

Bilaga 4 Exkluderade studier

Tabell över exkluderade studier

Reference	Main reason for exclusion
Correction...Draper O, Goh I, Huang C, et al. Psychosocial interventions to optimize recovery of physical function and facilitate engagement in physical activity during the first three months following CABG surgery: a systematic review. <i>Physical Therapy R. Philadelphia, Pennsylvania: Taylor & Francis Ltd; 2020. p. 482-</i> .	Wrong publication type
Erratum: Promoting physical activity in primary care: a systematic review and meta-analysis(<i>PLoS Med</i> (2021) DOI: 10.3399/BJGP.2020.0817). <i>Br J Gen Pract. 2021;71(709):348. Available from: https://doi.org/10.3399/bjgp21X716585.</i>	Wrong publication type
Correction...Sousa Junior RR de, Souto DO, Camargos ACR et al. Moving together is better: a systematic review with meta-analysis of sports-focused interventions aiming to improve physical activity participation in children and adolescents with cerebral pa. Philadelphia, Pennsylvania: Taylor & Francis Ltd; 2023. p. 3033-	Wrong publication type
Erratum. A Systematic Review of Digital Interventions to Promote Physical Activity in People With Intellectual Disabilities and/or Autism...Van Biesen D, Van Damme T, Morgulec-Adamowicz N, et al, A Systematic Review of Digital Interventions to Promote Phy. Champaign, Illinois: Human Kinetics Publishers, Inc.; 2024. p. 201-	Wrong publication type
Ab Hamid MR, Sa'Ari AS, Radzuan NN, Buhari SS. The Use of Internet-Based Technologies in Dietary and Physical Activity Intervention for Patients with Hypertension: A Systematic Review. <i>J Sustain Sci Manag. 2022;17(12):188-226. Available from: https://doi.org/10.46754/jssm.2022.12.017.</i>	Wrong outcomes
Abdolalipour S, Mirghafourvand M. Effect of Education on Preventive Behaviors of Osteoporosis in Adolescents: A Systematic Review and Meta-Analysis. <i>Int Q Community Health Educ. 2021;41(3):325-47. Available from: https://doi.org/10.1177/0272684X20936833.</i>	Wrong population
Abonie US, Edwards AM, Hettinga FJ. Optimising activity pacing to promote a physically active lifestyle in medical settings: A narrative review informed by clinical and sports pacing research. <i>J Sports Sci. 2020;38(5):590-6. Available from: https://doi.org/10.1080/02640414.2020.1721254.</i>	Wrong study design

Reference	Main reason for exclusion
Adapted Physical Activity Q. Erratum. A Systematic Review of Digital Interventions to Promote Physical Activity in People With Intellectual Disabilities and/or Autism. <i>Adapt Phys Activ Q.</i> 2024;41(1):201. Available from: https://doi.org/10.1123/apaq.2023-0182 .	Wrong publication type
Adhikari K, Teare GF, Belon AP, Lee B, Kim MO, Nykiforuk C. Screening, brief intervention, and referral to treatment for tobacco consumption, alcohol misuse, and physical inactivity: an equity-informed rapid review. <i>Public Health.</i> 2024;226:237-47. Available from: https://doi.org/10.1016/j.puhe.2023.11.001 .	Wrong study design
Adom T, De Villiers A, Puoane T, Kengne AP. School-Based Interventions Targeting Nutrition and Physical Activity, and Body Weight Status of African Children: A Systematic Review. <i>Nutrients.</i> 2019;12(1):95. Available from: https://doi.org/10.3390/nu12010095 .	Wrong population
