of SARS-CoV-2 at mass gatherings: A rapid review. Rev Med Virol. 2022;32(3):e2285. Available from: https://doi.org/10.1002/rmv.2285.
43. Warren-Gash C, Fragaszy E, Hayward AC. Hand hygiene to reduce community transmission of influenza and acute respiratory tract infection: a systematic review. Influenza Other Respir Viruses. 2013;7(5):738-49. Available from: https://doi.org/10.1111/irv.12015.
44. Willmott M, Nicholson A, Busse H, MacArthur GJ, Brookes S, Campbell R. Effectiveness of hand hygiene interventions in reducing illness absence among children in educational settings: a systematic review and meta-analysis. Arch Dis Child. 2016;101(1):42-50. Available from: https://doi.org/10.1136/archdischild-2015-308875.
45. Viswanathan M, Kahwati L, Jahn B, Giger K, Dobrescu AI, Hill C, et al. Universal screening for SARS-CoV-2 infection: a rapid review. Cochrane Database Syst Rev. 2020;9(9):CD013718. Available from: https://doi.org/10.1002/14651858.CD013718.
46. Wong VW, Cowling BJ, Aiello AE. Hand hygiene and risk of influenza virus infections in the community: a systematic review and meta-analysis. Epidemiol Infect. 2014;142(5):922-32. Available from: https://doi.org/10.1017/S095026881400003X.
47. Xiao J, Shiu EYC, Gao H, Wong JY, Fong MW, Ryu S, et al. Nonpharmaceutical Measures for Pandemic Influenza in Nonhealthcare Settings-Personal Protective and Environmental Measures. Emerg Infect Dis. 2020;26(5):967-75. Available from: https://doi.org/10.3201/eid2605.190994.
48. Xun Y, Shi Q, Yang N, Yang N, Li Y, Si W, et al. Associations of hand washing frequency with the incidence of illness: a systematic review and meta-analysis. Ann Transl Med. 2021;9(5):395. Available from: https://doi.org/10.21037/atm-20-6005.