Aerts N, Le Goff D, Odorico M, Le Reste JY, Van Bogaert P, Peremans L, et al. Systematic review of international clinical guidelines for the promotion of physical activity for the primary prevention of cardiovascular diseases. <i>BMC Fam Pract.</i> 2021;22(1):97. Available from: https://doi.org/10.1186/s12875-021-01409-9 .	Wrong population
Aguiar LT, Nadeau S, Martins JC, Teixeira-Salmela LF, Britto RR, Faria C. Efficacy of interventions aimed at improving physical activity in individuals with stroke: a systematic review. <i>Disabil Rehabil.</i> 2020;42(7):902-17. Available from: https://doi.org/10.1080/09638288.2018.1511755 .	Wrong intervention
Ahern L, Timmons S, Lamb SE, McCullagh R. A systematic review of Behaviour Change Interventions to improve exercise self-efficacy and adherence in people with Parkinson's disease using the Theoretical Domains Framework. <i>J Frailty Sarcopenia Falls.</i> 2024;9(1):66-8. Available from: https://doi.org/10.22540/JFSF-09-066 .	Wrong outcomes
Ahmed KR, Uddin R, Kolbe-Alexander TL, Khan A. The effectiveness of physical activity interventions in Asian children and adolescents: a systematic review. <i>Public Health.</i> 2021;194:48-59. Available from: https://doi.org/10.1016/j.puhe.2021.02.011 .	Wrong population
Ahmed S, Lazo Green K, McGarrigle L, Money A, Pendleton N, Todd C. Interventions Based on Behavior Change Techniques to Encourage Physical Activity or Decrease Sedentary Behavior in Community-Dwelling Adults Aged 50-70: Systematic Review With Intervention Component Analysis. <i>J Aging Phys Act.</i> 2024;32(4):554-77. Available from: https://doi.org/10.1123/japa.2023-0140 .	Wrong population
Ahn J, Falk EB, Kang Y. Relationships between physical activity and loneliness: A systematic review of intervention studies. <i>Curr Res Behav Sci.</i> 2024;6. Available from: https://doi.org/10.1016/j.crbeha.2023.100141 .	Wrong study design

Reference	Main reason for exclusion
Akram A, Georgiou P, Shi W, Proute MC, Serhiyenia T, Pradeep R, et al. Impact of Change in Lifestyle and Exercise on Cognitive Function in Patients With Rheumatoid Arthritis: A Systematic Review. <i>Cureus</i> . 2021;13(9):e18268. Available from: https://doi.org/10.7759/cureus.18268 .	Wrong study design
Al-Walah MA, Donnelly M, Cunningham C, Heron N. Which behaviour change techniques are associated with interventions that increase physical activity in pre-school children? A systematic review. <i>BMC Public Health</i> . 2023;23(1):2013. Available from: https://doi.org/10.1186/s12889-023-16885-0 .	Wrong population
Alali MA, Robbins LB, Ling J, Kao TA, Smith AL. Concept Analysis of Relatedness in Physical Activity Among Adolescents. <i>J Pediatr Nurs</i> . 2020;55:e293-e304. Available from: https://doi.org/10.1016/j.pedn.2020.06.005 .	Wrong study design
Albert FA, Crowe MJ, Malau-Aduli AEO, Malau-Aduli BS. Physical Activity Promotion: A Systematic Review of The Perceptions of Healthcare Professionals. <i>Int J Environ Res Public Health</i> . 2020;17(12):18. Available from: https://doi.org/10.3390/ijerph17124358 .	Wrong population
Alcaraz-Rodriguez V, Medina-Rebollo D, Munoz-Llerena A, Fernandez-Gavira J. Influence of Physical Activity and Sport on the Inclusion of People with Visual Impairment: A Systematic Review. <i>Int J Environ Res Public Health</i> . 2021;19(1):31. Available from: https://doi.org/10.3390/ijerph19010443 .	Wrong study design
Aldenaini N, Alqahtani F, Orji R, Sampalli S. Trends in Persuasive Technologies for Physical Activity and Sedentary Behavior: A Systematic Review. <i>Front Artif Intell</i> . 2020;3:7. Available from: https://doi.org/10.3389/frai.2020.00007 .	Wrong population
Aldenaini N, Alslaity A, Sampalli S, Orji R. Persuasive Strategies and Their Implementations in Mobile Interventions for Physical Activity: A Systematic Review. <i>Int J Hum Comput Interact</i> . 2022;39(12):2292-338. Available from: https://doi.org/10.1080/10447318.2022.2075573 .	Wrong intervention
Aldenaini N, Orji R, Sampalli S, editors. How effective is personalization in persuasive interventions for reducing sedentary behavior and promoting physical activity: A systematic review2020: CEUR-WS.	Wrong publication type
Alessy SA, Malkin JD, Finkelstein EA, AlAhmed R, Baattaiah BA, Evenson KR, et al. Effectiveness of Interventions Promoting Physical Activity and Reducing Sedentary Behavior in Community-Dwelling Older Adults: An Umbrella Review With Application to Saudi Arabia. <i>J Epidemiol Glob Health</i> . 2023;13(2):361-73. Available from: https://doi.org/10.1007/s44197-023-00111-6 .	Wrong population
Allcott-Watson H, Chater A, Troop N, Howlett N. A systematic review of interventions targeting physical activity and/or healthy eating behaviours in adolescents: practice and training. <i>Health Psychol Rev</i> . 2024;18(1):117-40. Available from: https://doi.org/10.1080/17437199.2023.2173631 .	Wrong population

Reference	Main reason for exclusion
Alomari A, Alananzeh I, Lord H, Fernandez R. The Adherence to Healthy Lifestyle Among Arab Patients With Cardiovascular Disease: Mixed-Method Review. <i>J Transcult Nurs</i> . 2022;33(1):33-40. Available from: https://doi.org/10.1177/10436596211035176 .	Wrong study design
Amirova A, Fteropoulli T, Williams P, Haddad M. Efficacy of interventions to increase physical activity for people with heart failure: a meta-analysis. <i>Open Heart</i> . 2021;8(1):06. Available from: https://doi.org/10.1136/openhrt-2021-001687 .	Wrong population
Andermo S, Hallgren M, Nguyen TT, Jonsson S, Petersen S, Friberg M, et al. School-related physical activity interventions and mental health among children: a systematic review and meta-analysis. <i>Sports Med Open</i> . 2020;6(1):25. Available from: https://doi.org/10.1186/s40798-020-00254-x .	Wrong population
Anselma M, Chinapaw MJM, Kornet-van der Aa DA, Altenburg TM. Effectiveness and promising behavior change techniques of interventions targeting energy balance related behaviors in children from lower socioeconomic environments: A systematic review. <i>PLoS One</i> . 2020;15(9):e0237969. Available from: https://doi.org/10.1371/journal.pone.0237969 .	Wrong study design
Arana-Alvarez C, Gomez-Asencio D, Gago-Valiente FJ, Cabrera-Arana Y, Merino-Godoy MD, Moreno-Sanchez E. Virtual Pedagogy and Care: Systematic Review on Educational Innovation with Mobile Applications for the Development of Healthy Habits in the Adolescent Population. <i>Nutrients</i> . 2023;15(18):3966. Available from: https://doi.org/10.3390/nu15183966 .	Wrong population
Ariie T, Takasaki H, Okoba R, Chiba H, Handa Y, Miki T, et al. The effectiveness of exercise with behavior change techniques in people with knee osteoarthritis: A systematic review with meta-analysis. <i>PM R</i> . 2023;15(8):1012-25. Available from: https://doi.org/10.1002/pmrj.12898 .	Wrong population
Arntzen EC, Bidhendi-Yarandi R, Sivertsen M, Knutsen K, Dahl SSH, Hartvedt MG, et al. The effect of exercise and physical activity-interventions on step count and intensity level in individuals with multiple sclerosis: a systematic review and meta-analysis of randomized controlled trials. <i>Front Sports Act Living</i> . 2023;5:1162278. Available from: https://doi.org/10.3389/fspor.2023.1162278 .	Wrong intervention
Ashley K, Tang MY, Flynn D, Cooper M, Errington L, Avery L. Identifying the active ingredients of training interventions for healthcare professionals to promote and support increased levels of physical activity in adults with heart failure: a systematic review. <i>Health Psychol Rev</i> . 2024;18(2):319-40. Available from: https://doi.org/10.1080/17437199.2023.2238811 .	Wrong population
Atkins L, Stefanidou C, Chadborn T, Thompson K, Michie S, Lorencatto F. Influences on NHS Health Check behaviours: a systematic review. <i>BMC Public Health</i> . 2020;20(1). Available from: https://doi.org/10.1186/s12889-020-09365-2 .	Wrong outcomes

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Awoke MA, Harrison CL, Martin J, Misso ML, Lim S, Moran LJ. Behaviour Change Techniques in Weight Gain Prevention Interventions in Adults of Reproductive Age: Meta-Analysis and Meta-Regression. <i>Nutrients</i> . 2022;14(1):03. Available from: https://doi.org/10.3390/nu14010209 .	Wrong population
Ayenigbara IO. Active video game (AVG); a viable option for the promotion of physical activity... Bourke M, Patterson L, Nardo FDi, et al. Active video games and weight management in overweight children and adolescents-systematic review and meta-analysis. <i>Journal of Publ. Oxford University Press / USA</i> ; 2024. p. e189-e.	Wrong publication type
Baguley BJ, Dalla Via J, Fraser SF, Daly RM, Kiss N. Effectiveness of combined nutrition and exercise interventions on body weight, lean mass, and fat mass in adults diagnosed with cancer: a systematic review and meta-analysis. <i>Nutr Rev</i> . 2023;81(6):625-46. Available from: https://doi.org/10.1093/nutrit/nuac079 .	Wrong outcomes
Baigi SFM, Kimiafar K, Ghaddaripouri K, Mehneh MR, Mousavi AS, Sarbaz M. The effect of telerehabilitation on improving the physical activity of patients with osteoarthritis: A systematic review. <i>J Educ Health Promot</i> . 2023;12:408. Available from: https://doi.org/10.4103/jehp.jehp_1586_22 .	Wrong outcomes
Baigi SFM, Sarbaz M, Sobhani-Rad D, Mousavi AS, Dahmardeh F, Kimiafar K. Investigating the Effects of Telerehabilitation on Improving the Physical Activity of Individuals with Multiple Sclerosis: A Systematic Review of Randomized Controlled Trial. <i>J Mod Rehabil</i> . 2024;18(1):1-14.	Wrong outcomes
Ball L, Brickley B, Williams LT, Advocat J, Rieger E, Ng R, et al. Effectiveness, feasibility, and acceptability of behaviour change tools used by family doctors: a global systematic review. <i>Br J Gen Pract</i> . 2023;73(731):e451-e9. Available from: https://doi.org/10.3399/BJGP.2022.0328 .	Wrong outcomes
Baradez C, Liska J, Brulle-Wohlhueter C, Pushkarna D, Baxter M, Piette J. Brief Digital Solutions in Behavior Change Interventions for Type 2 Diabetes Mellitus: A Literature Review. <i>Diabetes Ther</i> . 2022;13(4):635-49. Available from: https://doi.org/10.1007/s13300-022-01244-w .	Wrong outcomes
Barras L, Neuhaus M, Cyarto EV, Reid N. Effectiveness of Peer-Led Wellbeing Interventions in Retirement Living: A Systematic Review. <i>Int J Environ Res Public Health</i> . 2021;18(21):03. Available from: https://doi.org/10.3390/ijerph182111557 .	Wrong population
Barton C, Bell E, Crossley K, Goff A, O'Halloran P, Wallis J. Does exercise-therapy increase physical activity in people with knee osteoarthritis? A systematic review. <i>J Sci Med Sport</i> . 2021;24:S68-S. Available from: https://doi.org/10.1016/j.jsams.2021.09.169 .	Wrong publication type

Reference	Main reason for exclusion
Batalha A, Ponciano IC, Chaves G, Felicio DC, Britto RR, da Silva LP. Behavior change interventions in patients with type 2 diabetes: a systematic review of the effects on self-management and A1c. <i>J Diabetes Metab Disord.</i> 2021;20(2):1815-36. Available from: https://doi.org/10.1007/s40200-021-00846-8 .	Wrong outcomes
Baumann H, Fiedler J, Wunsch K, Woll A, Wollesen B. mHealth Interventions to Reduce Physical Inactivity and Sedentary Behavior in Children and Adolescents: Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>JMIR Mhealth Uhealth.</i> 2022;10(5):e35920. Available from: https://doi.org/10.2196/35920 .	Wrong population
Bell EC, Wallis JA, Goff AJ, Crossley KM, O'Halloran P, Barton CJ. Does land-based exercise-therapy improve physical activity in people with knee osteoarthritis? A systematic review with meta-analyses. <i>Osteoarthritis Cartilage.</i> 2022;30(11):1420-33. Available from: https://doi.org/10.1016/j.joca.2022.07.008 .	Wrong outcomes
Belsey J, Yasen SK, Jobson S, Faulkner J, Wilson AJ. Return to Physical Activity After High Tibial Osteotomy or Unicompartamental Knee Arthroplasty: A Systematic Review and Pooling Data Analysis. <i>Am J Sports Med.</i> 2021;49(5):1372-80. Available from: https://doi.org/10.1177/0363546520948861 .	Wrong outcomes
Bentlage E, Nyamadi JJ, Dubbeldam R. The Importance of Activating Factors in Physical Activity Interventions for Older Adults Using Information and Communication Technologies: Systematic Review. <i>JMIR Mhealth Uhealth.</i> 2023;11:e42968. Available from: https://doi.org/10.2196/42968 .	Wrong population
Bezzina A, Clarke ED, Ashton L, Watson T, James CL. Workplace Health Promotion Programs Targeting Smoking, Nutrition, Physical Activity, and Obesity in Men: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Health Educ Behav.</i> 2024;51(1):113-27. Available from: https://doi.org/10.1177/10901981231208396 .	Wrong population
Blackburn NE, Wilson JJ, McMullan, II, Caserotti P, Gine-Garriga M, Wirth K, et al. The effectiveness and complexity of interventions targeting sedentary behaviour across the lifespan: a systematic review and meta-analysis. <i>Int J Behav Nutr Phys Act.</i> 2020;17(1):53. Available from: https://doi.org/10.1186/s12966-020-00957-0 .	Wrong population
Boima V, Doku A, Agyekum F, Tuglo LS, Agyemang C. Effectiveness of digital health interventions on blood pressure control, lifestyle behaviours and adherence to medication in patients with hypertension in low-income and middle-income countries: a systematic review and meta-analysis of randomised controlled trials. <i>EClinicalMedicine.</i> 2024;69:102432. Available from: https://doi.org/10.1016/j.eclinm.2024.102432 .	Wrong outcomes
Bondar RZ, di Fronso S, Bortoli L, Robazza C, Metsios GS, Bertollo M. The effects of physical activity or sport-based interventions on psychological factors in adults with intellectual disabilities: a systematic review. <i>J Intellect</i>	Wrong outcomes

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Disabil Res. 2020;64(2):69-92. Available from: https://doi.org/10.1111/jir.12699 .	
Booth JE, Benham JL, Schinbein LE, McGinley SK, Rabi DM, Sigal RJ. Long-Term Physical Activity Levels After the End of a Structured Exercise Intervention in Adults With Type 2 Diabetes and Prediabetes: A Systematic Review. <i>Can J Diabetes</i> . 2020;44(8):680-7 e2. Available from: https://doi.org/10.1016/j.jcid.2020.03.012 .	Wrong intervention
Brennan C, O'Donoghue G, Hall A, Keogh A, Matthews J. A systematic review of mother-daughter interventions targeting physical activity...14th European Public Health Conference (Virtual), Public health futures in a changing world, November 10-12, 2021. <i>Eur J Public Health</i> . 2021;31:iii541-iii2.	Wrong publication type
Brennan C, O'Donoghue G, Hall AM, Keogh A, Matthews J. A systematic review of the intervention characteristics, and behavior change theory and techniques used in mother-daughter interventions targeting physical activity. <i>Prev Med</i> . 2021;153:106764. Available from: https://doi.org/10.1016/j.ypmed.2021.106764 .	Wrong population
Brenton-Peters J, Consedine NS, Boggiss A, Wallace-Boyd K, Roy R, Serlachius A. Self-compassion in weight management: A systematic review. <i>J Psychosom Res</i> . 2021;150:110617. Available from: https://doi.org/10.1016/j.jpsychores.2021.110617 .	Wrong outcomes
Bulto LN, Roseleur J, Noonan S, Pinero de Plaza MA, Champion S, Dafny HA, et al. Effectiveness of nurse-led interventions versus usual care to manage hypertension and lifestyle behaviour: a systematic review and meta-analysis. <i>Eur J Cardiovasc Nurs</i> . 2024;23(1):21-32. Available from: https://doi.org/10.1093/eurjcn/zvad040 .	Wrong outcomes
Burge AT, Cox NS, Abramson MJ, Holland AE. Interventions for promoting physical activity in people with chronic obstructive pulmonary disease (COPD). <i>Cochrane Database Syst Rev</i> . 2020;4(4):CD012626. Available from: https://doi.org/10.1002/14651858.CD012626.pub2 .	Wrong population
Burton M, Valet M, Caty G, Aboubakar F, Reychler G. Telerehabilitation physical exercise for patients with lung cancer through the course of their disease: A systematic review. <i>J Telemed Telecare</i> . 2024;30(5):756-80. Available from: https://doi.org/10.1177/1357633X221094200 .	Wrong outcomes
Buyle M, Jung Y, Pavlou M, Gonzalez SC, Bamiou DE. The role of motivation factors in exergame interventions for fall prevention in older adults: A systematic review and meta-analysis. <i>Front Neurol</i> . 2022;13:903673. Available from: https://doi.org/10.3389/fneur.2022.903673 .	Wrong population
Byaruhanga J, Atorkey P, McLaughlin M, Brown A, Byrnes E, Paul C, et al. Effectiveness of Individual Real-Time Video Counseling on Smoking, Nutrition, Alcohol, Physical Activity, and Obesity Health Risks: Systematic Review. <i>J Med</i>	Wrong population

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Internet Res. 2020;22(9):e18621. Available from: https://doi.org/10.2196/18621 .	
Byrne C, Soundy A. The effects of storytelling in the promotion of physical activity for chronically ill patients: an integrative review. <i>Int J Ther Rehabil.</i> 2020;27(8):1-13. Available from: https://doi.org/10.12968/ijtr.2019.0091 .	Wrong study design
Byrnes M, Buchholz SW. Physical Activity and Cardiovascular Risk Factor Outcomes in Women with a History of Hypertensive Disorders of Pregnancy: Integrative Review. <i>Worldviews Evid Based Nurs.</i> 2022;19(1):47-55. Available from: https://doi.org/10.1111/wvn.12537 .	Wrong intervention
Calonge Pascual S, Casajus Mallen JA, Gonzalez-Gross M. Adherence Factors Related to Exercise Prescriptions in Healthcare Settings: A Review of the Scientific Literature. <i>Res Q Exerc Sport.</i> 2022;93(1):16-25. Available from: https://doi.org/10.1080/02701367.2020.1788699 .	Wrong study design
Cantor AG, Jungbauer RM, McDonagh M, Blazina I, Marshall NE, Weeks C, et al. Counseling and Behavioral Interventions for Healthy Weight and Weight Gain in Pregnancy: Evidence Report and Systematic Review for the US Preventive Services Task Force. <i>JAMA.</i> 2021;325(20):2094-109. Available from: https://doi.org/10.1001/jama.2021.4230 .	Wrong outcomes
Cavero-Redondo I, Martinez-Vizcaino V, Fernandez-Rodriguez R, Saz-Lara A, Pascual-Morena C, Alvarez-Bueno C. Effect of Behavioral Weight Management Interventions Using Lifestyle mHealth Self-Monitoring on Weight Loss: A Systematic Review and Meta-Analysis. <i>Nutrients.</i> 2020;12(7):1977. Available from: https://doi.org/10.3390/nu12071977 .	Wrong outcomes
Champion KE, Gardner LA, McCann K, Hunter E, Parmenter B, Aitken T, et al. Parent-based interventions to improve multiple lifestyle risk behaviors among adolescents: A systematic review and meta-analysis. <i>Prev Med.</i> 2022;164:107247. Available from: https://doi.org/10.1016/j.ypmed.2022.107247 .	Wrong population
Chan G, Huo Y, Kelly S, Leung J, Tisdale C, Gullo M. The impact of eSports and online video gaming on lifestyle behaviours in youth: A systematic review. <i>Comput Human Behav.</i> 2022;126:N.PAG-N.PAG. Available from: https://doi.org/10.1016/j.chb.2021.106974 .	Wrong population
Chase JD, Otmanowski J, Rowland S, Cooper PS. A systematic review and meta-analysis of interventions to reduce sedentary behavior among older adults. <i>Transl Behav Med.</i> 2020;10(5):1078-85. Available from: https://doi.org/10.1093/tbm/ibz189 .	Wrong population

Reference	Main reason for exclusion
Chastin S, Gardiner PA, Harvey JA, Leask CF, Jerez-Roig J, Rosenberg D, et al. Interventions for reducing sedentary behaviour in community-dwelling older adults. <i>Cochrane Database Syst Rev.</i> 2021;6(6):CD012784. Available from: https://doi.org/10.1002/14651858.CD012784.pub2 .	Wrong population
Chen C, Finne E, Kopp A, Jekauc D. What Intervention Techniques Are Effective in Changing Positive Affective Variables and Physical Activity? A Systematic Review and Meta-Analysis. <i>Front Psychol.</i> 2021;12:628993. Available from: https://doi.org/10.3389/fpsyg.2021.628993 .	Wrong population
Chew HSJ, Rajasegaran NN, Chin YH, Chew WSN, Kim KM. Effectiveness of Combined Health Coaching and Self-Monitoring Apps on Weight-Related Outcomes in People With Overweight and Obesity: Systematic Review and Meta-analysis. <i>J Med Internet Res.</i> 2023;25:e42432. Available from: https://doi.org/10.2196/42432 .	Wrong intervention
Cho D, Kim S, Mama SK, Swartz MC, Geng Y, Lu Q. Multiple Levels of Influence on Lifestyle Behaviors among Cancer Survivors in Racial and Ethnic Minority Groups: A Systematic Review. <i>Eur J Cancer Care (Engl).</i> 2023;2023:1-13. Available from: https://doi.org/10.1155/2023/8504968 .	Wrong study design
Chrisman M, Chesnut SR, Thompson M, Hopper A, Lasiter S. Physical activity and sedentary behavior in middle-aged intensive care unit survivors discharged home: A systematic review. <i>Intensive Crit Care Nurs.</i> 2024;81:103608. Available from: https://doi.org/10.1016/j.iccn.2023.103608 .	Wrong study design
Cinthuja P, Krishnamoorthy N, Shivapatham G. Effective interventions to improve long-term physiotherapy exercise adherence among patients with lower limb osteoarthritis. A systematic review. <i>BMC Musculoskelet Disord.</i> 2022;23(1):147. Available from: https://doi.org/10.1186/s12891-022-05050-0 .	Wrong population
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Collazo-Castineira P, Sanchez-Izquierdo M, Reiter LJ, Bauer S, Cruz-Jentoft AJ, Schoufour JD, et al. Analysis of behavioral change techniques used in exercise and nutritional interventions targeting adults around retirement age with sarcopenic obesity in a systematic review. <i>Arch Gerontol Geriatr.</i> 2024;123:105437. Available from: https://doi.org/10.1016/j.archger.2024.105437 .	Wrong outcomes
Craig DW. Examining the effectiveness of physical activity interventions for children with autism spectrum disorders - A systematic review. <i>J Prev Interv Community.</i> 2022;50(1):104-15. Available from: https://doi.org/10.1080/10852352.2021.1915939 .	Wrong intervention

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Cuenca-Martinez F, Calatayud J, Suso-Marti L, Varangot-Reille C, Herranz-Gomez A, Blanco-Diaz M, et al. Behavior Modification Techniques on Patients with Chronic Pain in the Context of COVID-19 Telerehabilitation: An Umbrella Review. <i>Int J Environ Res Public Health</i> . 2022;19(9):26. Available from: https://doi.org/10.3390/ijerph19095260 .	Wrong outcomes
Curran F, Blake C, Cunningham C, Perrotta C, van der Ploeg H, Matthews J, et al. Efficacy, characteristics, behavioural models and behaviour change strategies, of non-workplace interventions specifically targeting sedentary behaviour; a systematic review and meta-analysis of randomised control trials in healthy ambulatory adults. <i>PLoS One</i> . 2021;16(9):e0256828. Available from: https://doi.org/10.1371/journal.pone.0256828 .	Wrong population
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<p>Zainuddin Z, Herlina J, Sarinah Basri K, Rosmin I. Physical Activity Behavioral Intervention for type 2 DM Patients: A Literature Review. <i>International Journal of Public Health Excellence (IJPHE)</i>. 2023;3(1):191-9. Available from: https://doi.org/10.55299/ijphe.v3i1.633.</p>	Wrong outcomes
<p>Zhang H, Wang H, Huang L, Bai Y, Zhang F. Interventions to increase physical activity level in patients with whole spectrum chronic kidney disease: a systematic review and meta-analysis. <i>Ren Fail</i>. 2023;45(2):2255677. Available from: https://doi.org/10.1080/0886022X.2023.2255677.</p>	Wrong study design

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Zhang M, Wang W, Li M, Sheng H, Zhai Y. Efficacy of Mobile Health Applications to Improve Physical Activity and Sedentary Behavior: A Systematic Review and Meta-Analysis for Physically Inactive Individuals. <i>Int J Environ Res Public Health</i> . 2022;19(8):18. Available from: https://doi.org/10.3390/ijerph19084905 .	Wrong population
Zhang Y, Yang Y, Huang Q, Zhang Q, Li M, Wu Y. The effectiveness of lifestyle interventions for diabetes remission on patients with type 2 diabetes mellitus: A systematic review and meta-analysis. <i>Worldviews Evid Based Nurs</i> . 2023;20(1):64-78. Available from: https://doi.org/10.1111/wvn.12608 .	Wrong outcomes
Zhao X, Duaso M, Ghazaleh HA, Cheng L, Forbes A. Effectiveness of interventions for improving physical activity level in working-age people (aged 18-60 years) with type 2 diabetes: a systematic review and meta-analysis. <i>Lancet</i> . 2023;402 Suppl 1:S97. Available from: https://doi.org/10.1016/S0140-6736(23)02145-1 .	Wrong publication type
Zhao Y, Soh KG, Saad HA, Liu C, Ding C. Effects of active video games on physical activity among overweight and obese college students: a systematic review. <i>Front Public Health</i> . 2024;12:1320112. Available from: https://doi.org/10.3389/fpubh.2024.1320112 .	Wrong study design
Zhou T, Cai W, Wang W, Wang L. Effects of Lifestyle Interventions on Health and Life Quality of Colorectal Cancer Survivors: A Systematic Review and Meta-analysis. <i>Cancer Nurs</i> . 2024;47(2):E93-E107. Available from: https://doi.org/10.1097/NCC.0000000000001166 .	Wrong intervention